

# BOYS ALL-TIME OUTDOOR MEET OF CHAMPIONS PERFORMANCE LIST

(This list was compiled by veteran T&F reporter Jim Lambert)



## 100-METER DASH

10.2 (hand time)-Dennis Mitchell, Edgewood, 1983

10.30w -Danny Johnson, Rahway, 2001

10.35-Jamar Ervin, Camden, 2000 (STATE WIND-LEGAL AUTOMATIC TIME RECORD)

10.4 (hand time)-Willie ``Flipper" Anderson, Paulsboro, 1983

10.39-Miles Shuler, Long Branch, 2010

10.4 (hand time)-Clark Waddell, Franklin, 1983

10.41-Damiere Byrd, Timber Creek, 2011

10.42-Damiere Byrd, Timber Creek, 2010

10.45-James Townsend, Holy Cross, 2003

10.46-Danny Johnson, Rahway, 2000  
10.48-Shamali Whittle, Nottingham, 2021  
10.5 (hand time)-Carl Lewis, Willingboro, 1979  
10.50-Michael Ray Garvin, Don Bosco Prep, 2005  
10.51-Mason Robinson, Somerville, 2007  
10.52-Mario Heslop, Franklin (trials), 2018  
10.53-Chris Charles, Park Ridge, 2000  
10.53-Mario Heslop, Franklin, 2019  
10.54-Zamir Thomas, Snyder, 2010  
10.54-Malachi James, Willingboro, 2022  
10.55-Todd Dutch, Washington, 2002  
10.55-Miles Shuler, Long Branch, 2011  
10.55-Jabrill Peppers, Paramus Catholic, 2013  
10.55-Fabian France, Bergen Catholic, 2022  
10.56-Mekhi Stafford, Ewing, 2023  
10.57-Todd Dutch, Washington, 2001  
10.57-Maxwell Booker, Essex Catholic, 20000  
10.57-Zamir Thomas, Snyder, 2011



## **200-METER DASH**

20.74-Mario Heslop, Franklin, 2019 (NWI)

20.7 (hand time)-Dennis Mitchell, Edgewood, 1983

20.9 (hand time)-Harold ``Butch" Woolfolk, 1978 (220 yards)

20.93-Danny Johnson, Rahway, 2001

20.95-Shamali Whittle, Nottingham, 2021

21.0 (hand time)-Rich Still, Haddon Heights, 1971 (220 yards)

21.03-Danny Johnson, Rahway, 2000

21.03-Zamir Thomas, Snyder, 2011

21.03-Dana Ridley, Nottingham, 2019

21.1 (hand time)-Clark Waddell, Franklin, 1983

21.1 (hand time)-Willie ``Flipper" Anderson, Paulsboro, 1983

21.1 (hand time)-Ed Jones, Lincoln, 1970 (220 yards)

