

NJSIAA Meet of Champions Winners – Indoor

2021 Meet Canceled – Covid-19

Boys 60-Yard High Hurdles (55M)		
Year	Name-School	Time
1981	Barry McClain, Trenton High School	7.3
1982	Stephan Fletcher, Princeton High School	7.4
1983	Stephan Fletcher, Princeton High School	7.4
1984	George Barry, Camden High School	7.6
1985	Jon Dickey, Penns Grove High School	7.6
1986	Jerry Pemberton, Hackensack High School	7.50
1987	George Bland, Penns Grove High School	7.43
1988	Todd Walthall, Seton Hall	7.51
1989	Gerard Reynolds, Willingboro High School	7.58
1990	Mike Anderson, Edgewood High School	7.56
1991	John Charley, Morristown High School	7.58
1992	Ed Loges, Shawnee High School	7.54
1993	Dudley Dorival, Ewing High School	7.63
1994	Jason Ellis, Lakewood High School	7.64
1995	Anthony DiCosmo, Paramus	7.52
1996	Sultan Tucker, Delsea	7.36
1997	Sultan Tucker, Delsea	7.44
1998	Todd Matthews, Notre Dame High School	7.43
1999	Danyne Brown, Camden High School	7.44
2000	Chris Stephens, Plainfield High School	7.61
2001	Anthony Acklin, Triton	7.42
2002	Aaron Ross, Clearview	7.77
2003	Jeff Porter, Franklin High School	7.41
2004	Reuben McCoy, Winsow Township High School	7.48
2005	Chris Haley, Union	7.49
2006	William Brown, Palmyra High School	7.71
2007	Tykeen Fulton, Trenton High School	7.45
2008	Kamryn Austin, Ewing High School	7.48
2009	Joshua Evans, Irvington High School	7.40
2010	Devon Carter, Washington Township High School	7.49
2011	Christian Boateng, Old Bridge High School	7.36
2012	Jermaine Collier, Trenton High School	7.19
2013	Zach Ghizzone, Union Catholic High School	7.51
2014	Obafemi Animashaun, Union Catholic High School	7.44
2015	Alex Borzelin, Hamilton High School North	7.44
2016	Benjamin Aidoo, Sayreville	7.47
2017	Cory Poole, East Orange	7.21
2018	Sincere Rhea, Saint Augustine	7.35
2019	Sincere Rhea, Saint Augustine	7.22
2020	Anthony Vazquez, Egg Harbor Township High School	7.31

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Boys High Jump		
Year	Name-School	Distance
1969	Leroy Haves, Asbury Park High School	6-4
1970	Henry Englebrecht, Christian Brothers Academy	6-4
1971	Fred Zeiher, West Essex High School	6-2
1972	Kevin Allen, Madison Township High School	6-4
1973	Ron Liteplo, East Brunswick High School	6-4
1974	Ron Liteplo, East Brunswick High School	6-9
1975	Ed Kijewski, Plainfield High School	6-7
1976	Barry Anderson, Rancocas Valley High School	6-6
Boys High Jump		
Year	Name-School	Distance
1977	Bob Jones, East Brunswick High School	6-8
1978	Donis Marshall, Neptune High School	6-6
1979	Milt Goode, Monmouth High School	7-0
1980	Mike Pascuzzo, Lenape High School	6-10
1981	Kraig Sanders, Asbury Park High School	6-8
1982	John Howard, Elizabeth High School	6-6
1983	Kevin McGorty, Westfield High School	6-10
1984	Scott Harrison, Willingboro High School	6-8
1985	Kerry Vivett, Edgewood High School	6-8
1986	Craig Wiley, Mount Olive High School	6-8
1987	Terry Ferguson, Cherry Hill High School West	6-10
1988	Mark DeAngelis, Tenaflly High School	6-6
1989	Rich Robinson, Saint Joseph High School – Montvale	6-8
1990	Eric Taylor-Perry, Montclair High School	6-10
1991	Mike Loftin, North Hunterdon High School	6-10
1992	Ronald Thomas, Paterson Kennedy	6-6
1993	Ed Watts, South Brunswick High School	6-6
1994	Andrew Dambreville, West Orange High School	6-8
1995	Derrick Ponton, Montclair High School	7-0
1996	Kijana Corbin, Columbia High School	6-6
1997	Cory Hubert, Saint John Vianney High School	6-10
1998	Raffael Craig, Millville High School	6-6
1999	Raffael Craig, Millville High School	6-10
2000	Paul Klemic, Mainland Regional High School	6-10
2001	Lonnie Washington, Elizabeth High School	6-8
2002	Mike Morrison, Willingboro High School	7-1
2003	Adam Wendel, Westfield High School	6-6
2004	Jamal Ames, Vineland High School	6-6
2005	Chris Haley, Union High School	6-10
2006	Josh Butler, Delsea Regional High School	6-6
2007	Devon Bond, Trenton High School	6-8

