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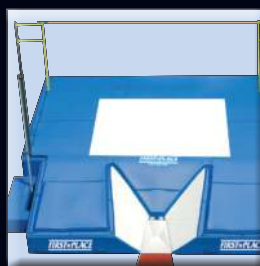
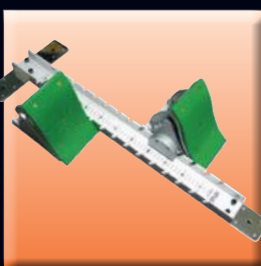


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M-F ATHLETIC CO. 1600 Division Road West Warwick, RI 02893

Dear Fellow Cross Country Fans,

It is indeed an honor for M-F Athletic to again be a sponsor of the NJSIAA Cross Country Championships.

Most of us will only get to see the start and finish of these races today, but make no mistake; there is a lot that happens in between. Just as in life, these athletes are learning that it is the journey along the way that matters most. The hard work and perseverance that it takes to be successful here will go a long way towards preparing them for many future challenges.

To the athletes and coaches – good luck and continued success in pursuing all of your goals.

To the parents and fans – cheer the runners on with pride and the knowledge that they are giving it their best.

To the officials, volunteers and park personnel – thank you for providing a safe, fair and enjoyable experience for the athletes and spectators alike.

To the winners – congratulations! You have achieved the highest level of success against some of the best competition in the country and have earned a place in New Jersey sports history.

Since 1960 M-F has been involved in the sports of track & field and cross country as an equipment supplier and a supporter through our many educational programs. The journey continues for us as well.

Enjoy the meet!

Sincerely,

Jim Grogan
Mid Atlantic Sales
800-420-1909
jim.grogan@mfathletic.com



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Hello, my name is Al Buciorelli, Chief Operating Officer of American Athletic Track and Turf.

I am proud to say that 2023 represents our 41st anniversary of setting out to develop a company whose core goals would be to consistently construct the highest quality outdoor sports facilities in the industry and create a work environment where employees would know that their contributions to our goals are valued at the highest level possible.

It is our sincere belief that these goals and our philosophy of “seek perfection, accept nothing less than excellence” has differentiated us from all of our competition.

With 13 national awards and thousands of award-worthy installations up and down the east coast, I know that no other company has the desire, capability, and experience to protect your hard earned dollars the way American Athletic Track and Turf has been so honored to do so over these many years.

Please know when you engage our firm today, nothing has changed since our inception, and our sole goal will be to construct your new facility to the highest standards achievable and where safety, performance, longevity, and value are maximized to the fullest extent.

Similar to our commitment to excellence in our work, we are equally as proud to be partner with a first class organization in the NJ State Interscholastic Athletic Association. On behalf of American Athletic Track and Turf, I want to wish all members, coaches, and athletes the best of luck these championships weekends. To learn more about American Athletic, please feel free to visit www.trackandturf.com

Best of Luck,

Al Buciorelli
Chief Operating Officer
American Athletic Track and Turf



"WE ARE NOT A TEAM BECAUSE WE
WORK TOGETHER. WE ARE A TEAM
BECAUSE WE RESPECT, TRUST AND
CARE FOR EACH OTHER"



IBEW
Local 102

PROUD TO SUPPORT THE
NJSIAA & THE ELECTRIFYING
STUDENT ATHLETES OF NJ



NJSIAA Mission Statement

The NJSIAA, a private, voluntary Association is committed to serving all types of student-athletes, its member schools and related professional organizations by the administration of education-based interscholastic athletics, which support academic achievement, good citizenship, and fair and equitable opportunities.

We believe that member schools, along with their leagues and conferences, share these convictions:

- A safe and healthy playing environment is essential to our mission.
- Participation in interscholastic athletics enhances the educational experience of all students.
- Interscholastic athletics is a privilege.
- Excellence in both academics and athletics is pursued by all.
- Interscholastic participation develops good citizenship and healthy lifestyles, fosters involvement of a diverse population and promotes positive school/community relations.
- Rules promote fair play and minimizes risks.
- Cooperation among members advances their individual and collective well-being.
- Training of administrators and coaches promotes the educational mission of the Interscholastic Experiences.
- Properly trained official/judges enhances interscholastic competition.
- The NJSIAA is the recognized state authority on interscholastic athletic programs.

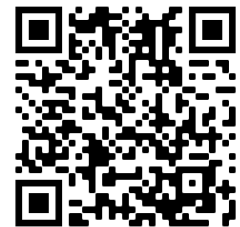
Competitive athletics is nothing more than playing according to a set of rules. Sports are the greatest example on earth of the practical application of the Golden Rule. Your support and encouragement of our high school sports program are earnestly invited.

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PHILIP D. MURPHY
GOVERNOR

April 1, 2023

Dear Friends,

On behalf of the State of New Jersey, I am pleased to extend greetings to all those participating in the New Jersey State Interscholastic Athletic Association – Spring 2023 Championship Season.

Since its inception, the NJSIAA has remained committed to fostering and encouraging athletic and academic excellence, health and safety, cooperation and fairness, and good citizenship amongst student athletes and the athletic community it serves. Participation in high school sports and athletic activities provide an opportunity for students to learn and implement skills that serve to positively impact their development and overall success.

As Governor, I commend the NJSIAA, student athletes, and supporters for their hard work, boundless efforts, and dedication to interscholastic athletic programs and competition.

Best wishes to all for an enjoyable and memorable championship season!

My very best,


Philip D. Murphy
Governor



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NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

1161 Route 130 North

Robbinsville, New Jersey 08691

THE SCHOOLS LISTED BELOW WERE DISQUALIFICATION FREE FOR THE 2021-2022 SCHOOL YEAR

Congratulations to the following schools, including their Administrators, Athletic Directors, Coaches, Fans and Players for their fine efforts in this important area of sportsmanship.

Academy Charter High School
Academy for Urban Leadership
Academy of the Holy Angels***
Academy of St. Elizabeth***
American History High School
Arts High School
Atlantic Cty Institute of Tech
Audubon High School
Bard HS Early College Newark
Barnegat High School
Henry P. Becton High School
Beloved Community Charter
Belvidere High School
Bergen Catholic High School
Bergenfield High School
Bernards High School
Bloomfield High School
Bogota High School
Boonton High School
Bordentown High School
David Brearley High School
Brick Memorial High School
Brick Township High School
Buena Regional High School
Burlington City High School
Burlington Co. Vo-Tech (Medford)
Burlington Co. VT (Westampton)
Burlington Township High School
Butler High School
Calvary Christian School
Cedar Grove High School
Central Jersey College Prep
Central Regional High School
Chatham High School
Cherokee High School
Cherry Hill High School East
Cinnaminson High School
Abraham Clark High School

Clayton High School
College Achieve Central Charter
Collingswood High School
Colonia High School
Colts Neck High School
Columbia High School
Cooper Norcross High School
Cranford High School
Jonathan Dayton High School
Delaware Valley Reg. HS
Delbarton High School
Delran High School
Delsea Regional High School
DePaul Catholic High School
Deptford Township High School
Doane Academy
Don Bosco Prep High School
Dover High School
Dwight-Englewood High School
Eagle Academy High School
East Side High School (Newark)
Eastern Christian High School
Eastside High School (Paterson)
Edison Academy (MCVTS)
Elmwood Park Memorial HS
Essex Co VT – Newark Tech HS
Essex Co VT – West Caldwell Tech
Ewing High School
Fair Lawn High School
Foundation Collegiate Academy
The Frisch School
Gill St. Bernard's School
Glassboro High School
Glen Ridge High School
Glen Rock High School
Gloucester Catholic High School
Gloucester City Jr-Sr High School
Gloucester Cty Inst of Technology

Golda Och Academy
Governor Livingston High School
Hackensack High School
Haddon Heights High School
Haddonfield Memorial HS
Hamilton High School East
Hasbrouck Heights High School
Hawthorne Christian Academy
Hawthorne High School
Henry Hudson Regional HS
Highland Park High School
Highland Regional High School
Hillside High School
Hoboken Charter High School
Holy Spirit High School
Hopewell Valley Central HS
Immaculata HS (Somerville)
Immaculate Conception HS (Lodi)
Immaculate Conception (Mont.)
Immaculate Heart Academy
Irvington High School
Keansburg High School
Kent Place School
Koinonia Academy
Lacey Township High School
Lakewood High School
LEAP Academy University Charter
Lenape Valley Regional HS
Leonia High School
Lincoln High School
Lower Cape May High School
Madison High School
Manchester Regional High School
Maple Shade High School
Marion P. Thomas Charter School
Mary Help of Christians Academy
Mastery High School of Camden
Mater Dei High School

Continued...

Middlesex High School	Phillipsburg High School	John P. Stevens High School
Midland Park High School	Pinelands Regional High School	Summit High School
Monmouth Regional High School	Point Pleasant Boro High School	Sussex County Technical HS
Montgomery High School	Pompton Lakes High School	Teaneck High School
Moorestown Friends School	Pope John XXIII High School	Technology High School
Moorestown High School	Princeton Day School	Tenaflly High School
Morris Knolls High School	Princeton High School	Thomas Edison Energy Smart
Mother Seton Regional HS	Ramapo High School	Timothy Christian School
Mount Saint Dominic High School	Ramsey High School	Trenton Catholic Academy
Mount Saint Mary Academy	Randolph High School	Trenton Central High School
Mountain Lakes High School	Ranney School	Trinity Hall
Newark Academy	Raritan High School	Union Catholic High School
Newark Vocational High School	Ridge High School	Union City High School
North Star Academy Charter	Riverside High School	University Academy Charter
Northern Highlands Regional HS	Robbinsville High School	University High School
Northern Valley Reg. – Demarest	Roselle Park High School	Vernon Township High School
Oak Knoll School	Saddle Brook High School	Verona High School
Oakcrest High School	Saddle River Day School	Villa Walsh High School***
Orange High School	Saint Dominic Academy	Wallington High School
Oratory Catholic Prep School	Saint Joseph's Academy	Wardlaw-Hartridge School
Our Lady of Mercy Academy	Saint Mary's HS (Rutherford)	Warren County Technical School
Overbrook High School	Saint Vincent Academy	Wayne Valley High School
Palisades Park Jr-Sr High School	Salem County Career & Tech HS	Weehawken High School
Paramus High School	Salem High School	West Essex High School
Park Ridge High School	Arthur P. Schalick High School	West Morris Central High School
Parsippany Hills High School	Science Park High School	West Windsor-Plainsboro South
Paterson Arts and Science Charter	Secaucus High School	The Wilberforce School
Paul VI High School	Seton Hall Preparatory School	Wildwood High School
Penns Grove High School	Malcolm X Shabazz High School	Willingboro High School
Pennsville Memorial High School	Sinai Christian Academy	Winslow Township High School
People's Prep Charter School	South Amboy High School	Woodbridge Academy (MCVTS)
Perth Amboy High School	South Hunterdon High School	Wood-Ridge High School
Perth Amboy Tech HS (MCVTS)	South River High School	Woodstown High School
Pingry School	Sterling High School	

*****Congratulations to those schools indicated, for being disqualification free since the inception of our disqualification program in 1991.**

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18th Annual Shop Rite Cup 2021 - 2022 Final Standings



Group IV	
Westfield	111
Cherokee	78
Ridgewood	62
East Brunswick	60
Ridge	51
Scotch Plains-Fanwood	51

Group III	
Summit	70
Colts Neck	58
Delsea	56
North Hunterdon	56
Chatham High School	49

Group II	
Haddonfield Memorial	127
Mountain Lakes	109
Rumson-Fair Haven	97
Haddon Heights	53
Northern Valley Demarest	49

Group I	
Shore Regional	55
Audubon	42
Woodstown	40
Hasbrouck Heights	39
Clayton High School	37

Non-Public A	
Christian Brothers Academy **	187
Newark Academy	129
Immaculate Heart Academy **	119
Delbarton School **	109
Seton Hall Preparatory School **	109

Non-Public B	
Saint Rose High School	80
Mount Saint Dominic Academy**	75
Villa Walsh Academy **	75
Bishop Eustace Preparatory	62
Rutgers Prep School	52

** Points doubled for single gender school.





N**SIAA**

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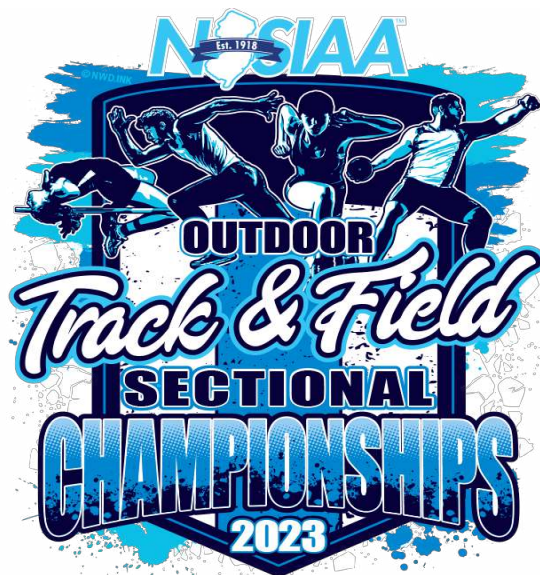
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Public State Sectional Championships

North I, Groups 1 & 4 @ Clifton H.S.	North I, Groups 2 & 3 @ Vernon H.S.
Day 1: Friday, June 2, 2023 at 3:30pm	Day 1: Friday, June 2, 2023 at 3:30pm
Day 2: Saturday, June 3, 2023 at 9:30am	Day 2: Saturday, June 3, 2023 at 9:30am
Meet Director: Frank & Flo Calise	Meet Director: Marc MacNaughton
Track: 8 lanes, ¼ inch spikes	Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass
North II, Groups 1 & 4 @ Ridge H.S.	North II, Groups 2 & 3 @ South Plainfield H.S.
Day 1: Friday, June 2, 2023 at 3:30pm	Day 1: Friday, June 2, 2023 at 3:30pm
Day 2: Saturday, June 3, 2023 at 1:00pm	Day 2: Saturday, June 3, 2023 at 9:30am
Meet Directors: John Schwarz & John Toreno	Meet Director: Bill Malone
Track: 8 lanes, ¼ inch spikes	Track: 6 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass
Central, Groups 1 & 4 @ Hillsborough HS	Central, Groups 2 & 3 @ Jackson Liberty
Day 1: Friday, June 2, 2023 at 3:30pm	Day 1: Friday, June 2, 2023 at 3:30pm
Day 2: Saturday, June 3, 2023 at 9:30am	Day 2: Saturday, June 3, 2023 at 9:30am
Meet Director: John MacGillivray	Meet Director: Sean Dowd
Track: 6 lanes (6 on the turns), ¼ inch spikes	Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass
South, Groups 1 & 4 @ Pennsauken HS	South, Groups 2 & 3 @ Delsea H.S.
Day 1: Friday, June 2, 2023 at 3:30pm	Day 1: Friday, June 2, 2023 at 3:30pm
Day 2: Saturday, June 3, 2023 at 9:30am	Day 2: Saturday, June 3, 2023 at 9:30am
Meet Director: Kathy Hunter	Meet Director: Chris Callinan
Track: 8 lanes spikes ¼ inch	Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass



MARINES

THE FUTURE IS DETERMINED BY THOSE WHO FIGHT FOR IT

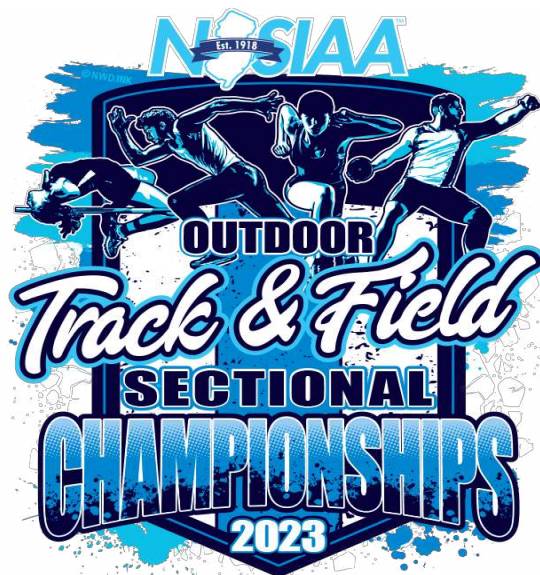
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Public State Sectionals Order of Running Events – GIRLS EVENTS FIRST

Day 1 – Running Events (Friday) Large then Small group		Day 2 – Running Events (Saturday) Large then Small Group	
4x100 Meter Relay	Final on Time	400 Meters	Final on Time
4x100 Meter Relay	Final on Time	400 Meters	Final on Time
800 Meters	Final on Time	100 Meter Hurdles- Girls	Trials
800 Meters	Final on Time	110 Meter Hurdles-Boys	Trials
100 Meters	Trials	4x800 Metter Relay	Final on Time
100 Meters	Trials	110 Meter Hurdles- Boys	Finals
400 Meter Hurdles	Final on Time	100 Meter Hurdles- Girls	Finals
400 Meter Hurdles	Final on Time	4x800 Metter Relay	Final on Time
100 Meters	Finals	200 Meters	Final on Time
100 Meters	Finals	200 Meters	Final on Time
3200 Meters	Final on Time	1600 Meters	Final on Time
3200 Meters	Final on Time	1600 Meters	Final on Time
		4x400 Meter Relay	Final on Time
		4x400 Meter Relay	Final on Time

Public State Sectionals Order of Field Events

Day 1 – Field Events (Friday)		Day 2 – Field Events (Saturday)	
Boys Shot Put	Group L then S	Girls Shot Put	Group L then S
Boys Javelin	Group S then L	Girls Javelin	Group S then L
Girls Discus	Group L then S	Boys Discus	Group L then S
Boys Long Jump	Group S then L	Girls Long Jump	Group S then L
Girls Triple Jump	Group L then S	Boys Triple Jump	Group L then S
Girls High Jump	Group L then S	Boys High Jump	Group L then S
Boys Pole Vault	Group S then L	Girls Pole Vault	Group S then L

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BEST FROM THE SECTIONAL MEETS

BOYS

100 Meter Dash	South	John Stone, Mainland	1997	0:10.2
	North I	Chris Charles, Park Ridge	2000	0:10.2
200 Meter Dash	South	Bill Gaines, Clearview	1967	0:20.8
	South	Chuck Carter, Eastern	1985	0:20.8
400 Meter Dash	South	Dennis Mitchell, Englewood	1984	0:46.4
800 Meter Run	North II	Gabrial Rodriguez, Union	2022	1:50.82*
1600 Meter Run	South	Kyle Rakitis, Kingsway	2021	4:08.58
3200 Meter Run	South	Jackson Braddock, Southern Reg.	2021	8:55.46*
110 Meter High Hurdles	North II	Renaldo Nehemiah, Scotch Plains-FW	1977	0:13.2
400 Meter Intermediate Hurdles	South	Dwight Ruff, Camden	2001	0:51.0
4x100 Meter Relay	Central	Pennsauken	2017	0:41.86
4x400 Meter Relay	Central	Monmouth Regional	2007	3:14.97
4x800 Meter Relay	Central	Princeton	2018	7:50.36*
Shot Put	North II	Nicolas Vena, Morristown	2011	72'07.25"
Discus	Central	Yemi Ayeni, So. Brunswick	2005	204'08.00"
#New Javelin	North I	Zaleb Zuidema, Midland Park	2011	220'10.00"
<i>Javelin</i>	<i>Central</i>	<i>John Amabile, Wall Twp.</i>	<i>1980</i>	<i>233'01.00"</i>
Long Jump	South	Gerard Reynolds, Willingboro	1990	25'01.50"
Triple Jump	South	Khaliel Burnett, Delsea	2018	50'04.00"
High Jump	South	Robert Jordan, Millville	1999	7'02.00"
Pole Vault	North II	Bradley Jelmert, Watchung Hills	2019	16'01.50"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

BEST OF THE NORTH 1 SECTIONAL MEETS

BOYS

100 Meter Dash	Chris Charles, Park Ridge	2000	0:10.2
200 Meter Dash	Shaquan Brown, JFK – Paterson	2005	0:21.2
400 Meter Dash	Shaquan Brown, JFK – Paterson	2005	0:47.1
800 Meter Run	Luis Peralta, Passaic	2018	1:50.89
1600 Meter Run	Jacob Heredia, Clifton	2022	4:10.50
3200 Meter Run	Eric Bernstein, Ridgewood	1987	9:09.9
110 Meter High Hurdles	Guy Rose, Wayne Hills	1999	0:13.7
400 Meter Intermediate Hurdles	Shaquan Brown, JFK – Paterson	2006	0:51.6
4x100 Meter Relay	Mount Olive	2021	0:42.63
4x400 Meter Relay	NV Old Tappan	2012	3:18.66*
4x800 Meter Relay	Morris Hills	2016	7:56.01*
Shot Put	Kevin DiGiorgio, Bayonne	1998	65'07.50"
Discus	Glenn Di Giorgio, Bayonne	2001	199'10.00"
#New Javelin	Zaleb Zuidema, Midland Park	2011	220'10.00"
<i>Javelin</i>	<i>John Dixon, Ridgefield Park</i>	<i>1997</i>	<i>219'03.00"</i>
Long Jump	Darius Pemberton, Hackensack	1993	24'00.50"
Triple Jump	Vernard Hoover, Hasbrouck Heights	2004	48'02.25"
High Jump	David Njoku, Cedar Grove	2014	7'00.00"
Pole Vault	Juan Andres Giglio, Ridgefield Park	2010	15'04.25"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