21.13-Jabrill Peppers, Paramus Catholic, 2013 and 2014

21.17-Richie Luzzi-Liggins, St. Peter's Prep, 2019

21.19-Zamir Thomas, Snyder, 2010

21.2 (hand time) -David Jackson, Woodrow Wilson, 1984

21.2- (hand) Ron Allen, J.F.K. Iselin, 1987

21.22-Maxwell Booker, Essex Catholic, 2000

21.23-Shaquan Brown, Paterson Kennedy, 2005

21.25-Antonio Tarantino, Paul VI, 2018

21.3- (hand)-Howard Coburn, Montclair, 1981

21.29-Zyaire Clemes, Trenton, 2013

21.30-Jahmir Beasley, Sterling, 2019

21.31-Clayton Parros, Seton Hall Prep, 2009

21.31-Michael Ray Garvin, Don Bosco Prep, 2005

21.31-Miles Shuler, Long Branch, 2011d



## **400-METER RUN**

46.43-Najee Glass, St. Peter's Prep, 2011

46.50-Zyaire Clemes, Trenton, 2013

46.55-Ray Williams, Scotch Plains-Fanwood, 2002

46.5 (hand)-Dennis Mitchell, Edgewood, 1984

46.62-Lamont Smith, Willingboro, 1991

46.67-Jamaad Muse, Timber Creek, 2013

46.79-Clayton Parros, Seton Hall Prep, 2009

46.84-Kevin Lyles, Franklin, 1991

46.94-Bryant McCombs, Old Bridge, 2005

46.95-Darrell Bush, Woodbury, 2011

47.0 (hand) -Tony Valentine, Plainfield, 1983

47.05-Brandon Outlaw, Moorestown, 2017

47.05-Mario Heslop, Franklin, 2018

47.07-Jamaad Muse, Timber Creek, 2014

47.10-Charles Cox, Monmouth, 2006

47.1- (hand) Tony Valentine, Plainfield, 1982

47.1- (hand) Darren Cutler, Lenape, 1984

47.1 (hand)-Andrew Valmon, Manchester Township, 1983

47.15-Bryant McCombs, Old Bridge, 2006

47.16-Isaiah Gill, Plainfield, 2008

47.19-Jack Ahart, Kinnelon, 2023

47.22-Taj Burgess, Carteret, 2017

47.2 (hand)-Dennis Mitchell, Edgewood, 1982



## **800-METER RUN**

1:48.52-Ishmael Muhammad, Oakcrest, 2014

1:48.66-Robby Andrews, Manalapan, 2009

1:49.08-Joe White, DePaul, 2014

1:49.5-John Marshall, Plainfield, 1981

1:49.63-Luis Peralta, Passaic, 2018

1:49.7-John Marshall, Plainfield, 1980

1:49.96-Rey Rivera, Old Bridge, 2017

1:50.01-Patrick Rono, Lyndhurst, 2011

1:50.1-John Carlotti, Bernards, 1983

1:50.12-Isaac Clark, Pleasantville, 2013

1:50.14-Jason Walton, Hillsborough, 2008

1:50.19-Josh Kauke, Ridgewood, 2000

1:50.3-Kevin Davis, Trenton, 1981

1:50.36-Rob Novak, Bordentown, 2005

1:50.6-Fred Bronner, Morris Hills, 1985  
1:50.62-Morgan Murray, South Brunswick, 2014  
1:50.65-Ernesto Perez, West Side, 1990  
1:50.66-Rey Rivera, Old Bridge, 2016  
1:50.72-Brad Paternostro, Ramapo, 2011  
1:50.73-Jacob Clark, Pleasantville, 2013  
1:50.74-Sean Dolan, Hopewell Valley, 2018  
1:50.8-Jose Barros, East Side, 1985  
1:50.8-Vance Watson, Willingboro, 1983  
1:50.8-Fred Bronner, Morris Hills, 1983  
1:50.82-Rey Rivera, Old Bridge, 2015



### **1600-METER RUN**

\*-converted mile time from 4:10.6

4:07.31-Chris Marco, Toms River South, 2012

4:07.89-Jim Rosa, West Windsor-Plainsboro North, 2010

4:08.11-Liam Tansey, Morris Hills, 2009

4:08.28-Steve Lewandowski, Mountain Lakes, 2012

4:08.58-Kyle Rakitis, Kingsway, 2021

4:08.80-Drew Maher, Shore Re. 2018

4:08.96-Drake Anzano, CBA, 2016

4:09.03-Brett Johnson, Ocean City, 2008

4:09.09-George Kelly, CBA, 2012

4:09.14-Sean Dolan, Hopewell Valley, 2019

4:09.19-Elliot Gindi, Ocean Township, 2017

\*-4:09.2-Steve O'Connell, Millburn, 1976

4:09.20-John Richardson, Ocean City, 2003

4:09.30-Colin Baker Haddonfield, 2009

4:09.46-Shane Brosnan, Union Catholic, 2021

4:09.47-Marco Langon, Bridgewater-Raritan

4:09.59-Craig Forys, Colts Neck, 2007

4:09.62-Blake Udland, Millburn, 2012

4:09.92-Drew Maher, Shore Reg. 2017

4:10.01-Patrick Rono, Lyndhurst, 2011

4:10.07-Pat Schellberg, Delbarton, 2009

4:10.37-Tim McInerney, Christi2an Brothers, 2018

4:10.74-Ray Sellar, North Hunterdon, 2018

4:10.84-Sam Macaluso, West Windsor-Plainsboro, 2010

4:10.93-Elliot Gindi, Ocean Township, 2016

4:11.02-Damien Dilcher, Brick Township, 2018

4:11.07-Curtis Richburg, West Orange, 2009

4:11.07-Xavier Fraction, Washington, 2009

4:11.17-Chris Lear, Pingry, 1992

4:11.25-Matt Elmuccio, Westfield, 1997

4:11.27-Craig Forys, Colts Neck, 2005  
4:11.36-Drake Anzano, CBA, 2015  
4:11.42-Bob Keino, Ridgewood, 1993  
4:11.45-Mike Belgiovine, Don Bosco Prep, 2010  
4:11.46-Miles Schoedler, Ocean City, 2010  
4:11.48-Stephen Lewandowski, Mountain Lakes, 2011  
4:11.49-Jimmy Wyner, Mainland, 2005  
4:11.50-Will Daly, River Dell, 2016  
4:11.65-Robby Andrews, Manalapan, 2008

### **3,200-METER RUN**

Note-Joe Rosa of West Windsor-Plainsboro North was on meet and state record pace (unofficially 7:38 and change with one lap to go) in 2011 when the race was stopped due to lightning.