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Boys High Jump		
Year	Name-School	Distance
2008	Adam Bergo, Westfield High School	6-8
2009	Alex Smith, Rumson-Fair Haven Regional High School	6-8
2010	Mark Jones, Summit High School	6-8
2011	Mark Jones, Summit High School	6-8
2012	Ryan North, Southern Regional High School	6-6
2013	Zach Davis, Sparta High School	6-8
2014	Ian Kirk, Howell High School	6-7
2015	Tyriq Adams, Pleasantville High School	6-8
2016	Perry Christie	6-6
2017	Semaj Willis, Trenton High School	6-10
2018	A’Nan Bridgett, West Windsor-Plainsboro High School South	6-8
2019	Mark Anselmi, Middletown High School South	6-8
2020	Jamier Wright-Collins, JFK Paterson High School	6-10
Boys POLE VAULT		
Year	Name-School	Height
2005	Anthony Abitante, Berkeley Heights High School	14-6
2006	John Oberg, Ocean City High School	14-6
2007	Mike Goldwasser, Manalapan High School	13-6
2008	Daniel Batdorf, West Deptford High School	15-6
2009	Greg Kelley, Toms River High School North	15-0
2010	Justin Amezcuita, Governor Livingston High School	15-0
2011	Dylan Spadaccini, Matawan High School	14-6
2012	Craig Hunter, Robbinsville High School	14-6
2013	Craig Hunter, Robbinsville High School	16-0
2014	Mike Benz, Delbarton School	15-0
2015	Joseph Egri, JFK Iselin	14-6
2016	Joe Ward, South Plainfield High School	14-6
2017	Seth Kricheff, Northern Valley Regional High School @ Old Tappan	14-6
2018	Tyler Hrbek, Northern Valley Regional High School @ Old Tappan	15-0
2019	Liam Landua, Pascack Hills High School	15-6
2020	Bradley Jelmert, Watchung Hills Regional High School	16-00.25
Boys SHOT PUT		
Year	Name-School	Distance
1969	Steve Adams, Saint Joseph’s High School – Montvale	62-8
1970	Steve Adams, Saint Joseph’s High School – Montvale	64-6.75
1971	Rudy Guevara, Essex Catholic High School	61-10
1972	Al Wujciak, Essex Catholic High School	58-3
1973	Ron Klotzer, Union High School	62-4
1974	Ron Klotzer, Union High School	60-8.5
1975	Bruce Heide, Springfield High School	62-9
1976	Manny Silverio, North Bergen High School	60-8
1977	Bob Vorhies, Our Lady o/t Valley	61-9

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Boys SHOT PUT		
Year	Name-School	Distance
1978	Brian Dalatri, Brick	56-10
1979	Bill Smith, Brick	55-11
1980	Mike Buncic, Fair Lawn High School	57-3
1981	Scott Vrabel, Elizabeth High School	58-0
1982	George Dippold, Christian Brothers Academy	58-4
1983	James Gilligan, Toms River High School East	59-3
1984	James Gilligan, Toms River High School East	63-0.5
1985	Rich Lewis, Willingboro High School	57-9.5
1986	Mike Theuerkauf, Demarest	57-7.5
1987	David Dixon, Mainland Regional High School	58-3.5
1988	Mike Theurkauf, Demarest	59-9.25
1989	Kevin Flynn, Cedar Ridge High School	56-3.5
1990	Chris Robinson, Penns Grove High School	59-8
1991	Aaron Echternacht, Hopewell Valley High School	60-11.5
1992	Tyrone Garland, Matawan High School	59-1.75
1993	Tyrone Garland, Matawan High School	58-10
1994	Ray Wilks, Bridgeton High School	58-0
1995	Ray Wilks, Bridgeton High School	62-7.5
1996	Shaun McGregor, Bergen Catholic High School	57-9.75
1997	Kevin DiGiorgio, Bayonne High School	63-10.25
1998	Kevin DiGiorgio, Bayonne High School	67-3
1999	Terrance Glover, Hamilton	57-4.25
2000	Glenn DiGiorgio, Bayonne High School	60-5.25
2001	Glenn DiGiorgio, Bayonne High School	61-10
2002	Glenn DiGiorgia, Bayonne High School	65-10
2003	John Langhauser, Ridge High School	56-3.75
2004	Dave Zaycek, Wall	58-7
2005	Steven DiGirogio, Bayonne High School	57-8.5
2006	Steve D'Arcy, Hanover Park High School	55-9.25
2007	Mike Alleman, Scotch Plains	59-3
2008	Nicholas Vena, Morristown High School	62-7.5
2009	Nicholas Vena, Morristown High School	67.7
2010	Nicholas Vena, Morristown High School	69-5.5
2011	Nicholas Vena, Morristown High School	67-2.5
2012	Braheme Days, Bridgeton High School	67-8.75
2013	Braheme Days, Bridgeton High School	66-10.5
2014	Nick Pulli, West Deptford High School	61-3
2015	Luke Grodeska, Saint Rose High School	61-3.5
2016	Jordan West, Rahway High School	62-4.25
2017	Jordan West, Rahway High School	64-0.50
2018	C.J. Licata, Gill St. Bernard's	62-07.75
2019	Brendan Loftus, Red Bank Regional High School	56-07.00