NORTH 1 RECORDS

GROUP I BOYS

100 Meter Dash	Chris Charles, Park Ridge	2000	0:10.2
200 Meter Dash	Matthew Bieszard, Midland Park	2008	0:21.95*
	Chris Charles, Park Ridge	2000	0:21.9
400 Meter Dash	Kevin Condal, Hasbrouck Heights	2010	0:48.65*
800 Meter Run	Dylan Capwell, Hopatcong	2013	1:51.26*
1600 Meter Run	Stephen Lewandowski, Mountain Lakes	2012	4:13.34*
3200 Meter Run	Stephen Lewandowski, Mountain Lakes	2012	9:18.17*
110 Meter High Hurdles	Nick Garrett, Saddle Brook	1999	0:14.3
400 Meter Intermediate Hurdles	Steven Shorr, Pascack Hills	2006	0:53.3
4x100 Meter Relay	Boonton	2017	0:43.85*
4x400 Meter Relay	Hasbrouck Heights	2010	3:25.50*
4x800 Meter Relay	Hasbrouck Heights	2022	8:19.42*
Shot Put	Andy Papathanassiou, Emerson	1985	63'04.25"
Discus	Giovanni Gutierrez, Saddle Brook	2017	187'08.00"
#New Javelin	Kaleb Zuidema, Midland Park	2011	220'10.00"
Javelin	Bob Erskin, North Arlington	1982	208'05.00"
Long Jump	Sean Mefford, Butler	2016	22'08.50"
Triple Jump	Vernard Hoover, Hasbrouck Heights	2004	48'02.25"
High Jump	David Njoku, Cedar Grove	2014	7'00.00"
Pole Vault	Greg Hoffman, Park Ridge	2009	14'06.00"
	Christopher Steele, Pompton Lakes	2011	14'06.00"

2021 Team Champion: Cresskill High School – 60.50 Points

2022 Team Champion: Emerson High School – 87 Points

GROUP II BOYS

100 Meter Dash	Casey Robert, Hawthorne	2003	0:10.7
	Rameik Jackson, Westwood	2005	0:10.7
200 Meter Dash	Garrett Kroner, Indian Hills	2006	0:21.4
400 Meter Dash	Garrett Kroner, Indian Hills	2005	0:48.2
800 Meter Run	Mike Puchella, Walkkill Valley	2005	1:53.9
1600 Meter Run	Colin Daly, River Dell	2016	4:16.27*
3200 Meter Run	Brian Viscomi, Kittatinny	1993	9:28.0
110 Meter High Hurdles	Kurt Stebbins, Sparta	1977	0:14.1
400 Meter Intermediate Hurdles	Anthony Hampton, Englewood	1994	0:53.6
4x100 Meter Relay	River Dell	2018/2019	0:43.28
4x400 Meter Relay	Morris Hills	2012	3:21.54*
4x800 Meter Relay	River Dell	2016	8:05.01*
Shot Put	Ray Sahadi, Tenafly	1974	60'07.75"
Discus	Phil Smith, Hopatcong	2005	187'09.00"
#New Javelin	Joe Martinek, Hopatcong	2007	195'05.00"
Javelin	John Dixon, Ridgefield Park	1997	219'03.00"
Long Jump	Corey Crawford, Indian Hills	2010	23'05.25"
Triple Jump	Jarius Paul, Mahwah	2015	47'05.25"
High Jump	Steve Squiers, Kittatinny	1986	6'06.00"
	Cory Crawford, Indian Hills	2010	6'06.00"
Pole Vault	Juan Andres Giglio, Ridgefield Park	2010	15'04.25"

2021 Team Champion: Northern Valley Regional @ Demarest – 100 Points

2022 Team Champion: Northern Valley regional @ Demarest – 156 Points

GROUP III BOYS

100 Meter Dash	David Butler, Teaneck	2008	0:10.69*
200 Meter Dash	Joshua Babe, Morris Hills	2022	0:21.54
400 Meter Dash	Joe Mendel, Wayne Hills	1999	0:48.1
800 Meter Run	Benjamin Malone, Pascack Valley	2011	1:52.17*
1600 Meter Run	Marc Rienas, NV @ Old Tappan	2015	4:12.67
3200 Meter Run	Norbert Berenyi, NV @ Old Tappan	1987	9:20.3
110 Meter High Hurdles	Guy Rose, Wayne Hills	1999	0:13.7
400 Meter Intermediate Hurdles	Guy Rose, Wayne Hills	1999	0:53.4
4x100 Meter Relay	Wayne Hills	2016	42.91*
4x400 Meter Relay	NV @ Old Tappan	2012	3:18:66*
4x800 Meter Relay	Morris Hills	2016	7:56.01*
Shot Put	Lou Kertesz, Ramsey	1981	59'01.00"
Discus	Chris Pantale, Wayne Valley	2008	183'00.00"
#New Javelin	Dajon Chappell, Morris Hills	2017	191'09.00"
Javelin	Bruce Baceloncchi, Dumont	1982	213'01.00"
Long Jump	Aaron King, Morris Hills	2007	23'06.75"
Triple Jump	Sean Wimbush, Teaneck	2011	48'00.75"
High Jump	Zachary Davis, Sparta	2013	6'08.25"
Pole Vault	Tim Blashford, Ramapo	2007	15'00.00"

2021 Team Champion: Northern Valley Regional @ Old Tappan – 98 Points

2022 Team Champion: Morris Hills High School – 72 Points

GROUP IV BOYS

100 Meter Dash	Shaquan Brown, JFK Paterson	2005	0:10.4
200 Meter Dash	Shaquan Brown, JFK Paterson	2005	0:21.2
400 Meter Dash	Shaquan Brown, JFK Paterson	2005	0:47.1
800 Meter Run	Luis Peralta, Passaic	2018	1:50.89
1600 Meter Run	Jacob Heredia, Clifton	2022	4:10.50
3200 Meter Run	Eric Bernstein, Ridgewood	1987	9:09.9
110 Meter High Hurdles	Mike Pohludka, Vernon	2004	0:13.8
400 Meter Intermediate Hurdles	Shaquan Brown, JFK Paterson	2006	0:51.6
4x100 Meter Relay	Mount Olive	2021	0:42.63
4x400 Meter Relay	West Orange	2012	3:19.00*
4x800 Meter Relay	Ridgewood	2014	7:59.38*
Shot Put	Kevin DiGiorgio, Bayonne	1998	65'07.50"
Discus	Glenn DiGiorgio, Bayonne	2001	199'10.00"
#New Javelin	Chandler Balter, Livingston	2014	190'05.00"
Javelin	Tim McManus, North Bergen	1976	200'11.00"
Long Jump	Darius Pemberton, Hackensack	1993	24'00.50"
Triple Jump	AJ McKay, Mount Olive	2021	48'01.00"
High Jump	Glenn Scheideler, Randolph	2009	6'10.25"
Pole Vault	Luke Gnospelius, Ridgewood	2022	15'01.50"

2021 Team Champion: Passaic County Tech – 78 Points

2022 Team Champion: Ridgewood High School – 102 Points

NORTH 1 SECTIONAL TEAM WINNERS

YEAR	GROUP I BOYS	GROUP II BOYS	GROUP III BOYS	GROUP IV BOYS
1968	BOGOTA-57.5	TENAFLY-62	NEW MILFORD-31	TEANECK-34
1969	MAHWAH-56	INDIAN HILLS-44	NEW MILFORD-47	RIVER DELL-44
1970	HASBROUCK HTS-55	NO. HIGHLANDS-54	ENGLEWOOD-54	HACKENSACK-41
1971	WALDWICK-45	NO. HIGHLANDS-52	NEW MILFORD-50	HACKENSACK-42
1972	MAHWAH-37	RUTHERFORD-49	NEW MILFORD-53.5	N.BERGEN-41 1/2
1973	MAHWAY-47	PASCACK VALLEY-50.5	NEW MILFORD-36	N. BERGEN-48
1974	MAHWAH-56	TENAFLY-41	MEMORIAL -42	HACKENSACK-43
1975	CRESSKILL-37	TENAFLY-34.5	NO. HIGHLANDS-32	RIDGEWOOD-39 1/2
1976	LEONIA-37	NEW MILFORD-50	LINCOLN-31	SNYDER-41
1977	MAHWAH-40	SPARTA-39	PASCACK HILLS-41	SNYDER-49
1978	EMERSON-44	RUTHERFORD-55	INDIAN HILLS-55.75	MEMORIAL & SNYDER-41
1979	MAHWAH-58	RUTHERFORD-40	ENGLEWOOD33	TEANECK-41
1980	CRESSKILL-43.5	SPARTA-70	LINCOLN-45	KENNEDY-38 1/2
1981	CRESSKILL-58	BERGEN TECH-37	LINCOLN-41	EASTSIDE-50
1982	EMERSON-46	TENAFLY-46	NV-DEMAREST-33	HACKENSACK-65
1983	EMERSON-43	RUTHERFORD-38	NV-DEMAREST-40	TEANECK-36
1984	EMERSON-72	TENAFLY-49	INDIAN HILLS-32.5	TEANECK-67
1985	NEW MILFORD-43	LENAPE VALLEY-26	WAYNE VALLEY-32	HACKENSACK-35
1986	MAHWAH-36	HOPATCONG-39	NV-DEMAREST-34	EASTSIDE-53
1987	SADDLE BROOK-54	KITTATINNY-45	NV-DEMAREST-45	EASTSIDE-63
1988	SADDLE BROOK-78	DUMONT-51.5	NV-OLD TAPPAN-45	HACKENSACK-53
1989	SECAUCUS-44.5	RUTHERFORD42	NV-OLD TAPPAN-51.5	RIDGEWOOD-35
1990	EMERSON-46	MAHWAH-56	TENAFLY-37	PASSAIC TECH.-50
1991	SADDLE BROOK-71.5	ENGLEWOOD-44	WAYNE VALLEY-27	HACKENSACK-41
1992**	SADDLE BROOK-132	MAHWAH-85	INDIAN HILLS-80	EASTSIDE-74
1993	SADDLE BROOK-95	HOPATCONG-72	SNYDER-49	HACKENSACK-97
1994	HASBROUCK HTS-107.5	RIDGEFIELD PARK-102	NV-OLD TAPPAN-111	HACKENSACK & W MILFORD-65
1995	GLEN ROCK-127	WESTWOOD-86	NV-OLD TAPPAN-83	KENNEDY-58
1996	PALISADES PARK-83	GLEN ROCK-87	SNYDER-78	PASSAIC-72
1997	GLEN ROCK-123	KITTATINNY-77	NV-DEMAREST-80.5	VERNON-73
1998	CRESSKILL-80	WESTWOOD-85	LAKELAND-83	HACKENSACK-115
1999	GLEN ROCK-125	RAMSEY-90	CLIFFSIDE PARK-83.5	HACKENSACK-136
2000	GLEN ROCK-97	RAMSEY-86	PASCACK VALLEY-90	HACKENSACK-122
2001	GLEN ROCK-109	MAHWAY-75	GARFIELD-62	WAYNE VALLEY-86
2002	GLEN ROCK-104.33	LEONIA-63	GARFIED-77	TEANECK-63
2003	GLEN ROCK-136	NEWTON-60	WAYNE HILLS-79	RIDGEWOOD-113
2004	GLEN ROCK-72	MORRIS HILLS-82	SPARTA-87	RIDGEWOOD-79
2005	SADDLE BROOK-111	WESTWOOD-113.5	MORRIS H. & N.. HIGHLAND-79	JF KENNDEY-PAT – 79
2006	POMPTON LAKES-63	INDIAN HILLS-94	NO. HIGHLANDS-113	WEST ORANGE-106.5
2007	POMPTON LAKES-65	RIVER DELL-93	MORRIS HILLS-108	WEST ORANGE-66
2008	VERONA-87	INDIAN HILLS-77	MORRIS HILLS-87	HACKENSACK-63
2009	BOONTON-117	INDIAN HILLS-76	MORRIS HILLS-82	BLOOMFIELD-84
2010	BOONTON-87	INDIAN HILLS-90	TEANECK-95.33	RIDGEWOOD-88
2011	HASBROUCK HTS-130.5	MORRIS HILLS-119.5	TEANECK-83	RIDGEWOOD-94
2012	HASBROUCK HTS-109	MORRIS HILLS-147.5	NV-OLD TAPPAN-141	RIDGEWOOD-102
2013	HOPATCONG – 128	RIVER DELL – 109	NV DEMAREST 92	RIDGEWOOD-112
2014	HOPATCONG – 112	RAMSEY -139	NV OLD TAPPAN – 112.5	RIDGEWOOD - 104
2015	HASBROUCH HTS-104.5	RAMSEY-70	NV OLD TAPPAN-155.33	RANDOLPH-89

YEAR	GROUP I BOYS	GROUP II BOYS	GROUP III BOYS	GROUP IV BOYS
2016	LEONIA – 74	RIVER DELL – 136.5	OLD TAPPAN – 69	RIDGEWOOD - 103
2017	BOONTON – 99.33	NV DEMAREST – 127	WEST ESSEX – 80	DWIGHT ENGLEWOOD - 120
2018	CRESSKILL – 88	NV DEMAREST – 147	NV OLD TAPPAN – 94.25	WEST ORANGE - 59
2019	HASBROUCK HTS. – 90	RIVER DELL – 115	NV OLD TAPPAN – 94	RIDGEWOOD - 100
2020	STATE MEET CANCELED – COVID-19			
2021	CRESSKILL – 60.50	NV DEMAREST – 100	NV OLD TAPPAN – 98	PASSAIC COUNTY VT - 78
2022	EMERSON - 87	NV DEMAREST - 156	MORRIS HILLS - 72	RIDGEWOOD - 102

Summary of NORTH 1 Sectional Titles

BOYS Sectional Titles

13	Hackensack	3	Englewood	1	Dwight Englewood
12	Ridgewood	3	Kennedy	1	Lakeland
11	Mahwah	3	Leonida	1	Lenape Valley
10	NV – Demarest	3	Lincoln	1	Morris Hills
10	NV – Old Tappan	3	Sparta	1	Newton
9	Glen Rock	3	Wayne Valley	1	Palisades Park
8	Indian Hills	3	West Orange	1	Pascack Hills
7	Teaneck	3	Westwood	1	Passaic
6	Cresskill	2	Garfield	1	Secaucus
6	Emerson	2	Kittatinny	1	Vernon
6	Hasbrouck Heights	2	Memorial	1	Verona
6	Saddle Brook	2	North Bergen	1	Waldwick
6	Tenafly	2	Pascack Valley	1	Wayne Hills
5	Northern Highlands	2	Passaic Co VT	1	West Essex
5	Rutherford	2	Pompton Lakes	1	West Milford
5	Snyder	2	Ridgefield Park	1	Rahway
4	Eastside	1	Bergen Tech	1	Randolph
4	Hopatcong	1	Bloomfield		
4	Ramsey	1	Bogota		
4	River Dell	1	Cliffside Park		
3	Boonton	1	Dumont		

Most Consecutive Titles

6	Glen Rock (1999-2004)	2	Garfield (2001-2002)
5	Ridgewood (2011-2014)	2	Hackensack (1970-1971; 1993-1994)
4	NV Old Tappan (1982-83; 86-87; 2018-19; 21-22)	2	Lincoln (1980-1981)
3	Emerson (1982-1984)	2	New Milford (1968-1969)
3	Glen Rock (1995-1997)	2	Northern Highlands (1970-1971; 2005-2006)
3	Hackensack (1998-2000)	2	North Bergen (1972-1973)
3	Indian Hills (2008-2010)	2	NV Old Tappan (2014-2015)
3	Mahwah (1972-1974)	2	Pompton Lakes (2006-2007)
3	Morris Hills (2007-2009)	2	Ramsey (1999-2000; 2014-2015)
3	New Milford (1971-1973)	2	Ridgewood (2003-2004)
3	Saddle Brook (1991-1993)	2	Rutherford (1978-1979)
3	Snyder (1976-1978)	2	Saddle Brook (1987-1988)
3	Boonton (2009-2010)	2	Teaneck (1983-1984; 2010-2011)
2	Cresskill (1980-1981)	2	Tenafly (1974-1975)
2	Eastside (1986-1987)	2	West Orange (2006-2007)

BEST OF THE NORTH 2 SECTIONAL MEETS

BOYS

100 Meter Dash	Anthony Swain, Montclair	1985	0:10.3
	Danny Johnson, Rahway	2000	0:10.3
200 Meter Dash	Howard Coburn, Montclair	1981	0:20.9
400 Meter Dash	Walt James, East Orange	1980	0:47.12
800 Meter Run	Gabrial Rodriguez, Union	2022	1:50.82*
1600 Meter Run	J.J. Clark, Columbia	1982	4:10.2
3200 Meter Run	Jackson Barna, Ridge	2022	8:59.92
110 Meter High Hurdles	Renaldo Nehemiah, Scotch Plains-FW	1977	0:13.2
400 Meter Intermediate Hurdles	Jonathan Petit-Homme, Linden	2012	0:52.42*
4x100 Meter Relay	East Orange Campus	2019	0:42.19*
4x400 Meter Relay	Montclair	1984	3:16.0
4x800 Meter Relay	Ridge	2022	7:52.01*
Shot Put	Nicholas Vena, Morristown	2011	72'07.25"
Discus	Mike Columbus, Scotch Plains-FW	1974	194'09.00"
#New Javelin	Stephan Burk, Parsippany	2012	205'10.00"
<i>Javelin</i>	<i>John Tullo, Morris Hills</i>	<i>1982</i>	<i>219'00.00"</i>
Long Jump	Brad Mayo, West Orange	1984	24'05.00"
Triple Jump	Eric Bethea, Piscataway	2015	49'06.00"
High Jump	Eric Taylor-Perry, Montclair	1990	7'00.00"
Pole Vault	Bradley Jelmert, Watchung Hills	2019	16'01.50"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

NORTH 2 RECORDS

GROUP I BOYS

100 Meter Dash	Che Colter, Glen Ridge	2001	0:10.6
	Jared Paterson, Belvidere	2002	0:10.6
200 Meter Dash	Paul Frazier, Roselle (Abe Clark)	1981	0:21.8
400 Meter Dash	Ryan Malloy, Bound Brook	2006	0:48.78*
800 Meter Run	Patrick Rono, Lyndhurst	2011	1:53.28*
1600 Meter Run	Patrick Rono, Lyndhurst	2010	4:20.51*
3200 Meter Run	Dave Oster, Verona	2010	9:17.35*
110 Meter High Hurdles	James Jean, Weequahic	2016	0:14.37
400 Meter Intermediate Hurdles	James Jean, Weequahic	2016	0:54.36*
4x100 Meter Relay	Malcolm X Shabazz	2014	0:43.00*
4x400 Meter Relay	Science (Newark)	1995	3:24.1
4x800 Meter Relay	New Providence	2016	8:23.99*
Shot Put	Fred Kurtz, Glen Ridge	1968	57'00.00"
Discus	Pete Anderson, Glen Ridge	1981	162'06.00"
#New Javelin	Mark Urness, New Providence	2016	196'08.00"
Javelin	Don Fisher, Cedar Grove	1970	206'09.00"
Long Jump	Chris Madeira, Kenilworth	1987	22'04.50"
Triple Jump	Orestes Medina, Palisades Park	2005	45'00.00"
High Jump	Brandon Baskerville, Essex Tech-Market Street	2010	6'08.00"
Pole Vault	Mike Remus, Cedar Grove	1973	14'03.25"

2021 Team Champion: New Providence High School – 145 Points

2022 Team Champion: Whippany Park – 161 Points

GROUP II BOYS

100 Meter Dash	Emmit Brown, Orange	1981	0:10.6
	Mike Fullman, Roselle (Abe Clark)	1992	0:10.6
200 Meter Dash	Zamir Thomas, Snyder	2011	0:21.66*
400 Meter Dash	George Cooper, Central (Newark)	1983	0:47.9
800 Meter Run	Mike Carmody, Governor Livingston	2004	1:51.21*
1600 Meter Run	Mark Hagelgans, Whippany Park	1974	4:18.8
3200 Meter Run	Tom Green, Central (Newark)	1974	9:12.5
110 Meter High Hurdles	Isaiah Greene, West Side	2018	0:14.06
400 Meter Intermediate Hurdles	Bruce Berry, West Orange	1984	0:52.8
4x100 Meter Relay	Hanover Park	2017	0:43.33*
4x400 Meter Relay	Central (Newark)	1983	3:17.4
4x800 Meter Relay	Whippany Park	2016	8:06.71*
Shot Put	Dan Bulger, Pequannock	1985	59'00.00"
Discus	Justin Garth, Parsippany Hills	2018	177'09.00"
#New Javelin	Stephan Burk, Parsippany	2012	205'10.00"
Javelin	Fred Gebhardt, Jefferson Townshp	1982	198'06.00"
Long Jump	Brad Mayo, West Orange	1984	24'05.00"
Triple Jump	Chris Phipps, Lodi	2008	47'09.00"
High Jump	Joe Lake, Hackettstown	1989	6'10.00"
	Lemon Hamilton, Rahway	1991	6'10.00"
	James Bell, West Side	2019	6'10.00"
Pole Vault	Anthony Abitante, Governor Livingston	2005	15'06.00"