8:46.08-Jeramy Elkaim, Livingston, 2010  
8:48.55-Joe Rosa, West Windsor-Plainsboro North, 2010  
8:52.00-Jackson Barna, Ridge, 2021  
8:52.58-Craig Forys, Colts Neck, 2007  
8:55.41-Kyle Levermore, Don Bosco Prep, 2013  
8:55.94-Jack Boyle, CBA, 2013  
8:56.14-Craig Forys, Colts Neck, 2006  
8:58.32-Luke Petela, Haddon Township, 2015  
8:58.58-Devin Hart, Point Pleasant Boro, 2018  
8:58.71-Murad Campbell, Overbrook, 1999  
8:59.6-Jason DiJoseph, Paul VI, 1987  
8:59.78-Bobby Papazian, Gill St. Bernard's, 2005  
9:00.30-Jimmy Daniels, Sterling, 2013  
9:00.50-Andrew Hanko, Trinity Christian, 2007

9:00.86-Nikhil Pulimood, West Windsor South, 2015  
9:01.34-Mohamed Khadraoui, Paterson Kennedy, 2004  
9:01.76-Kyle Soloff, Morris Hills, 2007  
9:01.83-Pete Hess, Toms River North, 2003  
9:02.0-Bob Amitrani, Cranford, 1976  
9:02.30-Josiah Hanko, Trinity Christian, 2013  
9:02.32-Justin Scheid, Pope John, 2003  
9:02.47-Mike Mazzaccaro, CBA, 2010  
9:02.48-Morgan Pearson, Delbarton, 2011



### **110-METER HIGH HURDLES**

13.42 (trials)-Nate Rayan, Scotch Plains-Fanwood, 2023. *Note*-Ran 13.48 in the final  
13.52w-Todd Matthews, Notre Dame 1998  
13.55-Jaheem Hayles, Roselle, 2019  
13.59-Gerard Reynolds, Willingboro, 1990  
13.6-Stephan Fletcher, Princeton, 1983  
13.63-Danyne Brown, Camden, 1996  
13.65-Todd Matthews, Notre Dame, 1997  
13.66-Emmanuel Daux, Linden, 2001  
13.66-Sultan Tucker, Delsea, 1997  
13.67-Jermaine Collier, Trenton, 2012  
13.67w-Chris Stephens, Plainfield, 2000  
13.71-Cory Poole, East Orange, 2016  
13.71-Akeem Lindo, East Orange, 2018  
13.73-Chris Serrao, East Brunswick, 2022

13.74-Scott Robinson, Hillsborough, 2001  
13.74-Sincere Rhea, St. Augustine, 2018  
13.75-Rashad Baker, Woodrow Wilson, 2000  
13.75-Bennett Jackson, Raritan, 2010  
13.77-Anthony Acklin, Triton, 2001  
13.78-Nate Harley, Pleasantville, 1996  
13.78-Al-Tariq Dunson, East Orange, 2018  
13.78-Sincere Rhea, St. Augustine (trials), 2019  
13.82-Jack Attali, Demarest, 2023  
13.84-Jeff Porter, Franklin, 2002