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Boys SHOT PUT		
Year	Name-School	Distance
2020	Patrick Passalacqua, Northern Valley Regional @ Old Tappan	61-04.50
Boys ONE-MILE/1600-METER RELAY		
Year	Name-School	Time
1969	Lincoln High School	3:24.5
1970	Seton Hall	3:22.1
1971	Henry Snyder	3:22.3
1972-1984 No Race		
1985	Edgewood High School	3:26.0
1986	Eastside Paterson	3:27.1
1987	Eastside Paterson	3:29.1
1988	Willingboro High School	3:28.35
1989	West Side	3:24.90
1990	Willingboro High School	3:28.80
1991	Weequahic High School	3:25.83
Boys ONE-MILE/1600-METER RELAY		
Year	Name-School	Time
1992	Weequahic High School	3:24.96
1993	Franklin High School (4x400 meters)	3:25.90
1994	Woodrow Wilson	3:30.49
1995	Willingboro High School	3:27.96
1996	Woodrow Wilson	3:24.64
1997	Metuchen High School	3:26.41
1998	Lenape High School	3:24.53
1999	Camden High School	3:25.23
2000	Lenape High School	3:24.50
2001	Camden High School	3:22.44
2002	Eastern Regional High School	3:27.04
2003	Winslow Township High School	3:24.43
2004	Camden High School	3:27.53
2005	No Race	
2006	Old Bridge High School	3:28.35
2007	Monmouth Regional High School	3:22.42
2008	Winslow Township High School	3:24.32
2009	Rahway High School	3:23.02
2010	Bergen Catholic High School	3:25.78
2011	Teaneck High School	3:25.03
2012	Oakcrest High School	3:20.53
2013	Union Catholic High School	3:21.64
2014	Union Catholic High School	3:19.70
2015	Union Catholic High School	3:24.54
2016	Egg Harbor Township High School	3:22.75

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Boys 4x800-METER RELAY		
Year	Name-School	Time
2017	East Orange	3:18.26
2018	East Orange	3:24.02
2019	Westfield	3:24.29
2017	Hopewell Valley High School	8:02.72
2018	Hopewell Valley High School	7:57.34
2019	Ridge High School	7:56.49
2020	Kingsway High School	7:47.50
Girls 55-METER DASH		
Year	Name-School	Time
1979	Judy Davis, Lincoln High School	7.0Y
1980	Michele Glover, Willingboro High School	6.8M
1981	Michele Glover, Willingboro High School	6.8
1982	Denise Mitchell, Edgewood High School	7.15
1983	Denise Mitchell, Edgewood High School	6.9
1984	Wendy Vereen, Trenton High School	6.7
1985	Talisa Lawson, Roselle Catholic High School	7.1
1986	Artrelia Turner, Wilson	7.21
1987	Talisa Lawson, Roselle Catholic High School	7.24
1988	Michelle Samuels, Red Bank Regional High School	7.25
1989	Drexel Long, Monmouth High School	7.28
1990	Tiffany Weatherford, Science	7.12
1991	Regina Trotter, Weequahic High School	7.05
1992	Tiffany Weatherford, Science	7.27
1993	Inshallah Saunders, Plainfield High School	7.23
1994	Tvsha Crichlow, Neptune High School	7.25
1995	Vanessa Lewis, Morris Catholic High School	7.13
1996	Dana Burnett, Williamstown High School	7.12
1997	Aleah Williams, Montclair High School	7.12
1998	Aleah Williams, Montclair High School	6.97
1999	Amandi Rhett, Moorestown High School	7.13
2000	Takara Wilks, Lincoln	7.23
2001	Takara Wilks, Queen of Peace	7.26
2002	Takara Wilks, Queen of Peace	7.21
2003	Jenna Harris, Franklin High School	7.15
2004	Sophia Wallace, Montclair	7.30
2005	Shavon Greaves, Lakewood High School	7.20
2006	Ogechi Nwaneri, Chatham High School	7.17
2007	English Gardner, Eastern Regional High School	7.08
2008	Ogechi Nwaneri, Chatham	6.93
2009	Dominique Booker, Immaculate – Montclair	6.92
2010	English Gardner, Eastern Regional High School	7.03