2021 Team Champion: Parsippany High School – 74 Points

2022 Team Champion: Parsippany High School - 84 Points

Group III BOYS

100 Meter Dash	Danny Johnson, Rahway	2000	0:10.3
200 Meter Dash	Danny Johnson, Rahway	2001	0:21.1
400 Meter Dash	Keith Barker, Weequahic	1992	0:47.3
800 Meter Run	Jeff Bonner, Morris Hills	1984	1:53.0
1600 Meter Run	Blake Upland, Millburn	2010	4:12.00*
3200 Meter Run	Tyler Upland, Millburn	2010	9:16.00*
110 Meter High Hurdles	Nate Austin, Rahway	1972	0:14.0
400 Meter Intermediate Hurdles	Paul Quitzau, Mount Olive	1983	0:52.7
4x100 Meter Relay	Colonia	2017	0:43.00*
4x400 Meter Relay	Weequahic	1992	3:18.7
4x800 Meter Relay	Hopewell Valley	2018	8:00.21*
Shot Put	Nicholas Vena, Morristown	2011	72'07.25"
Discus	Nicholas Vena, Morristown	2011	185'09.00"
#New Javelin	Frank Mellana, Scotch Plains-Fanwood	2010	197'08.00"
Javelin	John Tullo, Morris Hills	1982	219'00.00"
Long Jump	Todd Baskerville, Rahway	1984	23'08.50"
Triple Jump	Joseph Oduro, South Plainfield	2022	48'06.00"
High Jump	Alex Willis, Montgomery	2004	6'08.25"
Pole Vault	Will Nesbitt, Millburn	1980	15'03.00"

2021 Team Champion: Irvington High School – 76 Points

2022 Team Champion: Randolph High School - 93 Points

Group IV BOYS

100 Meter Dash	Anthony Swan, Montclair	1985	0:10.3
200 Meter Dash	Howard Coburn, Montclair	1981	0:20.9
400 Meter Dash	Walt James, East Orange	1980	0:47.12
800 Meter Run	Gabrial Rodriguez, Union	2022	1:50.82
1600 Meter Run	J.J. Clark, Columbia	1982	4:10.2
3200 Meter Run	Jackson Barna, Ridge	2022	8:59.92
110 Meter High Hurdles	Renaldo Nehemiah, Scotch Plains-Fanwood	1977	0:13.2
400 Meter Intermediate Hurdles	Jonathan Petit-Homme, Linden	2012	0:52.42*
4x100 Meter Relay	East Orange Campus	2019	0:42.19*
4x400 Meter Relay	Montclair	1984	3:16.0
4x800 Meter Relay	Ridge	2022	7:52.01*
Shot Put	Christopher Staton, Franklin	2012	64'10.00"
Discus	Mike Columbus, Scotch Plains-Fanwood	1974	194'09.00"
#New Javelin	Brandon Heroux, Westfield	2009	202'04.00"
Javelin	David Farnsworth, Scotch Plains-Fanwood	1974	194'09.00"
Long Jump	Sherman Gramby, Elizabeth	1986	24'00.00"
Triple Jump	Eric Bethea, Piscataway	2015	49'06.00"
High Jump	Eric Taylor-Perry, Montclair	1990	7'00.00"
Pole Vault	Bradley Jelmert, Watchung Hills	2019	16'01.50"

2021 Team Champion: Ridge High School – 104 Points

2022 Team Champion: Elizabeth High School - 93 Points

NORTH 2 SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1968	Glen Ridge	Clifford Scott	Millburn	East Orange
1970	Cedar Grove	Springfield	Millburn	East Orange
1971	Roselle Park	Springfield	Rahway	Westfield
1972	Whippany Park	Springfield	Millburn	Westfield
1973	Cedar Grove	Parsippany	Springfield	Westfield
1974	Glen Ridge	Vailsburg	Millburn	Montclair
1975	Glen Ridge	Whippany Park	Parsippany	Plainfield
1976	Glen Ridge	New Providence	West Essex	Plainfield
1977	Roselle	New Providence	Morris Hills	Scotch Plains
1978	Cedar Grove	West Side	Morris Hills	Westfield
1979	Roselle Park	Clifford Scott	Weequahic	Plainfield
1980	Roselle Park	Clifford Scott	Rahway	Plainfield
1981	Glen Ridge	Butler	Randolph	Elizabeth
1982	Roselle Park	Vailsburg	Rahway	Elizabeth
1983	Roselle	Clifford Scott	Malcolm X Shabazz	Elizabeth
1984	New Providence	Pequannock	Rahway	Montclair
1985	New Providence	Clifford Scott	Rahway	Montclair
1986	New Providence	Hillside	Vailsburg	Morristown
1987	New Providence	Dover	Mount Olive	Morristown
1988	New Providence	West Side	Hanover Park	Elizabeth
1989	New Providence/University	Rahway	Scotch Plains-Fanwood	Elizabeth
1990	Arts - Newark	Rahway	Randolph	Elizabeth
1991	New Providence/Kenilworth	Roselle	Weequahic	Elizabeth
1992	Whippany Park	Springfield	Weequahic	Elizabeth
1993	New Providence	Hanover Park	Scotch Plains-Fanwood	Columbia
1994	New Providence	Morris Hills	Scotch Plains-Fanwood	Randolph
1995	New Providence	Roselle	Scotch Plains-Fanwood	Randolph
1996	New Providence	Hanover Park	Scotch Plains-Fanwood	Morristown
1997	Arts- Newark	Central - Newark	Scotch Plains-Fanwood	Plainfield
1998	New Providence	Morris Hills	Morristown	Elizabeth
1999	New Providence	Roselle	Scotch Plains-Fanwood	Randolph
2000	New Providence	Hanover Park	Scotch Plains-Fanwood	Elizabeth
2001	Butler	Hanover Park	Scotch Plains-Fanwood	Plainfield
2002	New Providence	Hanover Park	Morris Hills	Morristown
2003	Whippany Park	Parsippany	Morris Hills	Elizabeth
2004	Bernards	Governor Livingston	Phillipsburg	Piscataway
2005	Bernards	Governor Livingston	Montgomery	Phillipsburg
2006	Bound Brook	Parsippany	New Providence	Irvington
2007	McNair Academic	Hanover Park	Scotch Plains-Fanwood	Franklin
2008	Whippany Park	Hanover Park	Morristown	Franklin
2009	Whippany Park	Governor Livingston	Rahway	Plainfield
2010	Whippany Park	Summit	Irvington	Franklin
2011	Lyndhurst	Governor Livingston	Rahway	Piscataway
2012	Weequahic	Hanover Park	West Morris Mendham	Franklin
2013	Essex Co Tec Market	Hanover Park	West Morris Mendham	Franklin
2014	Malcolm X Shabazz	Ridgefield Park	West Morris Mendham	Phillipsburg
2015	Weequahic	Bernards/West Essex	West Morris Mendham	East Orange
2016	Weequahic	West Essex	Rahway	East Orange/Elizabeth

Year	Group I	Group II	Group III	Group IV
2017	New Providence	Fort Lee	WWP-North	East Orange
2018	New Providence	West Side	Rahway	North Hunterdon
2019	New Providence	Parsippany	Summit	Elizabeth
2020	State Meet Canceled – COVID-19			
2021	New Providence	Parsippany	Irvington	Ridge
2022	Whippany Park	Parsippany	Randolph	Elizabeth

Summary of NORTH 2 Sectional Titles

BOYS Sectional Titles

21	New Providence	4	Roselle Park	1	Hillside
14	Elizabeth	4	West Morris Mendham	1	Kennilworth
11	Rahway	4	Westfield	1	Lyndhurst
11	Scotch Plains-Fanwood	3	Cedar Grove	1	McNair Academic
9	Hanover Park	3	Irvington	1	Montgomery
8	Whippany Park	3	Montclair	1	Mount Olive
7	Parsippany	3	Phillipsburg	1	New Brunswick
7	Plainfield	3	Piscataway	1	Pequannock
6	East Orange	3	Vailsburg	1	Ridge
6	Morris Hills	3	West Essex	1	University
6	Morristown	3	West Side	1	West Windsor-Plainsboro N
6	Randolph	2	Arts		
6	Weequahic	2	Butler		
5	Clifford Scott	2	Shabazz		
5	Franklin	2	Summit		
5	Glen Ridge	1	Bound Brook		
5	Roselle	1	Central (Newark)		
5	Springfield	1	Columbia		
4	Bernards	1	Dover		
4	Governor Livingston	1	Essex VT Market Street		
4	Millburn	1	Fort Lee		

Most Consecutive Titles

6	New Providence (1984-1989)	2	Franklin (2007-2008; 2012-2013)
5	Elizabeth (1988-1992)	2	Governor Livingston (2004-2005)
5	Scotch Plains-Fanwood (1993-1997)	2	Hanover Park (2007-2008; 2012-2013)
4	New Providence (1993-1996; 2017-2019; 2021)	2	Montclair (1984-1985)
4	Springfield (1970-1973)	2	Morris Hills (1977-1978; 2002-2003)
4	West Morris Mendham (2012-2015)	2	Morristown (1986-1987)
3	East Orange (2015-2017)	2	New Providence (1976-1977)
3	Elizabeth (1981-1983)	2	Phillipsburg (2004-2005)
3	Glen Ridge (1974-1976)	2	Plainfield (1975-1976; 1979-1980)
3	Hanover Park (2000-2002)	2	Rahway (1984-1985; 1989-1990)
3	New Providence (1998-2000)	2	Randolph (1994-1995)
3	Parsippany (2019; 2021; 2022)	2	Roselle Park (1979-1980)
3	Scotch Plains-Fanwood (1999-2001)	2	Weequahic (2015-2016)
3	Westfield (1971-1973)	2	West Essex (2015-2016)
3	Whippany Park (2008-2010)		
2	Bernards (2004-2005)		
2	Clifford Scott (1979-1980)		

BEST OF THE CENTRAL SECTIONAL MEETS

BOYS

100 Meter Dash	Mario Heslop, Franklin Township	2019	0:10.53*
200 Meter Dash	Rontik Sadler, Dunellen	2010	0:21.00*
400 Meter Dash	Brandon Outlaw	2017	0:46.82*
800 Meter Run	Morgan Murray, S. Brunswick	2014	1:52.86*
1600 Meter Run	John Carlotti, Bernards	1983	4:10.2
3200 Meter Run	Joe Rosa, West Windsor Plainsboro N	2010	9:01.57*
110 Meter High Hurdles	Tykeen Fulton, Trenton	2006	0:13.7
400 Meter Intermediate Hurdles	Christopher Serrao, East Brunswick	2022	0:52.06
4x100 Meter Relay	Pennsauken	2016	0:42.10*
4x400 Meter Relay	Monmouth Regional	2007	3:15.97*
4x800 Meter Relay	Princeton	2018	7:50.36*
Shot Put	Tyrone Garland, Matawan	1993	63'08.50"
Discus	Yemi Ayeni, South Brunswick	2005	204'08.00"
#New Javelin	Rob Mahler, Brick Township	2005	199'00.00"
Javelin	John Amabile, Wall Township	1980	233'01.00"
Long Jump	Emeka Eze, Sayreville	2012	24'04.00"
Triple Jump	Jonathan Pitt, South Brunswick	2013	49'05.00"
High Jump	Bob Jones, East Brunswick	1977	7'00.00"
Pole Vault	Eric Richards, Bridgewater	1981	15'06.00"
	Brian O'Sullivan, Hillsborough	2022	15'06.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

CENTRAL RECORDS

GROUP I BOYS

100 Meter Dash	Efrain Cabrera, Keyport	1988	0:10.6
200 Meter Dash	Rontik Sadler, Dunellen	2010	0:21.00*
400 Meter Dash	Keith Griffith, Florence	2010	0:48.03*
800 Meter Run	Drew Maher, Shore	2018	1:54.10
1600 Meter Run	John Carlotti, Bernards	1983	4:10.2
3200 Meter Run	Chris Blachet, Bernards	1983	9:06.3
110 Meter High Hurdles	Andy Ryba, Mongtomery	1994	0:14.4
400 Meter Intermediate Hurdles	Kyle Edmonds, Metuchen	2006	0:54.5
4x100 Meter Relay	Roselle-Abraham Clark	2018	0:44.02*
4x400 Meter Relay	Roselle-Abraham Clark	2015	3:21.63*
4x800 Meter Relay	Shore Regional	2017	8:11.43*
Shot Put	Felix Lee, Highland Park	1977	61'09.00"
Discus	Matthew Semon, Middlesex	2018	174'03.00"
#New Javelin	Curtis Thompson, Florence	2014	189'02.00"
Javelin	Robert Roggy, Holmdel	1974	197'06.00"
Long Jump	Archil Matsaberidze, Jonathan Dayton	2009	22'11.00"
Triple Jump	Rontik Sadler, Dunellen	2009	45'05.00"
High Jump	Rontik Sadler, Dunellen	2009	6'06.25"
Pole Vault	Joe Petrillo, Holmdel	1977	14'07.00"

2021 Team Champion: Willingboro High School – 103 Points

2022 Team Champion: Jonathan Dayton High School - 105 Points

GROUP II BOYS

100 Meter Dash	Shamali Whittle, Hamilton North	2022	0:10.55*
200 Meter Dash	Shamali Whittle, Hamilton North	2022	0:21.26*
400 Meter Dash	Alexander Sadikov, Ocean Township	2022	0:48.29
800 Meter Run	Rob Novack, Bordentown	2005	1:55.6
1600 Meter Run	Chris Romero, Voorhees	2016	4:18.16
3200 Meter Run	Jack Tavaglione, Voorhees	2022	9:17.18
110 Meter High Hurdles	Stephen Fletcher, Princeton	1983	0:13.9
400 Meter Intermediate Hurdles	Evan Johnson, Ewing	2012	0:53.45*
4x100 Meter Relay	Governor Livingston	2013	0:43.12*
4x400 Meter Relay	Matawan	2017	3:19.65
4x800 Meter Relay	Voorhees	2017	7:55.86*
Shot Put	Jason Bryan, Rumson-Fair Haven	2014	62'05.00"
Discus	Adam Kuehl, Monmouth Regional	2001	197'07.00"
#New Javelin	David Rout, Hopewell Valley	2003	196'03.00"
Javelin	Ralph Yamello, Shore Regional	1972	216'00.00"
Long Jump	Stephon Kelley-Gordon, Carteret	2018	23'05.50"
Triple Jump	Stephon Kelley-Gordon, Carteret	2017	46'09.00"
High Jump	Peter Sharpless, Princeton	1980	6'08.50"
Pole Vault	Craig Hunter, Robbinsville	2012	15'00.00"

2021 Team Champion: Rumson-Fair Haven Regional High School – 102 Points

2022 Team Champion: Rumson-Fair Haven Regional High School - 104 Points

GROUP III BOYS

100 Meter Dash	Dana Ridley, Nottingham	2019	0:10.5*
200 Meter Dash	Clark Waddell, Franklin Township	1983	0:21.4
400 Meter Dash	Brandon Outlaw, Moorestown	2017	0:46.82*
800 Meter Run	Gregory Gomez, Franklin	2003	1:53.87*
1600 Meter Run	Joe Rosa, West Windsor-Plainsboro North	2010	4:12.69*
3200 Meter Run	Joe Rosa, West Windsor-Plainsboro North	2010	9:01.57*
110 Meter High Hurdles	Jeffrey Porter, Franklin	2002	0:13.9
400 Meter Intermediate Hurdles	Greg Christie, Perth Amboy	1997	0:53.1
4x100 Meter Relay	Pennsauken	2017	0:41.86*
4x400 Meter Relay	Monmouth Regional	2007	3:15.97*
4x800 Meter Relay	Middletown North	2014	7:58.91
Shot Put	Tyrone Garland, Matawan	1993	63'08.50"
Discus	Adam Kuehl, Monmouth Regional	2002	194'04.00"
#New Javelin	Gary Johnson, Hamilton West	2006	194'01.00"
Javelin	John Amabile, Wall Township	1980	233'01.00"
Long Jump	Javon Porter, Hamilton	2019	22'10.75"
Triple Jump	Malik Snead, Hamilton West	2015	47'02.00"
High Jump	Milt Goode, Monmouth Regional	1979	6'08.00"
	Greg Falcone, Steinert	1991	6'08.00"
	Tim Upshur, Hamilton West	1997	6'08.00"
	Chris Burns, Hamilton West	2003	6'08.00"
	Jeremy Ellis, Hamilton West	2022	6'08.00"
Pole Vault	Eric Richards, Bridgewater	1981	15'06.00"

2021 Team Champion: Pennsauken High School – 116 Points

2022 Team Champion: Middletown High School North – 128 Points

GROUP IV BOYS

100 Meter Dash	Mario Heslop, Franklin Township	2019	0:10.53*
200 Meter Dash	Bryant McCombs, Old Bridge	2006	0:21.1
400 Meter Dash	Mario Heslop, Franklin Township	2018	0:47.14*
800 Meter Run	Morgan Murray, South Brunswick	2014	1:52.86*
1600 Meter Run	Sam Macalsuo, West Windsor-Plainsboro South	2010	4:14.63*
3200 Meter Run	Nikhil Pulimood, West Windsor-Plainsboro South	2015	9:17.67*
110 Meter High Hurdles	Tykeen Fulton, Trenton	2006	0:13.7
400 Meter Intermediate Hurdles	Christopher Serrao, East Brunswick	2022	0:52.06
4x100 Meter Relay	Franklin Township	2016	0:42.31*
4x400 Meter Relay	Trenton Central	2012	3:18.42*
4x800 Meter Relay	Princeton	2018	7:50.36*
Shot Put	John Wojciechowski, Madison	1990	60'10.75"
Discus	Yemi Ayeni, South Brunswick	2005	204'08.00"
#New Javelin	Rob Mahler, Brick Township	2005	199'00.00"
Javelin	Erik Bernstein, Middletown South	1983	220'03.00"
Long Jump	Emeka Eze, Sayreville	2012	24'04.00"
Triple Jump	Jonathan Pitt, South Brunswick	2013	49'05.00"
High Jump	Bob Jones, East Brunswick	1977	7'00.00"
Pole Vault	Brian O'Sullivan, Hillsborough	2022	15'06.00"

2021 Team Champion: South Brunswick High School – 122 Points

2022 Team Champion: South Brunswick High School – 133.50 Points

CENTRAL SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1968	Pt. Pleasant Beach	Highland Park	Lakewood	Union
1969	Bernards	Highland Park	Lakewood	Union
1970	Bernards/Pt Pleasant Beach	Metuchen	Madison Twp.	Union
1971	Bernards	Highland Park	Metuchen	Middletown
1972	Manville	Metuchen	Monmouth	Hamilton
1973	Bernards	Somerville	Carteret	Neptune
1974	Highland Park	Hillsborough	Monmouth	East Brunswick
1975	Bernards	South Brunswick	Franklin	Neptune
1976	Bernards	Somerville	Franklin	Trenton
1977	Bernards	Metuchen/Somerville	Asbury Park	Trenton
1978	Holmdel	Asbury Park	Monmouth	Trenton
1979	Bernards	Voorhees	Monmouth	Franklin
1980	Middlesex	South Brunswick	Ewing	Trenton
1981	Highland Park	Princeton/Asbury Park	Ewing	Trenton
1982	Bernards	Asbury Park	Long Branch	Neptune
1983	Bernards	Asbury Park	Franklin	Trenton
1984	Bernards	Asbury Park	Franklin	Trenton
1985	Bernards	Asbury Park	Franklin	Neptune
1986	Manville	Asbury Park	Princeton	Trenton
1987	Bernards	Monmouth	Princeton	Trenton
1988	Asbury Park	Monmouth	Hamilton East	Trenton
1989	Bound Brook	Princeton	Franklin	Trenton
1990	Highland Park	Hopewell Valley	Franklin	Trenton
1991	Metuchen	Asbury Park	North Hunterdon	Manalapan
1992	Montgomery	Asbury Park	North Hunterdon	Trenton
1993	Metuchen	Asbury Park	Franklin	Piscataway
1994	Metuchen	Asbury Park	Matawan	Trenton
1995	Metuchen	Asbury Park	Matawan	Hillsborough
1996	Metuchen	Matawan	Franklin	Piscataway
1997	Metuchen	Hopewell Valley	Franklin	Hunterdon Central
1998	Metuchen	Holmdel	Ocean Township	Piscataway
1999	Metuchen	Holmdel	Ewing	Old Bridge
2000	Metuchen	Hopewell Valley	Ewing	Hillsborough
2001	Metuchen	Somerville	Ewing	Piscataway
2002	Metuchen	Somerville	Monmouth Regional	Old Bridge
2003	Metuchen	Somerville	Ewing	Hillsborough
2004	Metuchen	Somerville	Willingboro	Old Bridge
2005	Metuchen	Somerville	Willingboro	Old Bridge
2006	Metuchen	Somerville	Monmouth Regional	Old Bridge
2007	Metuchen	Somerville	Monmouth Regional	Trenton
2008	Metuchen	Somerville & Ewing	W. Windsor-Plains North	Trenton
2009	Dunellen	Matawan	W. Windsor-Plains North	Freehold Township
2010	Dunellen	Matawan	W. Windsor-Plains North	East Brunswick
2011	Robbinsville	Matawan	Hamilton North	East Brunswick
2012	Metuchen	Rahway	Northern Burlington	Trenton
2013	Metuchen	Governor Livingston	Colts Neck	South Brunswick

Year	Group I	Group II	Group III	Group IV
2014	Metuchen	Matawan	Middletown North	Sayreville
2015	Metuchen	Matawan	Hamilton North	Old Bridge
2016	Metuchen	Matawan	Ocean Township	Franklin Twp.
2017	Shore Regional	Matawan	Moorestown	Franklin Twp.
2018	Riverside	Matawan	W. Windsor-Plains North	Princeton
2019	Willingboro	Matawan	Nottingham	Franklin Twp.
2020	State Meet Canceled – COVID-19			
2021	Willingboro	Rumson-Fair Haven	Pennsauken	South Brunswick
2022	Jonathan Dayton	Rumson-Fair Haven	Middletown North	South Brunswick