#### **400-METER INTERMEDIATE HURDLES (Run since 1980)**

50.72-Cory Poole, East Orange, 2017  
50.96-Bryce Tucker, Pennsauken, 2023

51.00-Alex Sadikov, Ocean Township, 2-23  
51.14-Dwight Ruff, Camden, 2001  
51.39-Reuben McCoy, Winslow, 2004  
51.55-Justin Gaymon, Phillipsburg, 2005  
51.62-Fred Sharpe, Paulsboro, 1997  
51.92-Anthony Hampton, Englewood, 1994  
51.93-Taylor McLaughlin, Union Catholic, 2015  
52.0-Craig Morris, Monmouth, 1980  
52.07-Azim Smith, Millville, 2001  
52.09-Mark Cooke, J.P. Stevens, 2014  
52.16-Vince Rawlins, Eastern, 1992  
52.17-Bryce Tucker, Pennsauken  
52.2-Martin Booker, Camden, 1981  
52.23-Remy Berberena, North Brunswick, 2019  
52.25-Boaz Madeus, Hamilton North, 2017  
52.27-Tiquan Underwood, Notre Dame 2005  
52.28-Akeem Lindo, East Orange, 2018  
52.29-Chris Whyte, Rahway, 2009  
52.35-Jermaine Collier, Trenton, 2012  
52.35-Jameson Woodell, Hunterdon Central, 2018  
52.37-Anthony Hampton, Englewood, 1993  
52.43-Dylan Capwell, Hopatcong, 2013  
52.38-Jim Orrange, Marlboro, 1986  
52.4-Mike Horrisberger, CBA, 1983  
52.44-Emanuel Mayers, Lakewood, 2007

## **HIGH JUMP**

7-2-Eric Taylor-Perry, Montclair, 1990

7-2-Robert Jordan, Millville, 1999  
7-2-Paul Klemic, Mainland, 2000  
7-1-Milt Goode, Monmouth, 1979  
7-0-Mike Morrison, Willingboro, 2002  
7-0-Mike Morrison, Willingboro, 2003  
7-0-Marc Holland, Ocean Twp, 1978  
7-0-Reggie Garrett, Franklin, 1997  
7-0-Robert Jordan, Millville, 1998  
7-0-Raffael Craig, Millville, 1999  
7-0-Reggie Williams, Highland Reg., 1997  
7-0-David Njoku, Cedar Grove, 2014

### **LONG JUMP**

25-0-William Spearman, Woodrow Wilson, 1995  
24-11.25--Anthony Miles, Winslow, 2002  
24-8-Isaac Samuels, Willingboro-Kennedy, 1983  
24-3.50-Kaelen Mitchell, Piscataway, 2021  
24-3 ¼-Anthony Miles, Winslow, 2003  
24-3-Mike Morrison, Willingboro, 2003  
24-3-Mikhail Micheaux, Eastern, 2014  
24-2-Isaac Samuels, Willingboro-Kennedy, 1982  
24-1.75--Ron Lewis, Asbury Park, 1994  
24-1-Zack Bazile, St. Joseph (Mont.), 2014  
24-1.75 (w)Tony Velazquez, Madison Central, 1980  
24-1.75-Evans Tobler, Trenton, 1984  
24-1-William Spearman, Woodrow Wilson, 1996  
24-1-Mike Morrison, Willingboro, 2002  
24-1 9 (w) Nat Aiken, Randolph, 1980

24-0-Gerard Reynolds, Willingboro, 1989

24-0-A'nan Bridgett, West Windsor-Plainsboro South, 2018

23-11.75--Kerry Vivett, Edgewood, 1985

23-11-Preston Beckley, Eastern, 1993

23-9.50-Russ Nuzzo, North Brunswick, 1992

23-9.50-Al-Mubaraq Aderogba, 2023

23-9-Hanif Kendrick, Franklin, 2007

23-9-Corey Crawford, Indian Hills, 2010



### **TRIPLE JUMP (started in 2000)**

50-2.50-Floyd Whitaker, Highland Regional, 2019

49-11.25-Myles Hartsfield, Sayreville, 2014

49-11.50-Devin Jones, Boonton, 2010

49-11.25-Eric Bethea, Piscataway, 2015

49-7.25-Dodley Thermitus, Elizabeth, 2016

49-7-Floyd Whitaker, Highland Regional, 2021

49-4.75-Tiquan Underwood, Notre Dame, 2005  
49-4.25-Chris Phipps, Lodi, 2008  
48-10-Devon Bond, Trenton, 2007  
48-10- Dominique Irons, Haddon Heights, 2013  
48-10-Adam Bergo, Westfield, 2008  
48-9 1/2-Khaliel Burnett, Delsea, 2017  
48-9.25-Richmond Shasha, Hamilton West, 2019  
48-5 ½- Tiquan Underwood, Notre Dame, 2004  
48-4-Dominique Irons, Haddon Heights, 2011  
48-3-Barden Adams, West Orange, 2014  
48-3-Bobby Mays, Don Bosco Prep, 2023  
48-2.50-Rolston Braithwaite, Trenton, 2008  
48-2 ½- Dodley Thermitus, Elizabeth, 2017  
48-2 ¼-Khaliel Burnett, Delsea, 2018  
48-2-Emeka Eze, Sayreville, 2012  
48-1.75-Joseph Oduro, South Plainfield, 2022  
48-1.50-Malik Snead, Hamilton West, 2015  
48-1.50-Mubeen Momodu, Egg Harbor, 2019  
48-0.50-Aaron King, Morris Hills, 2007  
48-0-Josh Butler, Delsea, 2006  
48-0-Dean Uduh, Columbia, 2015  
47-11.75-Greg Hazell, Don Bosco, 2011  
47-11-Dominique Irons, Haddon Heights 2012  
47-9.25--Eric Bethea, Piscataway, 2014  
47-7.50-Evan Chance, Glassboro, 2009  
47-7.25-Vernard Hoover, Hasbrouck Heights, 2004