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Girls 55-METER DASH		
Year	Name-School	Time
2011	Myasia Jacobs, Paramus Catholic High School	6.96
2012	Haisha Bisiolu, Union High School	7.12
2013	Haisha Bisiolu, Union High School	7.00
2014	Torie Robinson, Winslow Township High School	6.95
2015	Haisha Bisiolu, Union High School	7.16
2016	Aliyah Taylor, Pemberton High School	7.04
2017	Bria Mack, Williamstown High School	6.99
2018	Sydney Hawkins, Phillipsburg High School	7.02
2019	Jailya Ash, Eastern Regional High School	7.06
2020	Lauren Princz, Egg Harbor Township High School	6.98
Girls 200-METER DASH		
Year	Name-School	Time
2005	Symone O'Connor, Franklin High School	25.22
2006	Krystal Canteley, Winslow Township High School	25.07
2015	Kiera Lester, Deptford Township High School	25.18
2016	Kiera Lester, Deptford Township High School	24.96
2017	Aliyah Taylor, Rancocas Valley High School	24.94
2018	Shauntae Nelson, Piscataway High School	25.13
2019	Shauntae Nelson, Piscataway High School	25.03
2020	Mariah Fede, Paramus Catholic High School	24.34
Girls 400-METER RUN		
Year	Name-School	Time
1979	Robin Stephens, Lakewood High School	1:02.1Y
1980	Robin Stephens, Lakewood High School	57.7M
1981	Robin Stephens, Lakewood High School	56.6
1982	Tracey Carter, Plainfield High School	57.79
1983	Jackie Bobien, Scott	57.1
1984	Denise Mitchell, Edgewood High School	55.7
1985	Giselle Harris, Shabazz	56.31
1986	Giselle Harris, Shabazz	56.63
1987	Ginny Figlar, Ridgewood High School	58.42
1988	Shalonda Smith, Lincoln	58.45
1989	Crystal Williamson, East Orange	57.63
1990	Michelle Samuels, Red Bank Regional High School	56.38
1991	Drexel Long, Monmouth High School	57.09
1992	Kisha Blanton, Neptune High School	57.61
1993	Angela Lee, Franklin High School	58.15
1994	Angela Lee, Franklin High School	58.30
1995	Dana Burnett, Williamstown High School	58.14
1996	Dana Burnett, Williamstown High School	57.69
1997	Mikele Barber, Montclair High School	57.42
1998	Mikele Barber, Montclair High School	55.45

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Girls 400-METER RUN		
Year	Name-School	Time
1999	Nadia Davy, Bridgeton High School	56.90
2000	Tawana Watkins, Paterson Kennedy	57.16
2001	Tawana Watkins, Paterson Kennedy	57.60
2002	Tawana Watkins, Paterson Kennedy	56.96
2003	Okechi Ogbuokiri, Willingboro High School	57.54
2004	Janine Dal, Queen of Peace	57.66
2005	Krystl Cantey, Winslow Township High School	56.93
2006	Kristen Mahon, Notre Dame High School	56.08
2007	English Gardner, Eastern Regional High School	56.29
2008	Nijgia Snapp, Oakcrest High School	55.19
2009	Nijgia Snapp, Oakcrest High School	55.74
2010	Michelle Brown, Seneca High School	55.96
2011	Olivia Baker, Colmubia High School	56.41
2012	Olivia Baker, Columbia High School	56.31
2013	Olivia Baker, Columbia High School	54.72
2014	Olivia Baker, Columbia High School	54.09
2015	Sydney McLaughlin, Union Catholic High School	53.72
2016	Sydney McLaughlin, Union Catholic High School	53.34
2017	Sydney McLaughlin, Union Catholic High School	53.17
2018	Kaira Brown, Kent Place	57.00
2019	Kaira Brown, Kent Place	55.91
2020	Nylah Perry, Winslow Township High School	56.19
Girls 800-METER RUN		
Year	Name-School	Time
1979	Mary Ellen Damutz, Hightstown High School	2:24.7Y
1980	Judy Ruff, Highland Park High School	2:20.9M
1981	Gail Byrant, Columbia High School	2:16.2
1982	Kim Sannito, Caldwell High School	2:15.7
1983	Bobbie McGee, West Side	2:15.8
1984	Giselle Harris, Shabazz	2:17.5
1985	Giselle Harris, Shabazz	2:13.3
1986	Giselle Harris, Shabazz	2:15.8
1987	Jasmin Jones, Hackensack High School	2:11.50
1988	Lynne Collazo, Ridgewood High School	2:19.09
1989	Marcia Baker, West Side	2:15.84
1990	Monica Olkowski, Cherokee High School	2:12.45
1991	Jennifer Metz, Pascack Valley High School	2:17.66
1992	Jennifer Metz, Pascack Valley High School	2:15.55
1993	Velieta Graham, Asbury Park High School	2:18.99
1994	Hazel Clark, Columbia High School	2:18.38
1995	Hazel Clark, Columbia High School	2:15.55