Summary of CENTRAL Sectional Titles

BOYS Sectional Titles

26	Metuchen	3	Hamilton North	1	Hunterdon Central
18	Trenton	3	Holmdel	1	Long Branch
17	Franklin	3	Hopewell Valley	1	Madison
15	Asbury Park	3	Union	1	Manalapan
13	Bernards	2	Dunellen	1	Middletown
12	Matawan	2	Manville	1	Middlesex
11	Somerville	2	Middletown North	1	Middleton
8	Monmouth Regional	2	North Hunterdon	1	Montgomery
7	Ewing	2	Ocean Township	1	Moorestown
6	Highland Park	2	Pt. Pleasant Beach	1	Northern Burlington
6	Old Bridge	2	Rumson-Fair Haven	1	Pennsauken
5	Princeton	1	Bound Brook	1	Rahway
5	South Brunswick	1	Carteret	1	Riverside
4	Hillsborough	1	Colts Neck	1	Robbinsville
4	Neptune	1	Johnathan Dayton	1	Sayreville
4	Piscataway	1	Freehold Township	1	Shore Regional
4	West Winsor-Plainsboro North	1	Governor Livingston	1	Voorhees
4	Willingboro	1	Hamilton		
3	East Brunswick	1	Hamilton East		

Most Consecutive Titles

16	Metuchen (1993-2008)	2	Asbury Park (1977-1978)
8	Somerville (2001-2008)	2	Dunellen (2009-2010)
6	Asbury Park (1981-1986)	2	East Brunswick (2010-2011)
6	Matawan (2014-2019)	2	Ewing (1980-1981)
5	Asbury Park (1991-1995)	2	Franklin (1975-76; 1989-90; 1996-97; 2016-17)
5	Metuchen (2012-2016)	2	Highland Park (1968-1969)
5	Trenton (1986-1990)	2	Holmdel (1998-1989)
4	Bernards (1982-1985)	2	Matawan (1994-1995)
3	Bernards (1969-1972; 1975-1977)	2	Monmouth (1978-79; 1987-88; 2006-07)
3	Ewing (1999-2001)	2	North Hunterdon (1991-1992)
3	Franklin (1983-1985)	2	Princeton (1986-1987)
3	Matawan (2009-2011)	2	Somerville (1976-1977)
3	Metuchen (1970-1972)	2	Trenton (1980-81; 1983-84; 2007-08)
3	Old Bridge (2004-2006)	2	Willingboro (2004-2005; 2019; 2021)
3	Trenton (1976-1978)	1	Rumson-Fair Haven (2021-2022)
3	Union (1968-1970)	1	South Brunswick (2021-2022)
3	West Windsor-Plainsboro North (2008-2010)		

BEST OF THE SOUTH SECTIONAL MEETS

BOYS

100 Meter Dash	John Stone, Mainland	1997	0:10.2
200 Meter Dash	Chuck Carter, Eastern	1985	0:20.8
400 Meter Dash	Dennis Mitchell, Edgewood	1984	0:46.4
800 Meter Run	John Richardson, Ocean City	2003	1:52.8
1600 Meter Run	Kyle Rakitis, Kingsway	2021	4:08.58
3200 Meter Run	Jackson Braddock, Southern	2021	8:55.46
110 Meter High Hurdles	Danyne Brown, Camden	1999	0:13.4
	Dwight Ruff, Camden	2001	0:13.4
400 Meter Intermediate Hurdles	Dwight Ruff, Camden	2001	0:51.0
4x100 Meter Relay	Bridgeton	2018	0:42.20*
4x400 Meter Relay	Egg Harbor Township	2017	3:16.24
4x800 Meter Relay	Haddonfield	2015	7:52.11*
Shot Put	Braheme Days, Bridgeton	2013	64'10.00"
Discus	Ron Dayne, Overbrook	1995	198'00.00"
#New Javelin	Nickolas Mirabelli, Rancocas Valley	2018	209'02.00"
Javelin	<i>Ron Thompson, Collingswood</i>	<i>1968</i>	<i>219'08.00"</i>
Long Jump	Gerard Reynolds, Willingboro	1990	25'01.50"
Triple Jump	Khaliel Burnett, Delsea	2018	50'04.00"
High Jump	Robert Jordan, Millville	1999	7'02.00"
Pole Vault	Brandon Kurtz, Absegami	1991	15'07.00"
	Jordan Subai, Toms River North	2010	15'07.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH RECORDS

GROUP I BOYS

100 Meter Dash	James Brown, Glassboro	2009	0:10.47*
200 Meter Dash	Ken Cooper, Woodbury	1981	0:21.6
	Willie Anderson, Paulsboro	1983	0:21.6
400 Meter Dash	Darrell Bush, Woodbury	2011	0:47.41*
800 Meter Run	Fred Sharpe, Paulsboro	1997	1:53.9
1600 Meter Run	Peyton Shute, Woodbury	2022	4:19.16
3200 Meter Run	Luke Petela, Haddon Township	2015	9:29.52
110 Meter High Hurdles	Kevin White, Haddon Heights	1992	0:13.8
400 Meter Intermediate Hurdles	Fred Sharpe, Paulsboro	1997	0:53.0
4x100 Meter Relay	Salem	2017	0:42.40*
4x400 Meter Relay	Woodbury	2011	3:22.29*
4x800 Meter Relay	Haddon Township	2015	8:09.42*
Shot Put	Jon Kalnas, Paulsboro	1998	64'4.75"
Discus	John Clark, Pennsville	2007	171'8.00"
#New Javelin	Sean Biehn, Burlington City	2008	201'00.00"
Javelin	Wayne Cobbs, Bordentown	1982	202'03.00"
Long Jump	Lamar Sturdivant, Woodbury	1996	23'08.50"
Triple Jump	Ryan Chance, Glassboro	2009	48'03.25"
High Jump	Mike Starks, Haddon Heights	1993	6'10.50"
Pole Vault	Bob Green, Haddon Heights	1992	15'02.00"

2021 Team Champion: Clayton High School – 102 Points

2022 Team Champion: Audubon High School – 96 Points

GROUP II BOYS

100 Meter Dash	Kevin Jones, Pleasantville	81-82	0:10.5
	Ansel Martin, Buena	1994	0:10.5
	Dorian Bryant, Kingsway	2002	0:10.5
200 Meter Dash	Derek Ward, Kingsway	1992	0:21.3
400 Meter Dash	Nick Brown, Bridgeton	1999	0:47.6
800 Meter Run	Jacob Clark, Pleasantville	2012	1:53.12*
1600 Meter Run	Seth Clevenger, Haddonfield	2022	4:13.11
3200 Meter Run	Seth Clevenger, Haddonfield	2022	9:11.07
110 Meter High Hurdles	Bill Newmuis, Penns Grove	1982	0:13.8
400 Meter Intermediate Hurdles	Oliver Paul, Oakcrest	2016	0:53.65*
4x100 Meter Relay	Deptford	2016	0:42.41*
4x400 Meter Relay	Bridgeton	2006	3:19.98*
4x800 Meter Relay	Haddonfield	2015	7:52.11
Shot Put	Braheme Days, Bridgeton	2013	64'10.00"
Discus	John Mooers, Middle Township	2015	185'11.00"
#New Javelin	Cinjun Erskine, Barnegat	2014	188'07.00"
Javelin	Fred DePalma, Penns Grove	1969	211'02.00"
Long Jump	Mike Boone, Burlington City	1990	24'01.25"
Triple Jump	Malachi Whitfield, Overbrook	2018	46'10.25"
High Jump	Scott Knecht, Haddonfield	1979	6'10.00"
Pole Vault	Matt Mancini, Cinnaminson	2006	15'00.00"
	Nico Morales, Delsea	2019	15'00.00"
	Marco Morales, Delsea	2019	15'00.00"

2021 Team Champion: Delsea Regional HS – 101 Points

2022 Team Champion: Willingboro HS – 113 Points

GROUP III BOYS

100 Meter Dash	John Stone, Mainland	1997	0:10.2
200 Meter Dash	Chuck Carter, Eastern	1985	0:20.8
400 Meter Dash	Harold Rollins, Lakewood	1985	0:47.1
800 Meter Run	John Richardson, Ocean City	2003	1:52.8
1600 Meter Run	Justin Branco, Delsea Regional	2015	4:13.23*
3200 Meter Run	Andrew Littlehales, Delsea Regional	2022	9:10.39
110 Meter High Hurdles	Dwayne Brown, Camden	1999	0:13.4
	Dwight Ruff, Camden	2001	0:13.4
400 Meter Intermediate Hurdles	Dwight Ruff, Camden	2001	0:51.0
4x100 Meter Relay	Bridgeton	2018	0:42.20*
4x400 Meter Relay	Willingboro	2001	3:16.8
4x800 Meter Relay	Delsea	2018	7:54.57
Shot Put	Todd Steuber, Toms River South	2017	64'09.50"
Discus	Dan Gilligan, Toms River East	2016	186'07.00"
#New Javelin	Zachary Torrell, Lacey	2011	201'05.00"
<i>Javelin</i>	<i>Ron Thompson, Collingswood</i>	<i>1968</i>	<i>219'08.00"</i>
Long Jump	William Spearman, Wilson	1996	25'00.00"
Triple Jump	Larry Russell, Timber Creek	2018	50'04.00"
High Jump	Mike Morrison, Willingboro	2003	7'01.00"
Pole Vault	Brandon Kurtz, Absegami	1991	15'07.00"

2021 Team Champion: Deptford Township High School – 99 Points

2022 Team Champion: Delsea Regional High School - 105 Points

GROUP IV BOYS

100 Meter Dash	Todd Dutch, Washington Township	2002	0:10.3
200 Meter Dash	Scott McCray, Camden	1983	0:21.1
	Dennis Mitchell, Edgewood	1997	0:21.1
400 Meter Dash	Dennis Mitchell, Edgewood	1984	0:46.4
800 Meter Run	Kyle Rakitis, Kingsway	2021	1:53.13
1600 Meter Run	Kyle Rakitis, Kingsway	2021	4:08.58
3200 Meter Run	Jackson Braddock, Southern Regional	2021	8:55.46
110 Meter High Hurdles	Tony Kiello, Brick Township	1986	0:13.7
	Scott McCray, Camden	1997	0:13.7
400 Meter Intermediate Hurdles	Reuben McCoy, Winslow Township	2004	0:52.24*
4x100 Meter Relay	Atlantic City	2018	0:42.43
4x400 Meter Relay	Egg Harbor Township	2017	3:16.24
4x800 Meter Relay	Rancocas Valley	2017	7:52.90*
Shot Put	Jim Gilligan, Toms River East	1984	62'2"
Discus	Ron Dayne, Overbrook	1995	198'0"
#New Javelin	Nickolas Mirabelli, Rancocas Valley	2018	209'02.00"
<i>Javelin</i>	<i>Greg Garaci, Vineland</i>	<i>1969</i>	<i>216'09.00"</i>
Long Jump	Gerard Reynolds, Willingboro	1990	25'01.50"
Triple Jump	Zakiyy Williams, Rancocas Valley	2015	47'04.25"
High Jump	Robert Jordan, Millville	1999	7'02.00"
Pole Vault	Jordan Subai, Toms River North	2010	15'07.00"

2021 Team Champion: Southern Regional High School – 82 Points

2022 Team Champion: Egg Harbor Township High School – 125 Points

SOUTH SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1968	Kingsway	Clearview	Haddonfield	Vineland
1969	Woodbury			Vineland
1970	Woodbury	Overbrook	Deptford	Camden
1971	Woodbury	Haddon Twp.	Deptford	Trenton
1972	Woodbury	Haddon Twp.	Moorestown	Millville
1973	Woodbury	Edgewood	Highland	Deptford
1974	Woodbury	Audubon	Moorestown	J.F. Kennedy - W'boro
1975	Woodbury	Haddon Heights	Overbrook	J.F. Kennedy - W'boro
1976	Woodbury	Haddon Heights	Overbrook	Millville
1977	Woodbury	Penns Grove	Rancocas Valley	Willingboro
1978	Penns Grove	Delran	Edgewood	Willingboro
1979	Palmyra	Penns Grove	Edgewood	Willingboro
1980	Palmyra	Penns Grove	Edgewood	Willingboro
1981	Woodbury	Penns Grove	Oakcrest	J.F. Kennedy - W'boro
1982	Manchester Twp.	Penns Grove	J.F.Kennedy-W'boro	Willingboro
1983	Haddonfield	Penns Grove	Lakewood	Edgewood
1984	Haddonfield	Penns Grove	Woodrow Wilson	Edgewood
1985	Penns Grove	Manchester Twp.	Lakewood	Edgewood
1986	Penns Grove	Haddon Heights	Willingboro	Camden
1987	Haddonfield	Salem	Ocean City	Edgewood
1988	Haddonfield	Kingsway	Willingboro	Toms River South
1989	Haddon Twp.	Kingsway	Bridgeton	Jackson
1990	Haddon Heights	Cinnaminson	Edgewood	Willingboro
1991	Haddon Twp.	Salem	Bridgeton	Willingboro
1992	Haddon Heights	Cinnaminson	Bridgeton	Shawnee
1993	Haddonfield	Kingsway	Woodrow Wilson	Willingboro
1994	Haddon Heights	Pleasantville	Bridgeton	Vineland
1995	Burlington Twp.	Pleasantville	Bridgeton	Camden
1996	Burlington Twp.	Pleasantville	Mainland	Lenape
1997	Paulsboro	Bridgeton	Manchester Twp.	Camden
1998	Maple Shade	Manchester Twp.	Toms River South	Vineland/Overbrook
1999	Maple Shade	Pleasantville	Toms River South	Millville
2000	Bordentown	Buena	Willingboro	Toms River East
2001	Bordentown	Buena	Camden	Cherokee
2002	Bordentown	Bridgeton	Toms River South	Winslow Township
2003	Bordentown	Cinnaminson	Willingboro	Winslow Township
2004	A. P. Schalick	Bridgeton	Camden	Winslow Township
2005	A.P. Schalick	Bridgeton	Camden	Pennsauken
2006	Woodbury	Bridgeton	Delsea	Winslow Township
2007	Penns Grove	Pleasantville	Delsea	Oakcrest
2008	Penns Grove	Pleasantville	Timber Creek	Absegami
2009	Glassboro	Camden	Timber Creek	Southern Regional
2010	Woodbury	Delsea	Timber Creek	Toms River South
2011	Woodbury	Bridgeton	Timber Creek	Oakcrest
2012	Haddon Township	Willingboro & Pleasantville	Oakcrest	Cherry Hill East
2013	Penns Grove	Sterling	Kingsway	Egg Harbor
2014	Penns Grove	West Deptford	Timber Creek	Kingsway
2015	Haddon Township	Haddonfield	Oakcrest	Rancocas Valley
2016	Penns Grove	Haddonfield	Highland Regional	Trenton Central
2017	Haddon Township	Cinnaminson	Delsea	Egg Harbor

Year	Group I	Group II	Group III	Group IV
2018	Haddon Township	Willingboro	Delsea	Rancocas Valley
2019	Haddon Township	Delsea	Deptford	Egg Harbor Township
2020	State Meet Canceled – COVID-19			
2021	Clayton	Delsea	Deptford	Southern Regional
2022	Audubon	Willingboro	Delsea	Egg Harbor Township

Summary of SOUTH Sectional Titles

BOYS Sectional Titles

17	Willingboro	4	Manchester Township	1	Glassboro
15	Penns Grove	4	Overbrook	1	Jackson Memorial
13	Winslow Township	4	Vineland	1	Lenape
13	Woodbury	3	Millville	1	Mainland
10	Bridgeton	3	Rancocas Valley	1	Oakcrest
9	Haddon Township	2	Audubon	1	Ocean City
8	Camden	2	A.P. Schalick	1	Paulsboro
8	Delsea	2	Buena	1	Pennsauken
8	Haddonfield	2	Burlington Township	1	Shawnee
7	Pleasantville	2	Highland Regional	1	Sterling
6	Haddon Heights	2	Lakewood	1	Trenton Central
6	Kingsway	2	Maple Shade	1	Toms River East
5	Deptford	2	Moorestown	1	West Deptford
5	Oakcrest	2	Palmyra		
5	Timber Creek	2	Salem		
5	Toms River South	2	Southern Regional		
4	Bordentown	2	Woodrow Wilson		
4	Cinnaminson	1	Cherokee		
4	Egg Harbor	1	Clayton		
4	JFK-Willingboro	1	Clearview		
4	Lakewood	1	Delran		

Most Consecutive Titles

10	Penns Grove (1977-1986)	2	Kingsway (1988-1989; 2013-2014)
9	Woodbury (1969-1977)	2	Lakewood (1968-1969)
4	Bordentown (2000-2003)	2	Manchester Township (1997-1998)
4	Delsea (2006-2007; 2017-2019; 2021)	2	Maple Shade (1998-1999)
4	Timber Creek (2008-2011)	2	Oakcrest (2011-2012)
4	Willingboro (1977-1980)	2	Overbrook (1975-1976)
3	Bridgeton (2004-2006)	2	Palmyra (1979-1980)
3	Haddon Township (2017-2019)	2	Penns Grove (2007-2008; 2013-2014)
3	Pleasantville (1994-1996)	2	Pleasantville (2007-2008)
3	Winslow Township (1978-80; 1983-85; 2002-04)	2	Vineland (1968-1969)
2	A.P. Schalick (2004-2005)	2	Willingboro (1990-1991)
2	Bridgeton (1991-1992; 1994-1995)	2	Winslow Township (2002-2003)
2	Buena (2000-2001)	2	Woodbury (2010-2011)
2	Burlington Township (1995-1996)		
2	Camden (2004-2005)		
2	Deptford (1970-1971; 2019; 2021)		
2	Haddon Township (1971-1972)		
2	JFK Willingboro (1974-75; 1981-82)		

BEST OF THE NON-PUBLIC SECTIONAL MEETS

BOYS

100 Meter Dash	Fitzroy Ledgister, St. Peter's Prep	2022	0:10.39
200 Meter Dash	Jabrill Peppers, Paramus Catholic	2017	0:21.21
400 Meter Dash	Najee Glass, St. Peter's Prep	2011	0:47.13
800 Meter Run	Myles Plummer, Union Catholic	2022	1:51.03
1600 Meter Run	Collin Boler, Delbarton	2022	4:09.60
3200 Meter Run	Shane Brosnan, Union Catholic	2022	9:09.08
110 Meter High Hurdles	Selwyn Maxwell, Don Bosco	2011	0:14.26
400 Meter Intermediate Hurdles	Nick Givan, Union Catholic	2022	0:52.48
4x100 Meter Relay	Bergen Catholic	2022	0:41.93
4x400 Meter Relay	Don Bosco	2011	3:20.28
4x800 Meter Relay	Saint Peter's Prep	2014	7:57.34
Shot Put	C.J. Licata, Gill St. Bernard's	2018	64'01.25"
Discus	Benjamin Shue, Bergen Catholic	2022	198'05.00"
#New Javelin	Chris Mirabelli, Holy Cross	2014	211'02.00"
Long Jump	Fitzroy Ledgister, St. Peter's Prep	2022	23'06.50"
Triple Jump	Kam Coleman, Christian Brothers	2022	47'00.50"
High Jump	Chazz Patterson, Trenton Catholic	2010	6'06.00"
	Adonis McGee, St. Peter's Prep	2018	6'06.00"
	Chris Brown, Christian Brothers	2022	6'06.00"
Pole Vault	Mike Cresanti-Daknis, CBA	2014	14'06.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

History of Sectional Titles – Non-Public

Year	North A	North B	South A	South B
2010	Don Bosco - 137	Morris Catholic - 83	Christian Brothers - 97	Pingry - 102
2011	Don Bosco - 162	Oratory Prep - 144	Christian Brothers - 184	St. Joseph-Ham - 102
2012	Union Catholic – 184	Immaculate Con M-114	Christian Brothers - 174	Pingry – 130
2013	Union Catholic - 150	Oratory Prep - 91	Christian Brothers – 138.5	Pingry – 158
2014	Don Bosco – 140.5	Newark Academy - 88	Union Catholic - 192	Pingry - 159
2015	Seton Hall – 123	Hudson Catholic – 151	Union Catholic – 153	St. Joseph Hamm. - 111
2016	Seton Hall – 102	Newark Academy – 95	Christian Brothers – 202	St. Rose - 107
2017	St. Peter's Prep – 120	Dwight-Englewood – 120	Christian Brothers – 198	Mater-Dei Prep - 130
2018	Delbarton – 124	Dwight-Englewood – 149	Christian Brothers – 138	Mater Dei Prep - 157
2019	St. Peter's Prep – 163	Montclair Kimberley – 108	Christian Brothers – 159	Mater Dei Prep - 148
2020	State Meet Canceled – COVID-19			
2021	**One year "pilot" the elimination of Non-Public Sectionals and replaced with a combined sectional-group meet**			
2022	Seton Hall - 131	Newark Academy - 164	Union Catholic - 224	St. Rose - 121

NORTH RECORDS

NON-PUBLIC A BOYS

100 Meter Dash	Fitzroy Ledgister, St. Peter's Prep	2022	0:10.39
200 Meter Dash	Fitzroy Ledgister, St. Peter's Prep	2022	0:21.29
400 Meter Dash	Najee Glass, St. Peter's Prep	2011	0:47.13
800 Meter Run	Collin Boler, Delbarton	2022	1:51.10
1600 Meter Run	Collin Boler, Delbarton	2022	4:09.60
3200 Meter Run	Brian Boler, Delbarton	2022	9:13.90
110 Meter High Hurdles	Selwyn Maxwell, Don Bosco	2011	0:14.26
400 Meter Intermediate Hurdles	Ryan Matulonis, Seton Hall	2022	0:53.17
4x100 Meter Relay	Bergen Catholic	2022	0:41.93
4x400 Meter Relay	Don Bosco	2011	3:20.28
4x800 Meter Relay	Saint Peter's Prep	2014	7:57.34
Shot Put	Benjamin Shue, Bergen Catholic	2022	60'09.00"
Discus	Benjamin Shue, Bergen Catholic	2022	198'05.00"
#New Javelin	Dean Sullivan, Delbarton	2011	200'11.00"
Long Jump	Fitzroy Ledgister, St. Peter's Prep	2022	23'06.50"
Triple Jump	Gregory Hazell, Don Bosco	2011	46'11.00"
High Jump	Adonis McGee, St. Peter's Prep	2018	6'06.00"
	Jeffrey Cianfrocca, Delbarton	2022	6'06.00"
Pole Vault	Michael Baselice, Don Bosco	2011	14'00.00
	Mike Benz, Delbarton	2013	14'00.00"