## **SHOT PUT**

75-10.25-Nick Vena, Morristown, 2011 (STATE RECORD)

73-0-Nick Vena, Morristown, 2011

72-8-Nick Vena, Morristown, 2009

72-3-Nick Vena, Morristown, 2011

72-0-Nick Vena, Morristown, 2011

71-10.50-Nick Vena, Morristown, 2011

71-8-Nick Vena, Morristown, 2009

71-7.50-Nick Vena, Morristown, 2011

71-1-Nick Vena, Morristown, 2009

70-11-Nick Vena, Morristown, 2009

70-8-Nick Vena, Morristown, 2009

69-10.50-Nick Vena, Morristown, 2010

68-11-Kevin DiGiorgio, Bayonne, 1997

68-8-Nick Vena, Morristown, 2009

68-0.25-Glenn DiGiorgio, Bayonne, 2002

67-8.75-Kevin DiGiorgio, Bayonne, 1998

67-4 1/4-Jordan West, Rahway, 2017

65-10 3/4-Luke Grodeska, St. Rose, 2016

65-5 3/4-Glenn DiGiorgio, Bayonne, 2000

65-3.50-Nick Vena, Morristown, 2008

65-2-Bob Mattia, Union, 65-2, 1975

65-1-Rudy Guevara, Essex Catholic, 1971



## **DISCUS**

215-3-Ron Dayne, Overbrook, 1996

207-2-Sam Mattis, East Brunswick, 2011

206-0-Sam Mattis, East Brunswick, 2012

205-4-Glenn DiGiorgio, Bayonne, 2001

201-0-Ron Dayne, Overbrook, 1995

1996-Braheme Days Jr., Bridgeton, 2013

197-6-Terrence Glover, Hamilton, 1999  
197-4-Adam Kuehl, Monmouth, 2001  
197-0-Glenn DiGiorgio, Bayonne, 2002  
196-5-Daniel Mikay, Demaret, 2022  
194-3-Joe Licata, Gill St. Bernard's, 2022  
193-8-Gabe Gonzalez, Elizabeth, 2002  
193-7-Fabian Gonzalez, Southern Regional, 2023  
192-9-Braheme Days Jr., Bridgeton, 2011  
192-8-Russ Frame, Union, 1969  
191-11-Franklin Simms, St. Augustine, 2022  
191-6-Adam Kuehl, Monmouth, 2002  
191-5-Mike Columbus, Scotch Plains-Fanwood, 1974  
190-9-Yemi Ayeni, South Brunswick, 2005  
190-7-Benji Shue, Bergen Catholic, 2023  
190-2-Jordan West, Rahway, 2016  
189-9-Jordan West, 2017  
188-10-Josh Awotunde, Delsea, 2013  
186-8-Paul Brennan, Princeton, 2019  
186-6-Robert Lerner, Scotch Plains-Fanwood, 2022  
186-3-Alex Kolovyansky, Madison Central, 1992



**JAVELIN (new implement - used since 2002)**

227-10-Nick Mirabelli, Rancocas Valley, 2018 (STATE RECORD)

224-10-Curtis Thompson, Florence, 2014

220-11-Cade Antonucci, Holy Spirit, 2017

214-6-Chris Mirabelli, Holy Cross, 2013

213-2-Kaleb Zuidema, Midland Park, 2011

212-5-Dean Sullivan, Delbarton, 2011

212-2-Alexander Georgiou, Timber Creek, 2017

211-7-Chris Mirabelli, Holy Cross, 2014

209-4-Steven Jernee, Ocean City, 2017

208-11-Kevin Seery, Hanover Park, 2011

208-1-Jason Santa Cruz, Old Tappan, 2019

207-6-Kaleb Zuidema, Midland Park, 2010

206-1-Mike Brazzel, North Arlington, 2014

205-9-George Kalkanis, Mahwah, 2023

205-8-Cade Antonucci, Holy Spirit, 2016  
205-2-Stephen Burk, Parsippany, 2012  
204-4-Kevin Burr, Jr., Rancocas Valley  
204-3-Marion Easley, Somerville, 2005  
202-9-Brian Florek, Old Bridge, 2007  
202-0-Steve Pierce, Ridgewood, 2006  
201-1-Brian Florek, Old Bridge, 2008  
200-8-Seth Zuidema, Midland Park, 2014  
200-3-Cody Unger, Jefferson, 2008