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Girls 800-METER RUN		
Year	Name-School	Time
1996	Dara Crocker, Columbia High School	2:18.65
1997	Dara Crocker, Columbia High School	2:15.37
1998	Mia Campo, Saint Mary's Jersey City	2:14.79
1999	Mia Campo, Saint Mary's Jersey City	2:16.92
2000	Courtney McCrudden, Eastern Regional High School	2:17.15
2001	Kathleen Trotter, Red Bank Regional High School	2:17.34
2002	Kathleen Trotter, Red Bank Regional High School	2:16.50
2003	Kathleen Trotter, Red Bank Regional High School	2:12.92
2004	Janine Davis, Queen of Peace	2:14.60
2005	Janine Davis, Queen of Peace	2:13.72
2006	Lauren Gregory, Morris Knolls High School	2:15.91
2007	Lauren Bariexca, Pope John XXIII	2:15.24
2008	Emily Carrollo, Pope John XXIII	2:14.88
2009	Ajee Wilson, Neptune High School	2:10.45
2010	Megan Tieran, Washington Township High School	2:11.53
2011	Emmy Duffey, Lenape High School	2:11.53
2012	Emmy Duffey, Lenape High School	2:15.12
2013	Olivia Baker, Columbia High School	2:14.83
2014	Corine Myers, Westwood High School	2:10.52
2015	Catherine Pagano, Northern Highlands High School	2:11.89
2016	Amair Onque, Shabazz/Union City	2:14.08
2017	Victoria Vanriele, Governor Livingston	2:13.63
2018	Victoria Vanriele, Governor Livingston	2:08.81
2019	Victoria Vanriele, Governor Livingston	2:09.18
2020	Victoria Vanriele, Governor Livingston	2:09.73
Girls 1600-METER RUN		
Year	Name-School	Time
1979	Mary Beth Hogan, Cranford High School (Mile)	5:21.5
1980	Joetta Clark, Columbia High School (1500)	4:36.8
1981	Theresa Gschwind, Summit High School	4:40.6
1982	Michelle Rowen, Washington Township High School (1600)	4:55.7
1983	Michelle Rowen, Washington Township High School	4:49.5
1984	Toni Ann Angione, Bergenfield High School	5:03.2
1985	Ruth Lockbaum, Glassboro High School	4:56.0
1986	Karen Ahearn, Bernards	4:58.26
1987	Anne Letko, North Hunterdon High School	5:09.29
1988	Cathy Feeney, Wayne Valley High School	5:06.92
1989	Cathy Feeney, Wayne Valley High School	5:09.29
1990	Cathy Feeney, Wayne Valley High School	5:08.81
1991	Christine Engel, Mount Olive High School	5:08.19
1992	Christine Engel, Mount Olive High School	5:02.82
1993	Martina Brosnahan, Immaculate Heart Academy	5:12.95

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Girls 1600-METER RUN		
Year	Name-School	Time
1994	Liz Moore, Shawnee High School	5:09.46
1995	Autumn Fogg, Hunterdon Central High School	5:03.83
1996	Autumn Fogg, Hunterdon Central High School	5:05.21
1997	Lorena Adams, Manchester Regional High School	5:00.92
1998	Dara Crocker, Columbia High School	5:07.77
1999	Stephanie Snyder, Randolph High School	5:05.08
2000	Shannon Hawrylo, Hunterdon Central Regional High School	5:11.07
2001	Amanda Trotter, Red Bank Regional High School	5:00.75
2002	Casey Nelson, Hunterdon Central Regional High School	5:09.21
2003	Brittnee Bynoe, Willingboro High School	5:06.53
2004	Casey Nelson, Hunterdon Central Regional High School	5:00.21
2005	Danielle Tauro, Southern Regional High School	4:57.90
2006	Amanda Marino, Jackson Memorial High School	4:55.21
2007	Jillian Smith, Southern Regional High School	4:53.98
2008	Jillian Smith, Southern Regional High School	5:00.96
2009	Jillian Smith, Southern Regional High School	4:48.23
2010	Ajee Wilson, Neptune High School	4:58.23
2011	Molly McNamara, Red Bank Catholic High School	4:54.41
2012	Liana Marzano, Red Bank Catholic High School	4:58.38
2013	Emily Bushey, Vernon Township High School	5:00.25
2014	Kylene Cochrane, West Morris Central High School	4:53.17
2015	Christina Rancan, West Windsor-Plainsboro South	4:50.88
2016	Christina Rancan, West Windsor-Plainsboro South	4:50.85
2017	Briana Gess, Haddonfield Memorial High School	4:59.04
2018	Madison Brand, Middletown High School South	4:56.96
2019	Jerika Lufrano, Union Catholic	4:59.26
2020	Katie Hamilton, Westfield High School	4:57.15
Girls 3200-METER RUN		
Year	Name-School	Time
1979	Ann Gladue, Bayley-Ellard (2M)	11:17.5
1980	Theresa Gschwind, Summit High School (3K)	10:11.5
1981	Michelle Rowen, Washington Township High School (3K)	10:18.9
1982	Janet Smith, North Edison (3200)	10:59.3
1983	Megan Waldron, Bernards	11:03.6
1984	Jen Van Horn, Wayne Valley High School	10:55.7
1985	Jen Van Horn, Wayne Valley High School	10:47.1
1986	Anne Letko, North Hunterdon High School	10:39.6
1987	Anne Letko, North Hunterdon High School	10:51.3
1988	Sandra Tignor, Princeton High School	10:58.72
1989	Cathy Feeney, Wayne Valley High School	10:59.72
1990	Monal Chokshi, Bridgewater	10:47.92