2022 Team Champion: Seton Hall Prep – 131 Points

NON-PUBLIC B BOYS

100 Meter Dash	Isiah Udofia, Montclair Kimberley	2022	0:10.77
200 Meter Dash	Isiah Udofia, Montclair Kimberley	2022	0:21.84
400 Meter Dash	Evander Pierre, Hudson Catholic	2015	0:49.14
800 Meter Run	Josiah Hanko, Trinity Christian	2013	1:57.80
1600 Meter Run	Bill Massey, Montclair Kimberley	2016	4:20.43
3200 Meter Run	Josiah Hanko, Trinity Christian	2013	9:39.73
110 Meter High Hurdles	Deron Jennings, Immaculate Conception Montclair	2011	0:15.34
400 Meter Intermediate Hurdles	Courtney Johnson, Hudson Catholic	2017	0:55.80
4x100 Meter Relay	Montclair Kimberley	2019	0:44.43
4x400 Meter Relay	Montclair Kimberley	2012	3:31.43
4x800 Meter Relay	Newark Academy	2014	8:23.48
Shot Put	Joe Licata, Gill St. Bernard's	2022	60'08.50"
Discus	Joe Licata, Gill St. Bernard's	2022	161'11.00"
#New Javelin	Kieran Powell, Montclair Kimberley	2012	173'08.00"
Long Jump	Isiah Udofia, Montclair Kimberley	2022	23'04.25"
Triple Jump	Isiah Udofia, Montclair Kimberley	2022	45'06.25"
High Jump	Isaiah Harris, Immaculate Conception Montclair	2010	6'04.00"
	Cleveland McDaniel, Eastern Christian	2012	6'04.00"
	Tomatse Ogedegbe, Hudson Catholic	2016	6'04.00"
Pole Vault	Ike Osbun, Montclair Kimberley	2014	14'03.00"

2022 Team Champion: Newark Academy – 164 Points

SOUTH RECORDS

NON-PUBLIC A BOYS

100 Meter Dash	Stefone Noore-Green, Paul VI	2014	0:10.86(T)
	Mike Zupko, Christian Brothers Academy	2016	0:10.86
200 Meter Dash	Antonio Tarantino, Paul VI	2017	0:21.21
400 Meter Dash	Nick Givan, Union Catholic	2022	0:47.78
800 Meter Run	Myles Plummer, Union Catholic	2022	1:51.03
1600 Meter Run	Jimmy Wischusen, Union Catholic	2022	4:09.87
3200 Meter Run	Shane Brusnan, Union Catholic	2022	9:09.08
110 Meter High Hurdles	Nick Givan, Union Catholic	2022	0:14.43
400 Meter Intermediate Hurdles	Nick Givan, Union Catholic	2022	0:52.48
4x100 Meter Relay	Union Catholic	2019	0:42.99
	Union Catholic	2022	0:42.99
4x400 Meter Relay	Christian Brothers Academy	2014	3:21.55
4x800 Meter Relay	Christian Brothers Academy	2014	7:58.11
Shot Put	Dan Mead, Christian Brothers Academy	2018	58'09.00"
Discus	Tyler Mayerhoff, Christian Brothers Academy	2022	175'07.00"
#New Javelin	Chris Mirabelli, Holy Cross	2014	211'02.00"
Long Jump	Zack McDermott, Christian Brothers Academy	2012	22'04.50"
Triple Jump	Kam Coleman, Christian Brothers Academy	2022	47'00.50"
High Jump	Zach Aanstoots, Pingry	2018	6'06.00"
	Chris Brown, Christian Brothers Academy	2022	6'06.00"
Pole Vault	Mike Cresanti-Daknis, Christian Brothers Academy	2014	14'06.00"

2022 Team Champion: Union Catholic – 224 Points

NON-PUBLIC B BOYS

100 Meter Dash	Caleb Williams, St. Joseph Hammonton	2015	0:10.76
200 Meter Dash	Caleb Williams, St. Joseph Hammonton	2014	0:21.91
400 Meter Dash	Ahmad Brown, Holy Spirit	2018	0:49.58
	Shalon Wallace, Wardlaw-Hartridge	2018	0:49.58
800 Meter Run	Brian Theobald, St. Rose	2022	1:56.54
1600 Meter Run	Brian Steck, Gill St. Bernard's	2012	4:22.85
3200 Meter Run	Liam Mullett, Pingry	2014	9:34.03
110 Meter High Hurdles	Robert Hugin, Pingry	2011	0:15.40
400 Meter Intermediate Hurdles	Robert Hugin, Pingry	2011	0:56.98
4x100 Meter Relay	St. Joseph Hammonton	2015	0:42.88
4x400 Meter Relay	Holy Spirit	2018	3:28.66
4x800 Meter Relay	Pingry	2016	8:18.81
Shot Put	C.J. Licata, Gill St. Bernard's	2018	64'01.25"
Discus	C.J. Licata, Gill St. Bernard's	2018	174'00.00"
#New Javelin	Nick DeRosa, Roselle Catholic	2011	190'06.00"
Long Jump	Ben Mitchell, St. Joseph Hammonton	2015	22'03.50"
Triple Jump	Mohamed Diagouraga, Trenton Catholic Academy	2018	44'07.00"
High Jump	Chazz Patterson, Trenton Catholic	2010	6'06.00"
Pole Vault	Garrett McGregor, Pingry	2015	12'06.00"

2022 Team Champion: St. Rose – 121 Points

Summary of NON-PUBLIC Sectional Titles

BOYS Sectional Titles

8	Christian Brothers Academy	1	Delbarton
5	Union Catholic	1	Hudson Catholic
4	Pingry	1	Immaculate Montclair
3	Don Bosco	1	Montclair Kimberley
3	Mater Dei	1	Morris Catholic
3	Seton Hall		
2	Dwight-Englewood		
2	Newark Academy		
2	Oratory Prep		
2	St. Joe's Hammonton		
2	St. Peter's Prep		
2	St. Rose		

Most Consecutive Titles

4	Christian Brothers Academy (2010-13; 2016-19)	2	Don Bosco (2010-2011)
4	Union Catholic (2012-2015)	2	Seton Hall (2015-2016)
3	Mater Dei (2017-2019)		
3	Pingry (2012-2014)		
2	Don Bosco (2010-2011)		
2	Dwight-Englewood (2017-2018)		



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BEST FROM THE SECTIONAL MEETS

GIRLS

100 Meter Dash	Amandi Rhett, Morristown	1998	0:11.10
200 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:23.19
400 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:52.89*
800 Meter Run	Jillian Smith, Southern Regional	2008	2:07.26*
1600 Meter Run	Angelina Perez, Lakeland Regional	2022	4:48.13*
3200 Meter Run	Angelina Perez, Lakeland Regional	2022	10:07.48
100 Meter High Hurdles	Dawn Bowles, Neptune	1988	0:13.30
400 Meter Intermediate Hurdles	Sydney McLaughlin, Union Catholic	2017	0:55.52
4x100 Meter Relay	Piscataway	2014	0:47.14
4x400 Meter Relay	Plainfield	1980	3:44.70
4x800 Meter Relay	West Windsor Plainsboro South	2015	9:15.05
Shot Put (8 pounds)	Alyssa Wilson, Donovan Catholic	2016	54'02.50"
Discus	Jess Woodward, Cherokee	2013	168'00.00"
#New Javelin	Nia Barnes, West Orange	2011	154'05.00"
Javelin	<i>Lynlee Phillips, Shawnee</i>	<i>1999</i>	<i>154'08.00"</i>
Long Jump	Carol Lewis, Willingboro	1981	20'06.00"
Triple Jump	Kaitlin Salisbury, Hawthorne	2015	42'02.75"
High Jump	Tish Edwards, Mater Dei	1981	5'09.50"
Pole Vault	Kelly Burke, Cranford	2010	12'07.00"
	Melissa Purcell, Pascack Valley	2018	12'07.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

BEST OF THE NORTH 1 SECTIONAL MEETS

GIRLS

100 Meter Dash	Cassandra Grant, Passaic	1992	0:11.90
	Nicole Carmichael, Kennedy	1994	0:11.90
	Carlene Cummings, Englewood	1998	0:11.90
	Amma Walcot, Hackensack	2005	0:11.90
200 Meter Dash	Porshe Giddings, East Orange	2007	0:24.34*
400 Meter Dash	Natalie Jorden, Eastside	1982	0:55.10
800 Meter Run	Catherine Pegano, No. Highlands	2014	2:10.96*
1600 Meter Run	Angelina Perez, Lakeland Regional	2022	4:48.13*
3200 Meter Run	Angelina Perez, Lakeland Regional	2022	10:07.48*
100 Meter High Hurdles	Reanda Richards, West Essex	2018	0:13.89
	Andree Celestin, West Orange	2021	0:13.89
400 Meter Low Hurdles	Reanda Richards, West Essex	2018	0:59.04*
4x100 Meter Relay	West Orange	2019	0:48.30*
4x400 Meter Relay	Eastside	1981	3:53.60
4x800 Meter Relay	Ramapo	2014	9:18.56*
Shot Put (8 pounds)	Jessica Molina, Westwood	2016	46'10.00"
Discus	Lisa Parak, Vernon	1987	146'00.00"
#New Javelin	Nia Barnes, West Orange	2011	154'05.00"
<i>Javelin</i>	<i>Jen Austin, Garfield</i>	<i>1999</i>	<i>144'04.00"</i>
Long Jump	Keturah Orjl, Mount Olive	2012	19'07.50"
Triple Jump	Kaitlin Salisbury, Hawthorne	2015	42'2.75"
High Jump	Tiyana Peters, Mt. Olive	2004	5'08.00"
	Jordan Robinson, Morristown	2022	5'08.00"
Pole Vault	Melissa Purcell, Pascack Valley	2018	12'07.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

NORTH 1 RECORDS

GROUP I GIRLS

100 Meter Dash	Kaitlin Salisbury, Hawthorne	2016	0:11.99
200 Meter Dash	Kaitlin Salisbury, Hawthorne	2016	0:25.00
400 Meter Dash	Megan Gasnicki, Park Ridge	2018	0:57.31*
800 Meter Run	Kim Mineo, Glen Rock	2002	2:13.9
1600 Meter Run	Grace Willis, Mountain Lakes	2021	5:08.88
3200 Meter Run	Colette Richter, Mountain Lakes	2012	11:01.79*
100 Meter High Hurdles	Katie Hanley, Glen Rock	1997	0:14.9
400 Meter Low Hurdles	Jillian DiGiacinto, Hasbrouck Heights	2016	1:02.27
4x100 Meter Relay	Hawthorne	2022	0:49.81*
4x400 Meter Relay	Hasbrouck Heights	2016	4:02.00
4x800 Meter Relay	Mountain Lakes	2016	9:59.58*
Shot Put (8 pounds)	Kassandra Ketcho, Hasbrouck Heights	2018	39'09.75"
Discus	Lacey Martens, Secaucus	1998	140'10.00"
#New Javelin	Briana Andreoli, Hawthorne	2022	135'03.00"
<i>Javelin</i>	<i>Chris Bradley, Ridgefield</i>	<i>1982</i>	<i>123'00.00"</i>
Long Jump	Kaitlin Salisbury, Hawthorne	2015	18'03.00"
Triple Jump	Kaitlin Salisbury, Hawthorne	2015	42'02.75"
High Jump	Rebecca Baskinger, Butler	2004	5'06.25"
Pole Vault	Michelle Favre, Saddle Brook	2008	12'01.00"

2021 Team Champion: Hasbrouck Heights - 108 Points

2022 Team champion: Hasbrouck Heights – 165 Points

GROUP II GIRLS

100 Meter Dash	Carlene Cummings, Englewood	1998	0:11.9
200 Meter Dash	Carlene Cummings, Englewood	1995	0:24.7
400 Meter Dash	Kadejah Sellers	2014	0:55.47*
800 Meter Run	Corine Myers, Westwood	2013	2:11.61*
1600 Meter Run	Angelina Perez, Lakeland Regional	2022	4:48.13*
3200 Meter Run	Angelina Perez, Lakeland Regional	2022	10:07.48
100 Meter High Hurdles	Carlene Cummings, Englewood	1998	0:14.4
400 Meter Low Hurdles	Marlo Wehrer, Pequannock	2015	1:02.28*
4x100 Meter Relay	River Dell	2016	0:49.70*
4x400 Meter Relay	Ramapo	2016	3:56.89*
4x800 Meter Relay	Ramsey	2016	9:40.87*
Shot Put (8 pounds)	Jessica Molina, Westwood	2016	46'10.00"
Discus	Casey Sullivan, Northern Valley @ Demarest	2022	132'04.00"
#New Javelin	Nicole Woods, Northern Valley @ Demarest	2022	146'05.00"
<i>Javelin</i>	<i>Michelle Christen, Hawthorne</i>	<i>1978</i>	<i>139'11.00"</i>
Long Jump	Willie Mae Washington, Lodi	1996	18'07.25"
Triple Jump	Gena Pickett, Mahwah	2012	39'03.25"
High Jump	Cheryl Burdick, Ramsey	1998/99	5'06.00"
	Carlie Wilson, Sparta	2018	5'06.00"
	Shannon Hartnett, Lakeland Regional	2022	5'06.00"
Pole Vault	Sydney Woods, Northern Valley @ Demarest	2018	12'06.50"

2021 Team Champion: Northern Valley Regional High School @ Demarest – 139 Points

2022 Team Champion - Northern Valley Regional High School @ Demarest - 106 Points

GROUP III GIRLS

100 Meter Dash	Janay Mitchell, Teaneck	2008	0:12.05*
	Jacqueline Sendgik, Mount Olive	2005	0:12.0
200 Meter Dash	Kayce Darby, Teaneck	2019	0:24.52*
400 Meter Dash	Reanda Richards, West Essex	2018	0:55.45*
800 Meter Run	Catherine Pagano, Northern Highlands	2014	2:10.96*
1600 Meter Run	Catherine Pagano, Northern Highlands	2014	4:49.42*
3200 Meter Run	Josette Norris, Tenafly	2013	10:29.13*
100 Meter High Hurdles	Reanda Richards, West Essex	2018	0:13.89
400 Meter Low Hurdles	Reanda Richards, West Essex	2018	0:59.04
4x100 Meter Relay	Ramapo	2018	0:48.88
4x400 Meter Relay	Sparta	2012	3:53.96*
4x800 Meter Relay	Ramapo	2014	9:18.56*
Shot Put (8 pounds)	Jessica Fazekas, NV Demarest	2002	45'03.00"
Discus	Lisa Parak, Vernon	1987	146'00.00"
#New Javelin	Daina Pucurs, NV Demarest	2004	151'10.00"
Javelin	Jen Austin, Garfield	1999	144'04.00"
Long Jump	Keturah Orji, Mount Olive	2012	19'07.50"
Triple Jump	Keturah Orji, Mount Olive	2014	41'11.00"
High Jump	Tiyana Peters, Mt. Olive	2004	5'08.00"
Pole Vault	Melissa Purcell, Pascack Valley	2018	12'07.00"

2021 Team Champion: Northern Highlands Regional High School – 148 Points

2022 Team Champion: Northern Valley @ Old Tappan – 140.50 Points

GROUP IV GIRLS

100 Meter Dash	Cassandra Grant, Passaic	1992	0:11.9
	Nicole Carmichael, Kennedy	1994	0:11.9
	Amma Walcot, Hackensack	2005	0:11.9
200 Meter Dash	Porshe Giddings, East Orange	2007	0:24.34*
400 Meter Dash	Natalie Jorden, Eastside	1982	0:55.1
800 Meter Run	Kimberly Standridge, Randolph	2007	2:11.77*
1600 Meter Run	Joelle Amaral, Randolph	2010	4:52.29*
3200 Meter Run	Abby Loveys, Randolph	2019	10:25.38
100 Meter High Hurdles	Andree Celestin, West Orange	2021	0:13.89
400 Meter Low Hurdles	Amber Allen, Passaic Tech	2010	1:00.96*
4x100 Meter Relay	West Orange	2019	0:48.30*
4x400 Meter Relay	Eastside	1981	3:53.6
4x800 Meter Relay	Ridgewood	2016	9:32.84*
Shot Put (8 pounds)	Shelby Bigsby, Montclair	2017	43'10.00"
Discus	Sue Piekarz, Clifton	1987	138'01.00"
#New Javelin	Nia Barnes, West Orange	2011	154'05.00"
Javelin	Michele Ziegler, Kearney	1980	132'06.00"
Long Jump	Tymia Joseph, Morris Knolls	2016	18'08.75"
Triple Jump	Consandria Walker, Hackensack	2006	39'08.00"
High Jump	Jordan Robinson, Morristown	2022	5'08.00"
Pole Vault	Kayla Polcari, Ridgewood	2011	12'00.00"

2021 Team Champion: Ridgewood High School – 100.50 Points

2022 Team Champion: Ridgewood High School – 140 Points

NORTH 1 SECTIONAL TEAM WINNERS

YEAR	GROUP I GIRLS	GROUP II GIRLS	GROUP III GIRLS	GROUP IV GIRLS
1976	SECAUCUS – 30	RUTHERFORD – 43	CLIFFSIDE PARK – 35	EASTSIDE – 50
1977	SECAUCUS – 40.5	RUTHERFORD – 72	LINCOLN – 45	EASTSIDE – 52
1978	BOGOTA – 35	HAWTHORNE – 39	RAMSEY – 43	EASTSIDE – 44
1979	PARK RIDGE – 43	SADDLE BROOK – 50	LINCOLN – 38	TEANECK - 56
1980	PARK RIDGE – 50	HOPATCONG/HIGH POINT – 37	WESTWOOD – 37.5	TEANECK – 42
1981	PARK RIDGE – 50	TENAFLY – 42	LINCOLN – 37	EASTSIDE – 47.5
1982	PARK RIDGE – 42	TENAFLY/SADDLE BROOK – 38	WESTWOOD – 37.5	EASTSIDE – 35
1983	SADDLE BROOK -53	TENAFLY – 55	WESTWOOD – 41	RIDGEWOOD – 53
1984	SADDLE BROOK – 35	GARFIELD – 33	NV OLD TAPPAN – 30	RIDGEWOOD – 53
1985	NEW MILFORD – 47	RUTHERFORD - 37	NV OLD TAPPAN – 38.5	RIDGEWOOD – 51
1986	NEW MILFORD – 51	WESTWOOD – 47	WAYNE VALLEY – 36	TEANECK – 40
1987	NEW MILFORD – 44	KITTATINNY – 55	WAYNE VALLEY – 38	RIDGEWOOD – 55.5
1988	WALDWICK – 45	WESTWOOD – 59	WAYNE VALLEY – 40	TEANECK – 46
1989	SADDLE BROOK – 52	WESTWOOD – 59	WAYNE VALLEY – 43	TEANECK – 46
1990	SADDLE BROOK – 45	GARFIELD – 36	PASCACK VALLEY – 40	TEANECK – 46
1991	SADDLE BROOK – 42	GARFIELD – 37	PASCACK VALLEY – 28	HACKENSACK – 39
1992**	SADDLE BROOK – 99	WALLKILL VALLEY – 73	WAYNE VALLEY – 96	HACKENSACK – 84
1993	NEW MILFORD – 67	GLEN ROCK – 99	WAYNE VALLEY – 93	RIDGEWOOD – 118
1994	HASBROUCK HEIGHTS – 69	GLEN ROCK – 136	WAYNE VALLEY - 117	RIDGEWOOD – 95
1995	GLEN ROCK – 187	ENGLEWOOD – 76	RAMSEY – 92	TEANECK – 84
1996	HAWTHORNE – 120	RAMSEY – 100	SPARTA – 55	EASTSIDE – 90
1997	GLEN ROCK – 204	RAMSEY – 103	NV DEMAREST – 77.5	HACKENSACK – 102
1998	HASBROUCK HEIGHTS – 105	RAMSEY – 101	NV DEMAREST – 74	EASTSIDE – 90
1999	MCNAIR ACADEMY – 109.5	RAMSEY – 107	LAKELAND – 115	PASSAIC – 104
2000	GLEN ROCK – 125	RAMSEY – 113	RIVER DELL – 68	PASSAIC – 94
2001	GLEN ROCK – 114	NEWTON – 90.5	NV DEMAREST – 72	RIDGEWOOD – 71
2002	GLEN ROCK – 127	NEWTON – 79	NV DEMAREST – 81	PASSAIC CO VT – 90
2003	GLEN ROCK – 138	NEWTON – 99	SPARTA – 63	HACKENSACK - 103
2004	CRESSKILL – 69.75	INDIAN HILLS – 93	MORRIS KNOLLS – 76	WEST ORANGE – 73
2005	BUTLER – 88	INDIAN HILLS – 134	TEANECK – 91	HACKENSACK – 100.5
2006	BUTLER – 91	RIVER DELL – 92	RAMAPO – 78	RIDGEWOOD – 96
2007	VERONA – 104	INDIAN HILLS – 86.5	RAMAPO – 106.5	RIDGEWOOD – 83
2008	VERONA – 122	RAMSEY – 94	RAMAPO – 87.5	CLIFTON – 76.5
2009	WESTWOOD – 73	MAHWAH – 110	TEANECK – 82	RANDOLPH – 93
2010	WESTWOOD – 97	MAHWAH – 74	SPARTA – 108	RANDOLPH – 93
2011	KINNELON – 78	MAHWAH – 80	SPARTA – 90	RANDOLPH – 98.5
2012	MOUNTAIN LAKES – 99	WESTWOOD – 79	TEANECK – 73	RANDOLPH – 100
2013	HASBROUCK HEIGHTS – 102	RIVER DELL – 98	NORTHERN HIGHLANDS – 83	RANDOLPH – 112
2014	HAWTHORNE – 91	WESTWOOD – 98	NORTHERN HIGHLANDS – 83	RANDOLPH – 93
2015	HASBROUCK HEIGHTS – 119	NV DEMAREST – 115	NORTHERN HIGHLANDS – 126	RANDOLPH – 83
2016	MOUNTAIN LAKES – 111	RIVER DELL – 119	NORTHERN HIGHLANDS – 92.5	RIDGEWOOD – 96
2017	HASBROUCK HEIGHTS – 93.50	RIVER DELL – 96	NORTHERN HIGHLANDS – 110	RANDOLPH 146
2018	HASBROUCK HEIGHTS – 132.50	RIVER DELL – 91	NORTHERN HIGHLANDS – 94.50	RIDGEWOOD - 96
2019	KINNELON – 125.50	NV DEMAREST – 85	NORTHERN HIGHLANDS – 115	RIDGEWOOD – 120.50
2020	STATE MEET CANCELED – COVID-19			
2021	HASBROUCK HEIGHTS – 108	NV DEMAREST – 139	NORTHERN HIGHLANDS – 148	RIDGEWOOD – 100.50
2022	HASBROUCK HEIGHTS - 165	NV DEMAREST - 106	NV OLD TAPPAN – 140.50	RIDGEWOOD - 140