## **POLE VAULT**

16-4.75-Brian McSweeney, East Brunswick, 2021  
16-4-Will Nesbitt, Millburn, 1980  
16-0-Andrew Ghizzzone, Union Catholic, 2014  
16-0-Max Zuckerman, Pascack Hills, 2022  
15-7-Anthony Abitante, Gov. Livingston, 2005

15-6-Bill Lange, Bridgewater East, 1980  
15-6-Eric Richard, Bridgewater East 1980  
15-6-Andy Brethorst, Morris Knolls, 1990  
15-6-Matt Isaacson, Matawan, 2015  
15-6-Bradley Jelmert, Watchung Hills, 2019  
15-6-Simon Schenk, Princeton, 2019  
15-6-Brian O'Sullivan, Hillsborough, 2023  
15-4-Jason King, Lenape, 1993  
15-3-Ray Maragni, Seton Hall Prep, 1982  
15-3-Ken Morris, Randolph, 1995  
15-1-Dave Jackson, Hopewell Valley, 2002  
15-0.50-Vince Reilly, St. Joseph (Met.), 1977

**400-METER RELAY (started in 2010)**

41.45-Timber Creek, 2014  
41.47-Deptford, 2018  
41.48-East Brunswick, 2022  
41.49-Franklin, 2017  
41.50-Timber Creek, 2013  
41.57-Pennsauken, 2017  
41.69-Bergen Catholic, 2023  
41.71-Nottingham, 2019  
41.73-St. Peter's Prep, 2019  
41.74-Deptford, 2017  
41.83-Oakcrest, 2011  
41.85-Pennsauken, 2016  
41.86-Franklin, 2016  
41.87-Pennsauken, 2023

41.89-Livingston, 2023  
41.92-Perth Amboy, 2017  
41.99-East Orange, 2019  
41.99-Rancocas Valley, 2021  
42.00-St. Peter's Pep, 2018  
42.03-Rancocas Valley, 2015  
42.01-Deptford, 2019  
42.05-Pennsauken, 2015  
42.06-East Orange, 2018  
42.7-Salem, 2016  
42.09-Oakcrest, 2012  
42.10-Paramus Catholic, 2014  
42.14-Washington Township  
42.16-Hamilton North, 2011  
42.17-Deptford, 2013  
42.22-Delsea, 2010

### **1,600-METER RELAY**

3:10.70-Winslow, 2003  
3:11.24-Willingboro, 2003  
3:12.27-Winslow, 2002  
3:12.44-Willingboro, 2001  
3:12.57-Camden, 2001  
3:12.89-East Orange, 2017  
3:12.9-Trenton, 1978  
3:13.2-Plainfield, 1981  
3:13.38-Franklin, 2017  
3:13.50-Camden, 2005

3:13.8-Plainfield, 1980

3:13.83-Seton Hall Prep, 2007

3:13.85-Edgewood, 2001

3:13.88-Seton Hall Prep, 2005

3:14.4-Edgewood, 1985

**3,200-METER RELAY (started in 2010)**

7:40.57-River Dell, 2016

7:41.17-Cherokee, 2023

7:42.34-Old Bridge 2015

7:42.59-Morris Hills, 2016

7:43.17-Toms River North, 2023

7:43.46-River Dell, 2015

7:42.95-Bergen Catholic, 2014

7:43.57-Haddonfield, 2015

7:44.09-Ridgewood, 2014

7:44.46-Ridge, 2019

7:45.28-Columbia, 2015

7:46.28-Delsea, 2018

7:46.68-Old Bridge, 2016

7:46.77-Christian Brothers, 2011

7:47.29-Mount Olive, 2018

7:47.75-Princeton, 2018

7:47.66-Kingsway, 2011

7:47.96-Haddonfield, 2016

7:48.07-Jackson Liberty, 2011

7:48.16-Kingsway, 2013

7:48.25-Vineland, 2012

7:48.49-South Brunswick, 2013

7:48.76-Pope John, 2012