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Girls 3200-METER RUN		
Year	Name-School	Time
1991	Monal Chokshi, Bridgewater	10:56.31
1992	Monal Chokshi, Bridgewater	11:03.12
1993	Cathy McGuigan, Bridgeton High School	11:21.96
1994	Jessica King, Glen Ridge High School	11:15.66
1995	Loretta Adams, Manchester Township High School	10:53.52
1996	Ann Klocke, Bishop Eustace	10:58.93
1997	Amy Beykirch, Pinelands Regional High School	10:57.81
1998	Cate Gainey, Middletown High School South	10:57.36
1999	Cate Gainey, Middletown High School South	10:43.25
2000	Kris Meyer, Hillsborough High School	11:08.50
2001	Erin Donohue, Haddonfield Memorial High School	10:38.90
2002	Amanda Trotter, Red Bank Regional High School	10:41.63
2003	Amanda Trotter, Red Bank Regional High School	10:38.37
2004	Jennifer Clausen, Jackson Memorial High School	10:54.67
2005	Ashley Higginson, Colts Neck High School	10:52.72
2006	Ashley Higginson, Colts Neck High School	10:36.74
2007	Ashley Higginson, Colts Neck High School	10:26.53
2008	Melanie Thompson, Voorhees High School	10:42.68
2009	Melanie Thompson, Voorhees High School	10:39.39
2010	Melanie Thompson, Voorhees High School	10:42.82
2011	Melanie Thompson, Voorhees High School	10:39.39
2012	Dana Giordano, Bernards School	10:24.73
2013	Mackenzie Barry, West Morris Mendham High School	10:38.54
2014	Dena Klein, Gill St. Bernard's	10:37.70
2015	Epiphany Grisbaum, Ocean City High School	10:45.20
2016	Julia Guerra, Indian Hills High School	10:35.70
2017	Niamh Hayes, Howell High School	10:31.98
2018	Nicole Vanasse, Pingry School	10:34.49
2019	Julia Trethaway, West Morris Central High School	10:32.55
2020	Angelina Perez, Lakeland Regional High School	10:36.48

Girls 55-Meter Hurdles		
Year	Name-School	Time
1979	Cheryl Morrison, Lincoln High School	8.0Y
1980	Carol Lewis, Willingboro High School	7.9M
1981	Carol Lewis, Willingboro High School	8.0
1982	Sharon Hughley, Monmouth Regional High School	8.35
1983	Zonya Cross, Edgewood High School	8.2
1984	Wendy Vereen, Trenton High School	7.8
1985	Leticia Beverly, Newark Science	8.4
1986	Hope Wright, Columbia High School	8.29
1987	Dawn Bowles, Neptune High School	8.19
1988	Dawn Bowles, Neptune High School	7.95

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Girls 55-Meter Hurdles		
Year	Name-School	Time
1989	Melissa Langlois, Madison Borough High School	8.48
1990	Alnisa Tucker, Newark Science	8.35
1991	Helen Wilks, Bridgeton High School	8.45
1992	Nichole Belcher, Wilson High School	8.13
1993	Helen Wilks, Bridgeton High School	8.36
1994	Jocelyn Harris, Franklin High School	8.36
1995	Melanie Gonzalez, Lakewood High School	8.37
1996	Charmaine Walker, Plainfield High School	8.04
1997	Charmaine Walker, Plainfield High School	7.86
1998	Carlene Cummings, Englewood High School	8.11
1999	Bridgette Ingram, Columbia High School	8.30
2000	Alethia Jenkins, Pennsauken High School	8.21
2001	Amber Williams, Roxbury High School	8.22
2002	Jennifer Whitlock, Montclair High School	8.36
2003	Porscha Dobson, Kent Place	8.07
2004	Sonya Sullivan, Manchester Township High School	8.28
2005	Trier Young, Neptune High School	8.04
2006	Nia Ali, Pleasantville High School	8.15
2007	Racquel Vassell, East Orange High School	8.11
2008	Samantha Sharper, Woodrow Wilson High School	8.09
2009	Briana Feldhaus, Randolph High School	8.12
2010	Stephanie Hicks, Hamilton High School North	8.21
2011	Fiona Paladino, Montgomery High School	8.20
2012	Stey'ce McNeil, Winslow Township High School	7.94
2013	Patrycja Dziekonska, West Windsor-Plainsboro North High School	8.07
2014	Patrycja Dziekonska, West Windsor-Plainsboro North High School	7.99
2015	Sydney McLaughlin, Union Catholic High School	7.82
2016	Tia Livingston, Union Catholic High School	8.07
2017	Lenaami Morton, Camden High School	7.94
2018	Grace O'Shea, Ramapo High School	8.08
2019	Claudine Smith, Atlantic City	8.03
2020	Jailya Ash, Eastern Regional High School	8.03
Girls HIGH JUMP		
Year	Name-School	Distance
1979	Connie Pollack, West Windsor	5-2
1980	Rita Christopher, Linden High School	5-6
1981	Carol Lewis, Willingboro High School	5-8
1982	Tish Edwards, Mater Dei Prep	5-8.5
1983	Tatiana Smolin, Randolph High School	5-8
1984	Tatiana Smolin, Randolph High School	5-10.5
1985	Tatiana Smolin, Randolph High School	5-8
1986	Karen Way, Southern Ocean	5-6

