

Meet of Championships

Franklin High School
Wednesday, June 14, 2022 – TEAMS CANNOT BE ON SITE UNTIL 12:30
ALL Events Start at 2:00pm – RUNNING EVENTS- GIRLS RUN FIRST
Meet Director: Sean Dowd
Phone: 732-779-1155
E-mail: seandowd19@gmail.com
Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass

Meet of Champions Events			
Running Events		Field Events	
4x800 Meter Relay	Final on Time		
4x800 Meter Relay	Final on Time		
100 Meter Hurdles- Girls	Trials	Shot Put	
110 Meter Hurdles- Boys	Trials	Javelin	
100 Meters	Trials	Discus	
100 Meters	Trials	Long Jump	Boys then Girls
400 Meter Hurdles	Final on Time	Triple Jump	Girls then Boys
400 Meter Hurdles	Final on Time	High Jump	
		Pole Vault	
100 Meters	Finals	BOYS AND GIRLS WILL COMPETE IN THE FIELD EVENTS AT THE SAME TIME USING TWO VENUES. Except for the Long Jump and Triple Jump	
100 Meters	Finals		
1600 Meters	Final on Time		
		Wheelchair events have been removed.	
1600 Meters	Final on Time		
110 Meter Hurdles- Boys	Finals		
100 Meter Hurdles- Girls	Finals		
400 Meters	Final on Time		
400 Meters	Final on Time		
4x100 Meter Relay	Final on Time		
4x100 Meter Relay	Final on Time		
800 Meters	Final on Time		
800 Meters	Final on Time		
200 Meters	Final on Time		
200 Meters	Final on Time		
3200 Meters	Final on Time		
3200 Meters	Final on Time		
4x400 Meter Relay	Final on Time		
4x400 Meter Relay	Final on Time		

All heats and Flights will be set up with the fastest heat running last.