****NEW SCORING INSTITUTED IN 1992: 10, 8, 6, 4, 2, 1**

Summary of NORTH 1 Sectional Titles

GIRLS Sectional Titles

15	Ridgewood	3	Mahway	1	Lakeland
9	Teaneck	3	Newton	1	McNair Academic
9	Westwood	3	Northern Valley @ Old Tappan	1	Middletown North
8	Glen Rock	3	Ramapo	1	Morris Knolls
8	Hasbrouck Heights	3	Rutherford	1	Passaic Co VT
8	Northern Highlands	3	Tenafly	1	Waldwick
8	Northern Valley @ Demarest	2	Butler	1	Wallkill Valley
8	Ramsey	2	Englewood	1	West Orange
8	Randolph	2	Kinnelon		
8	Saddle Brook	2	Mountain Lakes		
7	Eastside	2	Pascack Valley		
7	Wayne Valley	2	Passaic		
5	Hackensack	2	Secaucus		
5	River Dell	2	Verona		
4	Hawthorne	1	Bogota		
4	New Milford	1	Cliffside Park		
4	Park Ridge	1	Clifton		
4	Sparta	1	Cresskill		
3	Garfield	1	High Point		
3	Indian Hills	1	Hopatcong		
3	Lincoln	1	Kittatinny		

Most Consecutive Titles

8	Northern Highlands (2013-2019; 2021)	2	Butler (2005-2006)
7	Randolph (2009-2015)	2	Eastside (1989-1990)
6	Ramsey (1995-2000)	2	Garfield (1990-1991)
4	Glen Rock (2000-2003)	2	Hackensack (1991-1992)
4	Mahwah (2009-2012)	2	Indian Hills (2004-2005)
4	Park Ridge (1979-1982)	2	Northern Highlands (2017-2018)
4	Ridgewood (1983-1985; 2018-2019; 2021-22)	2	NV Old Tappan (1984-1985)
4	Saddle Brook (1989-1992)	2	Pascack Valley (1990-1991)
4	Wayne Valley (1986-1989)	2	Passaic (1999-2000)
3	Eastside (1976-1978)	2	Ramapo (2006-2007)
3	Glen Rock (1993-1995)	2	Rutherford (1976-1977)
3	Hasbrouck Heights (2017-2018; 2021-22)	2	Secaucus (1976-1977)
3	New Milford (1985-1987)	2	Sparta (2010-2011)
3	Newton (2001-2003)	2	Teaneck (1979-1980; 1989-1990)
3	NV Demarest (1997-1998; 2001-2002; 2019;2021-22)	2	Verona (2007-2008)
3	Ridgewood (1987-88; 1993-94; 2006-07;)	2	Westwood (2009-2010)
3	River Dell (2016-2018)		
3	Saddle Brook (1982-1984)		
3	Tenafly (1981-1983)		

BEST OF THE NORTH 2 SECTIONAL MEETS

GIRLS

100 Meter Dash	Aleah Williams, Montclair	1999	0:11.5
200 Meter Dash	Mikele Barber, Montclair	1998	0:23.2
400 Meter Dash	Julia Jackson, Scotch Plains-Fanwood	2022	0:53.69*
800 Meter Run	Katie Hamilton, Westfield	2021	2:09.80
1600 Meter Run	Christine Engle, Mount Olive	1992	4:50.0
3200 Meter Run	MacKenzie Barry, WM Mendham	2013	10:30.36*
100 Meter High Hurdles	Charmain Walker, Plainfield	1996	0:13.6
400 Meter Low Hurdles	Ugonna Ndu, Union	2009	0:59.61*
4x100 Meter Relay	Piscataway	2014	0:47.74*
4x400 Meter Relay	Plainfield	1980	3:44.7
4x800 Meter Relay	Ridge	2016	9:20.36*
Shot Put (8 pounds)	Nickolette Dunbar, Whippany Park	2016	49'00.50"
Discus	Sarah Herskee, WM Mendham	1999	139'05.00"
#New Javelin	Michelle Cintron, Elizabeth	2004	140'10.00"
Javelin	<i>Debbie Cooper, Columbia</i>	<i>1984</i>	<i>146'08.00"</i>
Long Jump	Celine-Jada Brown, Plainfield	2002	19'10.00"
Triple Jump	Faith Bethea, Snyder	2022	40'07.00"
High Jump	Rita Christopher, Linden	1980	5'08.00"
	Tanya Smolin, Randolph	1984-1985	5'08.00"
	Kyaira Wright-Harmon, Franklin	2012	5'08.00"
	Jenna Rogeres, Rutherford	2018	5'08.00"
Pole Vault	Kelly Burke, Cranford	2010	12'07.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

NORTH 2 RECORDS

GROUP I GIRLS

100 Meter Dash	Iana Amsterdam, Essex Co. Tech – Market Street	2012	0:12.17*
200 Meter Dash	Tiffany Weatherford, Science (Newark)	1990	0:24.3
400 Meter Dash	Nicole Candelaria, Essex Co. Tech – Market Street	2012	0:56.34*
800 Meter Run	Cathy Persichetty, Oak Knoll	1981	2:15.3
1600 Meter Run	Jillian Turner, New Providence	2016	5:01.64
3200 Meter Run	Jessica king, Glen Ridge	1994	10:34.2
100 Meter High Hurdles	Leticia Beverly, Science (Newark)	1985	0:14.4
400 Meter Low Hurdles	Nicole Candelaria, Essex Co. Tech – Market Street	2012	1:01.26*
4x100 Meter Relay	Malcolm X. Shabazz	2019	0:49.06*
4x400 Meter Relay	Essex Co. Tech – Market Street	2012	3:57.86*
4x800 Meter Relay	New Providence	2016	9:58.02*
Shot Put (8 pounds)	Nickolette Dunbar, Whippany Park	2013	42'10.50"
Discus	Shirley Baker, Roselle (Abe Clark)	1978	115'06.00"
#New Javelin	Ann Marie Moccia, Wood-Ridge	2009	127'01.00"
Javelin	Alicia Mesina, New Providence	1986	123'06.00"
Long Jump	Collette DeBenedetto, Mountain Lakes	2002	18'02.50"
Triple Jump	Iana Amsterdam, Essex Co. Tech – Market Street	2013	38'09.75"
High Jump	Rebecca Baslomger, Butler	2002	5'06.00"
Pole Vault	Rebecca Slotkin, Verona	2010	11'03.00"

2021 Team Champion: Whippany Park High School – 153 Points

2022 Team Champion: Whippany Park High School – 190 Points

GROUP II GIRLS

100 Meter Dash	Bria Saunders, Parsippany	2014	0:11.91*
200 Meter Dash	Bria Saunders, Parsippany	2014	0:24.05*
400 Meter Dash	Jackie Bobbien, Clifford Scott	1983	0:55.5*
800 Meter Run	Kyra Velock, Mountain Lakes	2017	2:13.45*
1600 Meter Run	Dana Giordano, Bernards	2012	4:51.99*
3200 Meter Run	Dana Giordano, Bernards	2011	10:56.64*
100 Meter High Hurdles	Kishona McCray, Central	2016	0:14.37*
400 Meter Low Hurdles	Kishona McCray, Central	2016	1:00.63*
4x100 Meter Relay	Hanover Park	2016	0:49.41*
4x400 Meter Relay	Vailsburg	1982	3:58.3
4x800 Meter Relay	Summit	2013	9:46.40*
Shot Put (8 pounds)	Nickolette Dunbar, Whippany Park	2016	49'00.50"
Discus	Sarah Herskee, WM Mendham	1999	139'05.00"
#New Javelin	Harmony Marquez, Rutherford	2022	133'10.00"
Javelin	Lisa Kohut, Boonton	1986	132'07.00"
Long Jump	Amethyst Holder, Parsippany	2006	19'03.00"
Triple Jump	Kelly Burke, Cranford	2010	39'04.00"
High Jump	Jenna Rogeres, Rutherford	2018	5'08.00"
Pole Vault	Kelly Burke, Cranford	2010	12'07.00"

2021 Team Champion: Rutherford High School – 82 Points

2022 Team Champion: New Providence High School – 104 Points

Group III GIRLS

100 Meter Dash	Regina Trotter, Weequahic	1991	0:11.8
200 Meter Dash	Toneisha Friday, Franklin	2004	0:24.52*
400 Meter Dash	Symone O'Connor, Franklin	2004	0:55.28*
800 Meter Run	Melanie Thompson, Voorhees	2009	2:11.41*
1600 Meter Run	Christine Engel, Mount Olive	1992	4:50.0
3200 Meter Run	Mackenzie Barry, WM Mendham	2013	10:30.36*
100 Meter High Hurdles	Julie Farrell, Warren Hills	2000	0:14.2
400 Meter Low Hurdles	Josefine Kvist, Ridge	2006	1:01.43*
4x100 Meter Relay	Summit	2017	0:48.60*
4x400 Meter Relay	Woodbridge	2019	3:53.60
4x800 Meter Relay	West Morris Central	2016	9:35.74
Shot Put (8 pounds)	Sarah Bella, WM Mendham	2008	44'03.00"
Discus	Angie Rosamilia, Parsippany Hills	1999	137'02.00"
#New Javelin	Amanda Harmata, Raritan	2009	131'07.00"
Javelin	Rena Antanelis, Randolph	1981	139'07.00"
Long Jump	Josephine Kvist, Ridge	2006	18'10.75"
Triple Jump	Faith Bethea, Snyder	2022	40'07.00"
High Jump	Tanya Smolin, Randolph	1984-1985	5'08.00"
Pole Vault	Julianne Tote, Middletown South	2005	12'00.00"

2021 Team Champion: Middletown High School North – 78 Points

2022 Team Champion: North Hunterdon High School – 128 Points

Group IV GIRLS

100 Meter Dash	Aleah Williams, Montclair	1999	0:11.5
200 Meter Dash	Mikele Barber, Montclair	1998	0:23.2
400 Meter Dash	Julia Jackson, Scotch Plains-Fanwood	2022	0:53.69*
800 Meter Run	Katie Hamilton, Westfield	2021	2:09.80
1600 Meter Run	Eva Glasergreen, North Hunterdon	2015	4:52.74*
3200 Meter Run	Eva Glasergreen, North Hunterdon	2014	10:38.29*
100 Meter High Hurdles	Charmain Walker, Plainfield	1996	0:13.6
400 Meter Low Hurdles	Ugonna Ndu, Union	2009	0:59.61"
4x100 Meter Relay	Piscataway	2014	0:47.74*
4x400 Meter Relay	Plainfield	1980	3:44.7
4x800 Meter Relay	Ridge	2016	9:20.36*
Shot Put (8 pounds)	Kim Hicks, Plainfield	1992	46'09.50"
Discus	Nicole Sims, Plainfield	1993	133'00.00"
#New Javelin	Michelle Cintron, Elizabeth	2004	140'10.00"
Javelin	Debbie Cooper, Columbia	1984	146'08.00"
Long Jump	Celine-Jada Brown, Plainfield	2022	19'10.00"
Triple Jump	Jordan Fields, Columbia	2016	40'06.00"
High Jump	Rita Christopher, Linden	1980	5'08.00"
	Kyaira Wright-Harmon, Franklin	2012	5'08.00"
Pole Vault	Heather Gaughran, Bridgewater-Raritan	2018	11'09.00"

2021 Team Champion: Ridge High School 114.50 Points

2022 Team Champion: Scotch Plains-Fanwood High School – 104 Points

NORTH 2 SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1976	MOUNT OLIVE	HACKETTSTOWN	PEQUANNOCK	MORRISTOWN
1977	MOUNT OLIVE	MADISON	WEST MORRIS	MORRISTOWN
1978	KINNELON/BAYLEY-ELLARD	CENTRAL – NEWARK	WEST MORRIS	MORRISTOWN
1979	GLEN RIDGE	SPRINGFIELD	MORRIS HILLS	LINDEN/PLAINFIELD
1980	GLEN RIDGE	SPRINGFIELD	PARSIPPANY	PLAINFIELD
1981	GLEN RIDGE	WEST MORRIS MENDHAM	VAILSBURG	PLAINFIELD
1982	NEW PROVIDENCE	VAILSBURG	CENTRAL – NEWARK	COLUMBIA
1983	NEW PROVIDENCE	CALDWELL/SPRINGFIELD	RANDOLPH	COLUMBIA
1984	NEW PROVIDENCE	CENTRAL – NEWARK	VAILSBURG	PLAINFIELD
1985	NEW PROVIDENCE	MADISON	RANDOLPH	PLAINFIELD
1986	NEW PROVIDENCE	DOVER	MALCOLM X SHABAZZ	PLAINFIELD
1987	NEW PROVIDENCE	DOVER	CLIFFORD SCOTT	MONTCLAIR
1988	SCIENCE – NEWARK	CENTRAL – NEWARK	CLIFFORD SCOTT	PHILLIPSBURG
1989	SCIENCE – NEWARK	HILLSIDE	CLIFFORD SCOTT	MORRIS KNOLLS
1990	SCIENCE – NEWARK	HACKETTSTOWN	MOUNT OLIVE	MORRIS KNOLLS
1991	SCIENCE – NEWARK	ROSELLE	WEEQUAHIC	COLUMBIA
1992	SCIENCE – NEWARK	ROSELLE	NUTLEY	COLUMBIA
1993	NEW PROVIDENCE	PEQUANNOCK/SUMMIT	NUTLEY	COLUMBIA
1994	SCIENCE – NEWARK	SUMMIT	NUTLEY	COLUMBIA
1995	PEQUANNOCK	MORRIS HILLS	SCOTCH PLAINS-FANWOOD	COLUMBIA
1996	PEQUANNOCK	MORRIS HILLS	SCOTCH PLAINS – FANWOOD	COLUMBIA
1997	KINNELON	MORRIS HILLS	MORRIS KNOLLS	COLUMBIA
1998	ARTS – NEWARK	MORRIS HILLS	JEFFERSON TOWNSHIP	COLUMBIA
1999	SCIENCE – NEWARK	CHATHAM	MORRIS HILLS	ROXBURY
2000	NEW PROVIDENCE	WEST MORRIS MENDHAM	SCOTCH PLAINS-FANWOOD	COLUMBIA
2001	VERONA	GOVERNOR LIVINGSTON	WARREN HILLS	MORRISTOWN
2002	NEW PROVIDENCE	HANOVER PARK	SCOTCH PLAINS-FANWOOD	MONTCLAIR
2003	VERONA	HANOVER PARK	MORRIS KNOLLS	ELIZABETH
2004	VERONA	HANOVER PARK	FRANKLIN	PISCATAWAY
2005	WHIPPANY PARK	HANOVER PARK	MONTGOMERY	COLUMBIA
2006	BOUND BROOK	HANOVER PARK	RIDGE	PLAINFIELD
2007	MCNAIR ACADEMIC	HANOVER PARK	VOORHEES	J.P. STEVENS
2008	WHIPPANY PARK	HANOVER PARK	VOORHEES	RIDGE
2009	VERONA	MADISON	VOORHEES	RIDGE
2010	VERONA	BERNARDS	VOORHESS	COLUMBIA
2011	ESSEX VT - MARKET STREET	BERNARDS	IRVINGTON	COLUMBIA
2012	ESSEX VT – MARKET STREET	BERNARDS	IRVINGTON	COLUMBIA
2013	ESSEX VT – MARKET STREET	BERNARDS	WOODBIDGE	COLUMBIA
2014	WHIPPANY PARK	SUMMIT	WEST MORRIS MENDHAM	COLUMBIA
2015	NEW PROVIDENCE	WHIPPANY PARK	SUMMIT	RIDGE
2016	NEW PROVIDENCE	WHIPPANY PARK	MIDDLETOWN NORTH	COLUMBIA
2017	NEW PROVIDENCE	MOUNTAIN LAKES	MIDDLETOWN NORTH	RIDGE
2018	NEW PROVIDENCE	HANOVER PARK	RAHWAY	NORTH HUNTERDON
2019	WHIPPANY PARK	PARSIPPANY	WOODBIDGE	WATCHUNG HILLS
2020	STATE MEET CANCELED – COVID-19			
2021	WHIPPANY PARK	RUTHERFORD	MIDDLETOWN NORTH	RIDGE
2022	WHIPPANY PARK	NEW PROVIDENCE	NORTH HUNTERDON	SCOTCH PLAINS-FANWOOD

Summary of NORTH 2 Sectional Titles

GIRLS Sectional Titles

17	Columbia	3	Nutley	1	Hillside
14	New Providence	3	Springfield	1	J.P. Stevens
8	Hanover Park	3	Vailsburg	1	Jefferson
7	Plainfield	3	West Morris	1	Linden
7	Science	3	West Morris Mendham	1	McNair Academic
6	Ridge	2	Dover	1	Mountain Lakes
6	Verona	2	Hackettstown	1	Montgomery
6	Whippany Park	2	Irvington	1	Phillipsburg
5	Morris Hills	2	Kinnelon	1	Piscataway
5	Scotch Plains-Fanwood	2	Montclair	1	Rahway
4	Bernards	2	North Hunterdon	1	Roxbury
4	Central (Newark)	2	Parsippany	1	Rutherford
4	Morris Knolls	2	Randolph	1	Shabazz
4	Morristown	2	Roselle	1	Warren Hills
4	Pequannock	2	Woodbridge	1	Watchung Hills
4	Summit	1	Arts	1	Weequahic
4	Voorhees	1	Bayley-Ellard	1	Whippany Park
3	Clifford Scott	1	Bound Brook		
3	Essex VT – Market Street	1	Caldwell		
3	Glen Ridge	1	Chatham		
3	Madison	1	Elizabeth		
3	Middletown North	1	Franklin		
3	Mount Olive	1	Governor Livingston		

Most Consecutive Titles

8	Columbia (1991-1998)	2	Dover (1986-1987)
7	Hanover Park (2002-2008)	2	Irvington (2011-2012)
6	New Providence (1982-1987)	2	Middletown North (2016-2017)
5	Columbia (2010-2014)	2	Morris Knolls (1989-1990)
5	Morris Hills (1995-1999)	2	Mount Olive (1976-1977)
5	Science (1988-1992)	2	Pequannock (1995-1996)
4	Bernards (2010-2013)	2	Ridge (2008-2009)
4	New Providence (2015-2018)	2	Roselle (1991-1992)
4	Voorhees (2007-2010)	2	Scotch Plains-Fanwood (1995-1996)
4	Whippany Park (2014-2016; 2021-2022)	2	Springfield (1979-1980)
3	Clifford Scott (1987-1989)	2	Summit (1993-94; 2014-15)
3	Essex County VT – Market Street (2011-2013)	2	Vailsburg (1981-1982)
3	Glen Ridge (1979-1981)	2	Verona (2009-2010)
3	Morristown (1976-1978)	2	Weequahic (1991-1992)
3	Nutley (1992-1994)	2	Whippany Park (2007-2008; 2019;2021)
3	Plainfield (1979-81; 1984-86)		
3	Verona (2003-2005)		
3	West Morris (1977-1979)		
2	Columbia (1982-1983)		

BEST OF THE CENTRAL SECTIONAL MEETS

GIRLS

100 Meter Dash	Wendy Vereen, Trenton	1983	0:11.4
200 Meter Dash	Wendy Vereen, Trenton	1984	0:23.3
400 Meter Dash	Shavon Greaves, Lakewood	2007	0:54.73
800 Meter Run	Katy Trotter, Red Bank Regional	2003	2:11.32*
1600 Meter Run	Ashley Higginson, Colts Neck	2007	4:50.14
3200 Meter Run	Janet Smith, J.P. Stevens	1983	10:18.6
100 Meter High Hurdles	Dawn Bowles, Neptune	1988	0:13.3
400 Meter Low Hurdles	Angela Lee, Franklin	1995	1:00.7
	Trier Young, Neptune	2005	1:00.7
4x100 Meter Relay	East Brunswick	2018	0:48.24*
4x400 Meter Relay	Neptune	2012	3:51.43*
4x800 Meter Relay	West Windsor-Plainsboro South	2015	9:15.05*
Shot Put (8 pounds)	DeAnne Hahn, Brick Township	2008	45'11.50"
Discus	Kristen Batts, Marlboro	2007	147'08.00"
#New Javelin	Kelly Robinson, Raritan	2003	141'02.00"
<i>Javelin</i>	<i>Audra Corson, Monmouth Regional</i>	<i>1985</i>	<i>151'10.00"</i>
Long Jump	Essence Mayers, Lakewood	2011	19'04.00"
Triple Jump	Essence Mayers, Lakewood	2011	40'06.25"
High Jump	Tish Edwards, Mater Dei	1981	5'09.50"
Pole Vault	Stephanie Skove, Monmouth Regional	2010	12'01.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