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Girls HIGH JUMP		
Year	Name-School	Distance
1987	Erin Halpin, Cherry Hill High School East	5-6
1988	Shelley Mitchell, Lakewood High School	5-6
1989	Dawn Ellery, West Windsor	5-2
1990	Sandrine Tokoto, Moorestown High School	5-6
1991	Sandrine Tokoto, Moorestown High School	5-4
1992	Elena Chomiszak, Linden High School	5-4
1993	Michelle Dudzinski, Passaic Valley High School	5-6
1994	Shatich Rivers, Moorestown High School	5-6
1995	Kathy Kilar, North Edison High School	5-4
1996	Kathy Kilar, North Edison High School	5-6
1997	Tamika Toppin, South Plainfield High School	5-8
1998	Cheryl Burdick, Ramsey High School	5-8
1999	Cheryl Burdick, Ramsey High School	5-8
2000	Patty Dudek, Bordentown Regional High School	5-6
2001	Alison Shepherd, Oakcrest High School	5-4
2002	Debra Vento, Freehold Borough High School	5-8
2003	Debra Vento, Freehold Borough High School	5-10
2004	Marcene Jack, Mainland Regional High School	5-6
2005	Alaina Alfano, Hanover Park High School	5-6
2006	Lashonda Carter, Rahway High School	5-6
2007	Lataya Dixon, J.P. Stevens High School	5-8
2008	Lindsey Walsh, Lenape High School	5-6
2009	Emily Kianka, Hopewell Valley Regional High School	5-6
2010	Emily Kianka, Hopewell Valley Regional High School	5-10
2011	Alexa Williams, Jonathan Dayton High School	5-10
2012	Kyaira Wright-Harm, Franklin High School	5-8
2013	Alicia Terrell, Timber Creek High School	5-7
2014	Nnenna Ibe, North Brunswick High School	5-6
2015	Gabrielle Bennett, Winslow Township High School	5-8
2016	Courtney Campbell, South Brunswick High School	5-6
2017	Courtney Campbell, South Brunswick High School	5-6
2018	Jenna Rogers, Rutherford High School	5-10
2019	Tierra Hooker, Timber Creek High School	5-08
2020	Bryanna Craig, Millville High School	5-06
Girls POLE VAULT		
Year	Name-School	Distance
2005	Kristen Hafford, Warren Hills Regional High School	12-0
2006	Natalie Gengel, Princeton High School	12-3
2007	Chrissy Finkel, Montville High School	11-6
2008	Jen Holly, Barnegat High School	12-6
2009	Chrissy Finkel, Montville High School	12-6
2010	Catherine Shih, Bernards School	12-0

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Girls POLE VAULT		
Year	Name-School	Distance
2011	Dana Schweiger, Toms River High School North	12-0
2012	Chelsea Vaughan, Southern Regional High School	12-6
2013	Marlena Sabatino, Hillsborough High School	11-6
2014	Nicole Macco, Matawan High School	11-6
2015	Kristina Langan, Wayne Hills High School	12-0
2016	Leah Saifi, Governor Livingston High School	12-0
2017	Julia Dannenbaum, Pingry School	12-0
2018	Hayley Horvath, Notre Dame High School	12-6
2019	Caroline Dannenbaum, Pingry	12-6
2020	Caroline Dannenbaum, Pingry	12-7
Girls SHOT PUT		
Year	Name-School	Distance
1979	Beth Bittel, Toms River High School North	41-06.75
1980	Rena Antanclis, Randolph High School	40-04.00
1981	Elaine Rose, Monmouth High School	42-08.50
1982	Pam Dukes, Freehold Township High School	42-09.50
1983	Regina Weinpahl, Westwood Regional High School	40-08.00
1984	Lillian Rivera, Pemberton High School	41-10.00
1985	Audra Corson, Monmouth High School	40-11.50
1986	Erica Jones, Plainfield High School	41-03.50
1987	Kirsten Christiansen, Rutherford High School	39-10.00
1988	Shawn Walsh, Toms River High School East	40-02.50
1989	Karen Harris, Hillside High School	38-01.50
1990	Nicole Sims, Plainfield High School	44-09.25
1991	Nicole Sims, Plainfield High School	49-09.75
1992	Nicole Sims, Plainfield High School	47-07.25
1993	Nicole Sims, Plainfield High School	47-06.00
1994	Robyn Lowe, Passaic High School	41-09.50
1995	Nicole Adams, Hillside High School	40-05.50
1996	Melinda Boykin, Bridgeton High School	42-11.00
1997	Melinda Boykin, Bridgeton High School	42-00.75
1998	Melinda Boykin, Bridgeton High School	42-04.00
1999	Sarah Herskee, West Morris Mendham High School	42-06.50
2000	Nacole Moore, Bridgeton High School	45-03.00
2001	Jackie Hudgins, Hightstown High School	44-10.50
2002	Jessica Fazekas, Northern Valley Regional at Demarest	44-06.50
2003	Kelly Fazekas, Northern Valley Regional at Demarest	44-06.50
2004	Sylvia Galarza, Millville High School	44-01.50
2005	Daria Zivanovic, St. Dominic	41-03.75
2006	Mercedes Hickes, Atlantic City High School	43-08.75
2007	Taryn O'Connor, Hillsborough High School	46-03.00
2008	DeAnn Hahn, Brick Township High School	46-01.50