CENTRAL RECORDS

GROUP I GIRLS

100 Meter Dash	Maureen Hackett, Mater Dei	1981	0:12.4
	Lankya Brown, Metuchen	1995-96	0:12.4
	Cassandra Vidal, Asbury Park	2003	0:12.4
	Kaitlin Salisbury, Hawthorne	2014	0:12.4
200 Meter Dash	Shenique Frett, Weequahic	2010	0:25.39*
400 Meter Dash	Chealse Benoit, Roselle-Abraham Clark	2018	0:57.28*
800 Meter Run	Katie LaCapria, Middlesex	2016	2:15.23
1600 Meter Run	Rachel Suss, Metuchen	2016	5:02.19*
3200 Meter Run	Amy Meyers, Bernards	1982	11:10.0
100 Meter High Hurdles	Lankya Brown, Metuchen	1996	0:14.1
400 Meter Low Hurdles	Janet Tracy, Highland Park	1981	1:03.2
4x100 Meter Relay	Highland Park	2017	0:50.23*
4x400 Meter Relay	Highland Park	2017	4:00.84*
4x800 Meter Relay	Highland Park	2018	10:08.52*
Shot Put (8 pounds)	Maureen Kennedy, Mater Dei	1981	39'07.50"
Discus	Tomara Carmichael, Palmyra	2017	122'07.00"
#New Javelin	Kelly Yanucil, Bordentown		131'01.00"
Javelin	<i>Jen Graf, Metuchn</i>	<i>1996</i>	<i>141'08.00"</i>
Long Jump	Kaitlin Salisbury, Hawthorne	2014	18'00.50"
Triple Jump	Natalie Seuss, New Egypt	2016	37'07.75"
High Jump	Tish Edwards, Mater Dei	1981	5'09.50"
Pole Vault	Samantha Martinez, Bound Brook	2018	11'01.00"

2021 Team Champion: Shore Regional High School – 124 Points

2022 Team Champion: Shore Regional High School – 107 Points

GROUP II GIRLS

100 Meter Dash	Aretha Edwards, Lincoln	2018	0:12.03*
200 Meter Dash	Camile Campbell, Carteret	2000	0:24.1
400 Meter Dash	Kristen Pierce, Shore Regional	2005	0:55.2
800 Meter Run	Victoria Vanriele, Governor Livingston	2017	2:11.43
1600 Meter Run	Molly Malague, Metuchen	2022	4:53.95
3200 Meter Run	Molly Malague, Metuchen	2022	10:35.10
100 Meter High Hurdles	Kaprice James, Abraham Clarke	2012	0:14.45*
400 Meter Low Hurdles	Melissa Bellin, Rumson-Fair Haven	2008	1:00.9
4x100 Meter Relay	Matawan	2016	0:49.23*
4x400 Meter Relay	Rumson-Fair Haven	2019	3:56.70*
4x800 Meter Relay	Metuchen	2019	9:40.90*
Shot Put (8 pounds)	Audra Corson, Monmouth Regional	1985	42'00.00"
Discus	Chloe Early, Delaware Valley	2010	137'11.00"
#New Javelin	Kelly Robinson, Raritan	2003	141'02.00"
Javelin	<i>Audra Corson, Monmouth Regional</i>	<i>1985</i>	<i>151'10.00"</i>
Long Jump	Essence Mayers, Lakewood	2011	19'04.00"
Triple Jump	Essence Mayers, Lakewood	2011	40'06.25"
High Jump	Latasha Keene, Freehold Borough	2000	5'08.00"
	Debra Vento, Freehold Borough	2002-03	5'08.00"
Pole Vault	Leah Saifi, Governor Livingston	2016-17	12'00.00"

2021 Team Champion: Holmdel High School – 93 Points

2022 Team Champion: Rumson Fair-Haven – 100 Points

GROUP III GIRLS

100 Meter Dash	Shavon Greaves, Lakewood	2007	0:11.80*
200 Meter Dash	Shavon Greaves, Lakewood	2007	0:23.91*
400 Meter Dash	Shavon Greaves, Lakewood	2007	0:54.73*
800 Meter Run	Katy Trotter, Red Bank Regional	2003	2:11.32*
1600 Meter Run	Grace Dwyer, Hamilton North	2014	4:56.29*
3200 Meter Run	Cate Guiney, Middletown South	1999	10:31.6
100 Meter High Hurdles	Trier Young, Neptune	2005	0:13.6
400 Meter Low Hurdles	Angela Lee, Franklin Township	1995	1:00.7
	Trier Young, Neptune	2005	1:00.7
4x100 Meter Relay	Neptune	2022	0:48.45*
4x400 Meter Relay	Neptune	2012	3:51.43*
4x800 Meter Relay	Middletown South	2013	9:36.10*
Shot Put (8 pounds)	Deanne Hahn, Lakewood	2006	45'10.00"
Discus	Deanne Hahn, Lakewood	2006	137'02.00"
#New Javelin	Megan Reardon, Red Bank Regional	2014	138'05.00"
<i>Javelin</i>	<i>Jackie Davis, Hamilton North</i>	<i>1995</i>	<i>124'03.00"</i>
Long Jump	Ashley Edwards, Northern Burlington	2015	18'07.00"
Triple Jump	Ashley Edwards, Northern Burlington	2014	38'04.00"
High Jump	Emily Kianka, Hopewell Valley	2010	5'06.00"
	Kassidy Mulryne, Allentown	2018	5'06.00"
Pole Vault	Stephanie Skove, Monmouth Regional	2010	12'01.00"

2021 Team Champion: Colts Neck High School – 148 Points

2022 Team Champion: Colts Neck High School – 117.50 Points

GROUP IV GIRLS

100 Meter Dash	Wendy Vereen, Trenton	1983	0:11.4
200 Meter Dash	Wendy Vereen, Trenton	1984	0:23.3
400 Meter Dash	Symone O'Connor, Franklin	2005	0:55.29*
800 Meter Run	Cynthia Boryeskne, Edison	2019	2:11.82
1600 Meter Run	Ashley Higginson, Colts Neck	2007	4:50.14*
3200 Meter Run	Janet Smith, J.P. Stevens	1983	10:18.6
100 Meter High Hurdles	Dawn Bowles, Neptune	1988	0:13.3
400 Meter Low Hurdles	Shelby Francis, North Brunswick	2016	1:00.87*
4x100 Meter Relay	East Brunswick	2018	0:48.24*
4x400 Meter Relay	Franklin	2005	3:51.84*
4x800 Meter Relay	West Windsor-Plainsboro South	2015	9:15.05*
Shot Put (8 pounds)	DeAnne Hahn, Brick Township	2008	45'11.50"
Discus	Kristen Batts, Marlboro	2007	147'08.00"
#New Javelin	Elaina Mezzasalma, Marlboro	2010	140'04.00"
<i>Javelin</i>	<i>Stephanie Guidotti, Hunterdon Central</i>	<i>1981</i>	<i>139'09.00"</i>
Long Jump	Kelsey Viera, Hillsborough	2015	19'01.25"
Triple Jump	Nnenna Ibe, North Brunswick	2015	40'03.00"
High Jump	Jessica Taibe, Hunterdon Central	2000	5'08.50"
Pole Vault	Marlena Sabatino, Hillsborough	2012	12'00.00"

2021 Team Champion: Hillsborough High School – 137.25 Points

2022 Team Champion: Hillsborough High School – 72 Points

CENTRAL SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1975		HOLMDEL		RED BANK CATHOLIC
1976	HIGHLAND PARK	HIGHTSTOWN	RED BANK CATHOLIC	RARITAN
1977	HIGHLAND PARK	FREEHOLD BORO	MONMOUTH	HUNTERDON CENTRAL
1978	HIGHLAND PARK	BERNARDS	RED BANK CATHOLIC	CEDAR RIDGE
1979	BERNARDS	LAWRENCE	LONG BRANCH/MANALAPAN	RARITAN
1980	HIGHLAND PARK	HOPEWELL VALLEY	LONG BRANCH	HUNTERDON CENTRAL
1981	MATER DEI	ASBURY PARK	LONG BRANCH	SAYREVILLE
1982	BERNARDS	ASBURY PARK	NORTH HUNTERDON	EAST BRUNSWICK
1983	BERNARDS	SOUTH BRUNSWICK	RARITAN	NORTH HUNTERDON
1984	BERNARDS	MONMOUTH	NORTH HUNTERDON	TRENTON
1985	BERNARDS	MONMOUTH	NORTH HUNTERDON	NEPTUNE
1986	METUCHEN	MONMOUTH	NORTH HUNTERDON	TRENTON
1987	BERNARDS	MONMOUTH	NORTH HUNTERDON	HUNTERDON CENTRAL
1988	ASBURY PARK	MONMOUTH	VOORHEES	NEPTUNE
1989	NEW BRUNSWICK	PRINCETON	MONMOUTH	MIDDLETOWN SOUTH
1990	SPOTSWOOD	ASBURY PARK	VOORHEES	TRENTON
1991	MONTGOMERY	BRIDGEWATER WEST	VOORHEES	MIDDLETOWN SOUTH
1992	MONTGOMERY	ASBURY PARK	FRANKLIN	TRENTON
1993	BERNARDS	ASBURY PARK	FRANKLIN	TRENTON
1994	METUCHEN	RIDGE	MADISON CENTRAL	HUNTERDON CENTRAL
1995	METUCHEN	ASBURY PARK	NEPTUNE	TRENTON
1996	METUCHEN	LONG BRANCH	NEPTUNE	HUNTERDON CENTRAL
1997	METUCHEN	NORTH PLAINFIELD	FRANKLIN	MIDDLETOWN SOUTH
1998	METUCHEN	SOMERVILLE	MIDDLETOWN SOUTH	HILLSBOROUGH
1999	METUCHEN	SOMERVILLE	MIDDLETOWN SOUTH	HILLSBOROUGH
2000	METUCHEN	HOPEWELL VALLEY	RED BANK REGIONAL	TRENTON
2001	METUCHEN	HOPEWELL VALLEY	FRANKLIN TOWNSHIP	TRENTON
2002	SHORE	VOORHEES	RED BANK REGIONAL	TRENTON
2003	SHORE	HOPEWELL VALLEY	FRANKLIN	HILLSBOROUGH
2004	METUCHEN	SHORE REGIONAL	WILLINGBORO	JACKSON MEMORIAL
2005	METUCHEN	RAHWAY	HOPEWELL VALLEY	JACKSON MEMORIAL
2006	METUCHEN	RAHWAY	HOPEWELL VALLEY	JACKSON MEMORIAL
2007	METUCHEN	MATAWAN	HOPEWELL VALLEY	SOUTH BRUNSWICK
2008	ROBBINSVILLE	RUMSON-FH/AL JOHNSON	HOPEWELL VALLEY	MONTGOMERY
2009	NEW PROVIDENCE	CRANFORD	HOPEWELL VALLEY	SOUTH BRUNSWICK
2010	ROBBINSVILLE	EWING	HOPEWELL VALLEY	SOUTH BRUNSWICK
2011	ROBBINSVILLE	ABRAHAM CLARK	HOPEWELL VALLEY	SOUTH BRUNSWICK
2012	METUCHEN	VOORHEES	PRINCETON	WWP-NORTH
2013	METUCHEN	HOLMDEL	NEPTUNE	HILLSBOROUGH
2014	HAWTHORNE	HOLMDEL	RED BANK REGIONAL	HILLSBOROUGH
2015	METUCHEN	HOLMDEL	NORTHERN BURLINGTON	SOUTH BRUNSWICK
2016	METUCHEN	MATAWAN	LAWRENCE	SOUTH BRUNSWICK
2017	METUCHEN	MATAWAN	ALLENTOWN	SOUTH BRUNSWICK
2018	MIDDLESEX	GOVERNOR LIVINGSTON	COLTS NECK	SOUTH BRUNSWICK
2019	WILLINGBORO	RUMSON-FAIR HAVEN	COLTS NECK	SOUTH BRUNSWICK
2020	STATE MEET CANCELED – COVID-19			
2021	SHORE REGIONAL	HOLMDEL	COLTS NECK	HILLSBOROUGH
2022	SHORE REGIONAL	RUMSON-FAIR HAVEN	COLTS NECK	HILLSBOROUGH

Summary of CENTRAL Sectional Titles

GIRLS Sectional Titles

17	Metuchen	3	Robbinsville	1	Northern Burlington
11	Hopewell Valley	3	Rumson-Fair Haven	1	Ridge
9	South Brunswick	2	Princeton	1	Sayreville
9	Trenton	2	Rahway	1	Spotswood
8	Asbury Park	2	Somerville	1	WWP-North
8	Bernards	2	Willingboro		
7	Monmouth Regional	1	Allentown		
6	Hillsborough	1	Bridgewater West		
6	North Hunterdon	1	Cedar Ridge		
6	Shore Regional	1	Clark, Abraham		
5	Franklin	1	Cranford		
5	Holmdel	1	East Brunswick		
5	Hunterdon Central	1	Ewing		
5	Middletown South	1	Freehold Borough		
5	Neptune	1	Governor Livingston		
5	Red Bank Catholic	1	Hightstown		
5	Voorhees	1	Johnson, AL		
4	Colts Neck	1	Lawrence		
4	Highland Park	1	Madison Central		
4	Jackson Memorial	1	Manalapan		
4	Long Branch	1	Mater Dei		
4	Matawan	1	Middlesex		
3	Montgomery	1	New Brunswick		
3	Raritan	1	New Providence		
3	Red Bank Regional	1	North Plainfield		

Most Consecutive Titles

8	Metuchen (1994-2001)	2	Holmdel (2013-2015)
7	Hopewell Valley (2005-2011)	2	Hopewell Valley (2000-2001)
6	Monmouth (1984-1989)	2	Matawan (2016-2017)
6	North Hunterdon (1982-1987)	2	Metuchen (2012-2013)
5	South Brunswick (2015-2019)	2	Montgomery (1991-1992)
4	Bernards (1982-1985)	2	Neptune (1995-1996)
4	Colts Neck (2018-2019; 2021; 2022)	2	Rahway (2005-2006)
4	Metuchen (2004-2007)	2	Robbinsville (2010-2011)
4	South Brunswick (2009-2011)	2	Somerville (1998-1999)
3	Highland Park (1976-1978)	2	Trenton (1992-1993)
3	Hillsborough (1998-1999/2013-2014; 2021-22)	2	Voorhees (1990-1991)
3	Jackson Memorial (2004-2006)		
3	Long Branch (1979-1981)		
3	Middletown South (1997-1999)		
3	Metuchen (2015-2017)		
3	Red Bank Catholic (1974-1976)		
3	Shore Regional (2002-2003; 2021-22)		
3	Trenton (2000-2002)		
2	Asbury Park (1981-1982/1992-1993)		
2	Bernards (1978-1979)		
2	Franklin (1992-1993)		

BEST OF THE SOUTH SECTIONAL MEETS

GIRLS

100 Meter Dash	Amandi Rhett, Morristown	1998	0:11.1*
200 Meter Dash	Shakira Dancy, Winslow	2017	0:23.85*
400 Meter Dash	Arianna Sharpe, Clayton	2022	0:53.49
800 Meter Run	Jillian Smith, Southern Regional	2008	2:07.26*
1600 Meter Run	Erin Donohue, Haddonfield	2001	4:49.8
3200 Meter Run	Michelle Rowan, Washington Twp.	1983	10:12.8
100 Meter High Hurdles	Carol Lewis, Willingboro	1981	0:13.9
	Nicole Hill, Oakcrest	1997	0:13.9
	Samantha Jensen, Central Regional	2012	0:13.91*
400 Meter Low Hurdles	Danielle Myricks, Willingboro	2001	1:00.1
	Krystal Canty, Winslow Township	2005	1:00.12*
4x100 Meter Relay	Egg Harbor Township	2018	0:47.60*
4x400 Meter Relay	Lenape	2017	3:50.27*
4x800 Meter Relay	Shawnee	2014	9:23.67*
Shot Put (8 pounds)	Helene Connell, Jackson	1977	46'10.25"
Discus	Jess Woodward, Cherokee	2013	168'00.00"
#New Javelin	Maria Jimmenez, Vineland	2012	152'06.00"
Javelin	<i>Lynlee Phillips, Shawnee</i>	<i>1999</i>	<i>154'08.00"</i>
Long Jump	Carol Lewis, Willingboro	1981	20'06.00"
Triple Jump	Claudine Smith, Atlantic City	2019	39'11.00"
High Jump	Carol Lewis, Willingboro	1981	5'09.00"
	Shelly Mitchell, Lakewood	1988	5'09.00"
Pole Vault	Chelsea Vaughan, Southern Regional	2012	12'03.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH RECORDS

GROUP I GIRLS

100 Meter Dash	Mieaha Cooper, Florence	1994	0:11.7
200 Meter Dash	Lori Lewis, Woodbury	1978	0:24.3*
400 Meter Dash	Arianna Sharpe, Clayton	2022	0:53.49*
800 Meter Run	Erin Donohue, Haddonfield	2014	2:13.56
1600 Meter Run	Erin Donohue, Haddonfield	1999	5:00.0
3200 Meter Run	Erin Donohue, Haddonfield	1999	10:43.2
100 Meter High Hurdles	Denis Liles, Kingsway	1986	0:14.6
	Jennifer Heisinger, Woodbury	1988	0:14.6
400 Meter Low Hurdles	Amirah Sharpe, Clayton	2022	1:01.66*
4x100 Meter Relay	Penns Grove	2014	0:48.74*
4x400 Meter Relay	Penns Grove	2013	3:55.19*
4x800 Meter Relay	Haddon Township	2017	10:00.12*
Shot Put (8 pounds)	Zyra Thomas, AP Schalick	2018	43'07.00"
Discus	Cydne Thomas, Haddon Heights	2018	127'03.00"
#New Javelin	Lindse Minch, Pennsville	2009	139'11.00"
Javelin	Emma Painter, Clayton	1980	149'03.00"
Long Jump	Anna Stewart, Glassboro	1977	18'10.75"
Triple Jump	Patrice Farquharson, Maple Shade	2012	36'11.25"
High Jump	Alanna Woolfolk, Clayton	2022	5'06.00"
Pole Vault	Kaitlyn Smith, Gateway	2022	10'07.00"

2021 Team Champion: Clayton High School – 113 Points

2022 Team Champion: Clayton High School – 129 Points

GROUP II GIRLS

100 Meter Dash	Amandi Rhett, Morristown	1998	0:11.1
200 Meter Dash	Nia Ali, Pleasantville	2006	0:24.12*
400 Meter Dash	Nadia Davy, Bridgeton	1999	0:54.0
800 Meter Run	Katrina Sye, Buena	1999	2:09.2
1600 Meter Run	Erin Donohue, Haddonfield	2001	4:49.8
3200 Meter Run	Erin Donohue, Haddonfield	2001	10:28.6
100 Meter High Hurdles	Nia Ali, Pleasantville	2006	0:14.07*
400 Meter Low Hurdles	Katrina Sye, Buena	1999	1:01.2
4x100 Meter Relay	Deptford	2015	0:48.25*
4x400 Meter Relay	Woodrow Wilson	2008	3:54.24*
4x800 Meter Relay	Haddonfield	2015	9:36.13*
Shot Put (8 pounds)	Nicole Moore, Bridgeton	1999	44'10.25"
Discus	Melinda Boykin, Bridgeton	1997	140'01.00"
#New Javelin	Brielle Smith, Oakcrest	2018	140'02.00"
Javelin	Erin Donohue, Haddonfield	2001	141'07.00"
Long Jump	Kathy Rankins, Haddon Heights	1979	18'11.50"
Triple Jump	Bonvie Fosam, Robbinsville	2017	39'06.50"
High Jump	Megan Kirschling, West Deptford	2012	5'08.00"
Pole Vault	Riley Larsen, Pt. Pleasant Borough	2019	11'07.00"

2021 Team Champion: Haddonfield Memorial High School – 130 Points

2022 Team Champion: Haddonfield Memorial High School - 130 Points

GROUP III GIRLS

100 Meter Dash	Dennisha Page, Woodrow Wilson	2019	0:11.69*
200 Meter Dash	Shakira Dancy, Winslow	2017	0:23.85
400 Meter Dash	Dennisha Page, Woodrow Wilson	2019	0:54.41*
800 Meter Run	Renee Tomlin, Ocean City	2005	2:10.5
1600 Meter Run	Alyssa Aldridge, Mainland	2017	4:57.22*
3200 Meter Run	Alyssa Aldridge, Mainland	2017	10:31.12*
100 Meter High Hurdles	Nicole Hill, Oakcrest	1997	0:13.9
400 Meter Low Hurdles	Danielle Myricks, Willingboro	2001	1:00.1
4x100 Meter Relay	Delsea	2017	0:47.78*
4x400 Meter Relay	Winslow Township	2016	3:50.88*
4x800 Meter Relay	Seneca	2018	9:33.08*
Shot Put (8 pounds)	Janiece Rose, Delsea	2017	45'27.86"
Discus	Jocelyn White, Delsea	2003	156'01.00"
#New Javelin	Alexa Gardner, Hammonton	2018	138'08.00"
Javelin	Carla Brown, Overbrook	1986	149'05.00"
Long Jump	Gabrielle Bennett, Winslow Township	2015	19'02.50"
Triple Jump	Mariah Hubbard, Absegami	2016	37'08.00"
High Jump	Shelly Mitchell, Edgewood	1988	5'09.00"
Pole Vault	Jen Holly, Barnegat	2008	12'01.00"

2021 Team Champion: Winslow Township High School – 110.50 Points

2022 Team Champion: Timber Creek High School – 101 Points

GROUP IV GIRLS

100 Meter Dash	Bria Mack, Williamstown	2016	0:11.68*
200 Meter Dash	English Gardner, Eastern	2007	0:24.09*
400 Meter Dash	Nijgia Snapp, Oakcrest	2009	0:54.90*
800 Meter Run	Jillian Smith, Southern Regional	2008	2:07.26*
1600 Meter Run	Rachel Vick, Kingsway	2017	4:52.88
3200 Meter Run	Michelle Rowan, Washington Township	1983	10:12.8
100 Meter High Hurdles	Carol Lewis, Willingboro	1981	0:13.9
400 Meter Low Hurdles	Krystal Cantey, Winslow Township	2005	1:00.12*
4x100 Meter Relay	Egg Harbor Township	2018	0:47.60
4x400 Meter Relay	Lenape	2017	3:50.27*
4x800 Meter Relay	Shawnee	2014	9:23.67*
Shot Put (8 pounds)	Helene Connell, Jackson	1977	46'10.25"
Discus	Jess Woodward, Cherokee	2013	168'00.00"
#New Javelin	Maria Jimmenez, Vineland	2012	152'06.00"
Javelin	Lynlee Phillips, Shawnee	1999	154'08.00"
Long Jump	Carol Lewis, Willingboro	1981	20'06.00"
Triple Jump	Claudine Smith, Atlantic City	2019	39'11.00"
High Jump	Carol Lewis, Willingboro	1981	5'09.00"
Pole Vault	Chelsea Vaughan, Southern	2012	12'03.00"

2021 Team Champion: Rancocas Valley Regional High School – 92 Points

2022 Team Champion: Rancocas Valley Regional High School – 97.50 Points

SOUTH SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1971				MONMOUTH/TOMS RIVER S.
1972		RED BANK CATHOLIC		MATAWAN
1973		SHORE		TOMS RIVER SOUTH
1974		RED BANK CATHOLIC		MATAWAN/TOMS RIVER S.
1975		ASBURY PARK		TOMS RIVER SOUTH
1976	WOODBURY	POINT PLEASANT BOROUGH	PAUL VI	TOMS RIVER SOUTH
1977	WOODBURY	HADDON HEIGHTS	PAUL VI	TOMS RIVER NORTH
1978	WOODBURY	POINT PLEASANT BOROUGH	DEPTFORD	TOMS RIVER NORTH
1979	WOODBURY	ST. JOSEPH/TOMS RIVER	EDGEWOOD	JFK WILLINGBORO
1980	WOODBURY	WILLIAMSTOWN	LAKEWOOD	WILLINGBORO
1981	WOODBURY	WILLIAMSTOWN	OVERBROOK	WILLINGBORO
1982	WOODBURY	STERLING	LAKEWOOD	TOMS RIVER EAST
1983	HADDONFIELD	CENTRAL REGIONAL	OCEAN CITY	EDGEWOOD
1984	HADDONFIELD/KINGSWAY	CLEARVIEW	WILLINGBORO	PEMBERTON
1985	KINGSWAY	CLEARVIEW	WILLINGBORO	EDGEWOOD
1986	KINGSWAY	BUENA	LAKEWOOD	SHAWNEE
1987	PAULSBORO	GATEWAY	LAKEWOOD	BRICK TOWNSHIP
1988	PAULSBORO	KINGSWAY	LAKEWOOD	TOMS RIVER EAST
1989	HADDONFIELD	CLEARVIEW	LAKEWOOD	CUMBERLAND
1990	PAULSBORO	CLEARVIEW	OCEAN CITY	SHAWNEE
1991	PAULSBORO	KINGSWAY	OCEAN CITY	HIGHLAND
1992	PAULSBORO	CLEARVIEW	OCEAN CITY	WILLINGBORO
1993	HADDONFIELD	KINGSWAY	OCEAN CITY	SHAWNEE
1994	HADDONFIELD	MOORESTOWN	OCEAN CITY	SHAWNEE
1995	PAULSBORO	PLEASANTVILLE	WILLIAMSTOWN	SHAWNEE
1996	AP SCHALICK	PLEASANTVILLE	WILLIAMSTOWN	SHAWNEE
1997	PAULSBORO	PLEASANTVILLE	ABSEGAMI	SHAWNEE
1998	HADDONFIELD	BRIDGETON	LAKEWOOD	WASHINGTON TOWNSHIP
1999	HADDONFIELD	BRIDGETON	WILLINGBORO	SHAWNEE
2000	PALMYRA	BRIDGETON	WOODROW WILSON	WASHINGTON TOWNSHIP
2001	PALMYRA	HADDONFIELD	WOODROW WILSON	WASHINGTON TOWNSHIP
2002	AP SCHALICK	PLEASANTVILLE	WOODROW WILSON	EASTERN
2003	PAULSBORO	HADDONFIELD	HIGHLAND REGIONAL	JACKSON MEMORIAL
2004	PAULSBORO	HADDONFIELD	HIGHLAND REGIONAL	WINSLOW TOWNSHIP
2005	WOODBURY	BRIDGETON	WOODROW WILSON	WINSLOW TOWNSHIP
2006	PALMYRA	HADDONFIELD	WOODROW WILSON	SOUTHERN REGIONAL
2007	WOODBURY	HADDONFIELD	KINGSWAY	SOUTHERN REGIONAL
2008	PITMAN	HADDONFIELD	CAMDEN	SOUTHERN REGIONAL
2009	HADDON HEIGHTS	CAMDEN	SENECA	SOUTHERN REGIONAL
2010	PITMAN	DELSEA	SENECA	SOUTHERN REGIONAL
2011	AP SCHALICK	HADDONFIELD	DELSEA	LENAPE
2012	PENNS GROVE	HADDONFIELD	DELSEA	SOUTHERN
2013	PENNS GROVE	HADDONFIELD	WINSLOW TOWNSHIP	CHEROKEE
2014	PENNS GROVE	HADDONFIELD	WINSLOW TOWNSHP	SOUTHERN REGIONAL
2015	AP SCHALICK	STERLING	WINSLOW TOWNSHIP	LENAPE
2016	HADDON TOWNSHIP	STERLING	WINSLOW TOWNSHIP	SOUTHERN REGIONAL
2017	AP SCHALICK	STERLING	WINSLOW TOWNSHIP	LENAPE
2018	AP SCHALICK	HADDONFIELD	WINSLOW TOWNSHIP	RANCOCAS VALLEY
2019	PAULSBORO	HADDONFIELD	WINSLOW TOWNSHIP	MILLVILLE
2020	MEET CANCELED – COVID-19			

Year	Group I	Group II	Group III	Group IV
2021	CLAYTON	HADDONFIELD	WINSLOW TOWNSHIP	RANCOCAS VALLEY
2022	CLAYTON	HADDONFIELD	TIMBER CREEK	RANCOCAS VALLEY

Summary of SOUTH Sectional Titles

GIRLS Sectional Titles

21	Haddonfield	3	Penns Grove	1	Gateway
13	Winslow Township	3	Rancocas Valley	1	Haddon Township
10	Paulsboro	3	Washington Township	1	Jackson Memorial
9	Woodbury	2	Camden	1	JFK Willingboro
8	Shawnee	2	Clayton	1	Millville
8	Southern Regional	2	Haddon Heights	1	Moorestown
7	A.P. Schalick	2	Highland Regional	1	Overbrook
7	Kingsway	2	Paul VI	1	Pemberton
7	Lakewood	2	Pitman	1	Saint Joseph/Toms River
6	Ocean City	2	Point Pleasant Borough	1	Southern Regional
6	Willingboro	2	Seneca	1	Timber Creek
6	Woodrow Wilson	2	Toms River East		
5	Clearview	2	Toms River North		
5	Toms River South	1	Absegami		
4	Bridgeton	1	Brick Township		
4	Pleasantville	1	Buena		
4	Sterling	1	Central		
4	Williamstown	1	Cherokee		
3	Delsea	1	Cumberland Regional		
3	Lenape	1	Deptford		
3	Palmyra	1	Eastern		

Most Consecutive Titles

8	Winslow Township (2013-2019; 2021)	2	Camden (2008-2009)
7	Woodbury (1976-1982)	2	Clearview (1984-85; 1989-90)
5	Ocean City (1990-1994)	2	Haddonfield (1983-84; 1993-94; 2003-04)
5	Shawnee (1993-1997)	2	Palmyra (2000-2001)
5	Southern (2006-2010)	2	Paul VI (1976-1977)
4	Haddonfield (2006-08; 2011-14)	2	Paulsboro (1987-88; 2003-04)
4	Haddonfield (2018-2019; 2021; 2022)	2	Seneca (2009-2010)
4	Lakewood (1986-1989)	2	Toms River North (1977-1978)
4	Toms River South (1973-1976)	2	Washington Township (2000-2001)
3	Bridgeton (1998-2000)	2	Williamstown (1980-81; 1995-96)
3	Delsea (2010-2012)	2	Willingboro (1980-1981)
3	Haddonfield (2018-2019; 2021)	2	Winslow Township (2004-2005)
3	Kingsway (1984-1986)	2	Woodrow Wilson (2005-2006)
3	Paulsboro (1990-1992)	1	Clayton (2021-22)
3	Penns Grove (2012-2014)	1	Rancocas Valley (2021-22)
3	Pleasantville (1995-1997)		
3	Sterling (2015-2017)		
3	Woodrow Wilson (2000-2002)		
2	A.P. Schalick (2017-2018)		

BEST OF THE NON-PUBLIC SECTIONAL MEETS

GIRLS

100 Meter Dash	Myasia Jacobs, Paramus Catholic	2011	0:11.66
200 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:23.19
400 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:52.89
800 Meter Run	Peyton Hollis, Union Catholic	2022	2:09.63
1600 Meter Run	Peyton Hollis, Union Catholic	2022	4:53.91
3200 Meter Run	Cate DeSousa, Red Bank Catholic	2022	10:30.97
100 Meter High Hurdles	Sydney McLaughlin, Union Catholic	2014	0:13.81
400 Meter Low Hurdles	Sydney McLaughlin, Union Catholic	2017	0:55.52
4x100 Meter Relay	Union Catholic	2022	0:47.54
4x400 Meter Relay	Union Catholic	2015	3:51.78
4x800 Meter Relay	Red Bank Catholic	2015	9:31.85
Shot Put (8 pounds)	Alyssa Wilson, Donovan Catholic	2016	54'02.50"
Discus	Alyssa Wilson, Donovan Catholic	2017	167'07.00"
#New Javelin	Jaime Klein, Paramus Catholic	2011	143'11.00"
Long Jump	Isabelle Dely, Paramus Catholic	2019	18'07.00"
Triple Jump	Tiffany Bautista, Paramus Catholic	2018	39'00.00"
High Jump	Robin Perkins, Trenton Catholic	2012	5'08.00"
Pole Vault	Caroline Dannenbaum, Pingry	2019	12'01.50"

**** 2021 – One year “pilot” the elimination of Non-Public sectionals and replaced with a combined sectional-group meet.**

***Fully-Automatic Timing**

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

History of Sectional Titles – Non-Public

Year	North A	North B	South A	South B
2010	Immaculate Heart – 140	Eastern Christian – 126	Red Bank Catholic – 120	Benedictine Academy – 100.4
2011	Pope John XXIII – 107	Eastern Christian – 116	Monsignor Donovan – 130	Pingry – 118
2012	Pope John XXIII – 193.5	Mt. St. Dominic – 112	Monsignor Donovan – 109	Pingry – 109.5
2013	Pope John XXIII – 188	Villa Walsh – 110	Monsignor Donovan – 132	Pingry – 113
2014	Pope John XXIII – 172.50	Eastern Christian – 128	Red Bank Catholic – 126	Pingry – 123
2015	Pope John XXIII – 134	Villa Walsh – 135	Union Catholic – 186	Oak Knoll – 137
2016	Pope John XXIII – 132	Villa Walsh – 95	Union Catholic – 202	Pingry – 83
2017	Paramus Catholic – 144.50	Newark Academy – 89	Union Catholic – 222	Pingry - 83
2018	Paramus Catholic – 147.75	Newark Academy – 89	Union Catholic – 185	Holy Spirit - 88
2019	Paramus Catholic – 155	Morris Catholic – 149	Union Catholic – 240	Trinity Hall - 91
2020	Meet Canceled Covid-19			

SOUTH RECORDS

NON-PUBLIC A GIRLS

100 Meter Dash	Amaya Chadwick, Union Catholic	2017	0:11.90
200 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:23.19
400 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:52.89
800 Meter Run	Molly McNamara, Red Bank Catholic	2010	2:12.02
1600 Meter Run	Molly McNamara, Red Bank Catholic	2011	4:54.11
3200 Meter Run	Courtney Thompson, St. John Vianney	2014	10:54.56
100 Meter High Hurdles	Sydney McLaughlin, Union Catholic	2014	0:13.81
400 Meter Low Hurdles	Sydney McLaughlin, Union Catholic	2017	0:55.52
4x100 Meter Relay	Union Catholic	2019	0:48.45
4x400 Meter Relay	Paul VI	2019	3:53.43
4x800 Meter Relay	Red Bank Catholic	2014	9:38.65
Shot Put (8 pounds)	Alyssa Wilson, Donovan Catholic	2016	54'02.50"
Discus	Alyssa Wilson, Donovan Catholic	2017	167'07.00"
#New Javelin	Rachel Kershner, Red Bank Catholic	2015	130'06.00"
Long Jump	Sydney McLaughlin, Union Catholic	2014	18'05.00"
Triple Jump	Tatiyanna Sanders, Paramus Catholic	2014	38'02.00"
High Jump	Tyler Scott, Union Catholic	2016	5'06.00"
Pole Vault	Caroline Dannenbaum, Pingry	2019	12'01.50"

2021**

NON-PUBLIC B GIRLS

100 Meter Dash	Iyanla Kollock, Our Lady of Mercy	2016	0:12.41
200 Meter Dash	Iyanla Kollock, Our Lady of Mercy	2016	0:25.73
400 Meter Dash	Kiana Winston, Benedictine Academy	2010	0:57.55
800 Meter Run	Dana Klein, Gill St. Bernard's	2013	2:18.55
1600 Meter Run	Dana Klein, Gill St. Bernard's	2014	4:57.11
3200 Meter Run	Bridget End, Oak Knoll	2010	11:18.20
100 Meter High Hurdles	Kiana Winston, Benedictine Academy	2010	0:15.45
400 Meter Low Hurdles	Kiana Winston, Benedictine Academy	2010	1:05.43
4x100 Meter Relay	Holy Spirit	2017	0:50.24
4x400 Meter Relay	Holy Spirit	2016	4:07.95
4x800 Meter Relay	Holy Spirit	2017	9:59.99
Shot Put (8 pounds)	Alexandra Preckajlo, St. Rose	2016	39'04.00"
Discus	Alexandria Donahue, St. Rose	2011	119'08.00"
#New Javelin	Leah Braid, Sacred Heart	2010	126'11.00"
Long Jump	Tacquaya Tobias, Our Lady of Mercy	2011	18'03.75"
Triple Jump	Ludi Zhu, Gill St. Bernard's	2015	36'01.75"
High Jump	Robin Perkins, Trenton Catholic	2012	5'08.00"
Pole Vault	Julia Dannenbaum, Pingry	2016	11'06.00"

2021**

NORTH RECORDS

NON-PUBLIC A GIRLS

100 Meter Dash	Myasia Jacobs, Paramus Catholic	2011	0:11.66
200 Meter Dash	Myasia Jacobs, Paramus Catholic	2011	0:24.33
400 Meter Dash	Devin Smith, Pope John XXIII	2012	0:56.35
800 Meter Run	Calleigh Higgins, Pope John XXIII	2014	2:12.32
1600 Meter Run	Amanda Corbosiero, Mount Saint Dominic	2013	5:04.59
3200 Meter Run	Anna Campbell, Pope John XXIII	2017	11:07.00
100 Meter High Hurdles	Elizabeth Garcia, Academy of Holy Angels	2016	0:14.66
400 Meter Intermediate Hurdles	Marissa Evans, Pope John XXIII	2014	1:02.72
4x100 Meter Relay	Paramus Catholic	2016	0:48.49
4x400 Meter Relay	Pope John XXIII	2014	3:58.46
4x800 Meter Relay	Immaculate Heart	2013	9:43.97
Shot Put (8 pounds)	Theresa Picciallo, Immaculate Heart	2011	43'04.00"
Discus	Theresa Picciallo, Immaculate Heart	2011	126'06.00"
#New Javelin	Jaime Klein, Paramus Catholic	2011	143'11.00"
Long Jump	Isabelle Dely, Paramus Catholic	2019	18'07.00"
Triple Jump	Tiffany Bautista, Paramus Catholic	2019	39'02.00"
High Jump	Rachel Lees, Pope John XXIII	2011	5'04.00"
	Tiffany Bautista, Paramus Catholic	2019	5'04.00"
Pole Vault	Caroline McGann, Academy of the Holy Angels	2017	11'06.00"

2021**

NON-PUBLIC B GIRLS

100 Meter Dash	Dominique Booker, Immaculate Conception Mont.	2010	0:12.28
200 Meter Dash	Dominique Booker, Immaculate Conception Mont.	2010	0:24.72
400 Meter Dash	Jamie Sheppard, Morristown-Beard	2017	0:57.82
800 Meter Run	Kristen Traub, Eastern Christian	2012	2:14.75
1600 Meter Run	Kristen Traub, Eastern Christian	2012	4:59.49
3200 Meter Run	Megan Curham, Villa Walsh	2013	10:36.42
100 Meter High Hurdles	Malia Gray, St. Dominic Academy	2016	0:15.42
400 Meter Intermediate Hurdles	Nicole Borowiec, Morristown-Beard	2017	1:04.84
4x100 Meter Relay	Eastern Christian	2017	0:51.63
4x400 Meter Relay	Kent Place	2012	4:03.08
4x800 Meter Relay	Morris Catholic	2017	9:52.12
Shot Put (8 pounds)	Tatiana Johnson, Morristown-Beard	2011	40'00.50"
Discus	Halia Rosemond, Morristown-Beard	2015	130'03.00"
#New Javelin	Brooke Van Lenten, Eastern Christian	2016	112'07.00"
Long Jump	Malia Gray, St. Dominic Academy	2017	17'06.50"
Triple Jump	Malia Gray, St. Dominic Academy	2017	36'04.00"
High Jump	Keyanna Harris, Kent Place	2012	5'04.00"
Pole Vault	Catherine Rozalski, Queen of Peace	2014-2015	11'00.00"

2021**

Summary of NON-PUBLIC Sectional Titles

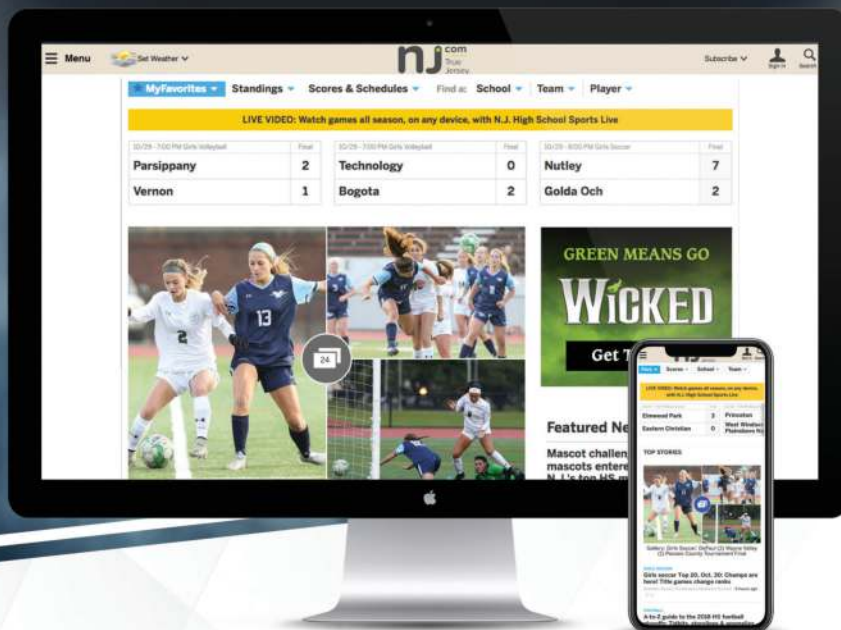
GIRLS Sectional Titles

6	Pope John XXIII	1	Holy Spirit
5	Pingry	1	Immaculate Heart Academy
5	Union Catholic	1	Morris Catholic
3	Donovan	1	Mount Saint Dominic
3	Eastern Christian	1	Trinity Hall
3	Paramus Catholic		
3	Villa Walsh		
2	Newark Academy		
2	Oak Knoll		
2	Red Bank Catholic		
1	Benedictine Academy		

Most Consecutive Titles

6	Pope John XXIII (2011-2016)	2	Eastern Christian (2010-2011)
5	Union Catholic (2015-2019)	2	Newark Academy (2017-2018)
4	Pingry (2011-2014)	2	Villa Walsh (2015-2016)
3	Donovan (2011-2013)		
3	Paramus Catholic (2017-2019)		

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