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Girls SHOT PUT		
Year	Name-School	Distance
2009	Shannon Watt, Jackson Memorial High School	42-06.75
2010	Alana Pantale, Wayne Valley High School	42-00.75
2011	Theresa Picciallo, Immaculate Heart Academy	46-04.50
2012	Theresa Picciallo, Immaculate Heart Academy	47-08.00
2013	Carrie Wasdyke, Jefferson High School	41-03.50
2014	Cheyenne Bellerand, Emerson High School	43-08.00
2015	Nickolette Dunbar, Whippany Park High School	47-11.25
2016	Nickolette Dunbar, Whippany Park High School	53-02.00
2017	Alyssa Wilson, Donovan Catholic High School	55-02.25
2018	Shelby Bigsby, Montclair High School	47-00.00
2019	Cydney Thomas, Haddon Heights High School	42-04.75
2020	Elizabeth Makar, Pinelands Regional High School	44-02.50
Girls ONE-MILE /1600 METER RELAY		
Year	Name-School	Time
1979	Plainfield High School	4:17.5
1980	Plainfield High School	4:00.1
1985	Plainfield High School	4:02.4
1986	Shabazz High School	4:00.61
1987	Plainfield High School	4:02.4
1988	Monmouth High School	4:01.43
1989	Science	4:02.41
1990	Clifford Scott	4:06.47
1991	Monmouth / Columbia	4:09.6
1992	Willingboro High School	4:04.93
1993	Willingboro High School	4:04.20
1994	Camden High School	4:03.99
1995	Columbia High School	3:55.73
1996	Columbia High School	3:56.72
1997	Columbia High School	4:01.73
1998	Montclair High School	3:55.24
1999	Willingboro High School	4:10.15
2000	Trenton High School	4:01.08
2001	Willingboro High School	4:00.34
2002	Willingboro High School	4:01.33
2003	Eastern High School	3:57.94
2004	Willingboro High School	4:01.90
2005	No Race	
2006	East Orange High School	3:59.30
2007	East Orange High School	3:59.03
2008	Southern Regional High School	3:56.76
2009	Camden High School	3:55.08
2010	Columbia High School	3:53.50

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Girls ONE-MILE /1600 METER RELAY		
Year	Name-School	Time
2011	Washington Township High School	3:57.96
2012	Columbia High School	3:57.35
2013	Columbia High School	3:48.30
2014	Columbia High School	3:48.30
2015	Union Catholic High School	3:50.32
2016	Union Catholic High School	3:47.27
2017	Union Catholic High School	3:50.82
2018	Union Catholic High School	3:56.90
2019	Union Catholic High School	3:53.84
2020	Union Catholic High School	3:51.68
Girls 4x800 METER RELAY		
Year	Name-School	Time
2017	Ridge High School	9:14.47
2018	Ridge High School	9:17.78
2019	Ridge High School	9:18.64
2020	Ridge High School	9:14.49

INDOOR TRACK AND FIELD STATE CHAMPIONSHIP MEET RECORDS

GIRLS

60 Yard High Hurdles	Cheryl Morrison, Lincoln High School	0:08.0	1979
55 Meter High Hurdles 33"	Wendy Vereen, Trenton High School	0:07.8	1984
	Charmaine Walker, Plainfield High School	0:07.86	1997
60 Yard Dash	Judy Davis, Lincoln High School	0:07.0	1979
55 Meter Dash	Wendy Vereen, Trenton High School	0:06.7	1984
200 Meter Dash	Aliyah Taylor, Rancocas Valley High School	0:24.94	2017
440 Yard Dash	Robin Stephens, Lakewood High School	1:02.1	1979
400 Meter Dash	Sydney McLaughlin, Union Catholic High School	0:53.17	2017
880 Yard Run	Mary Ellen Damutz, Hightstown High School	2:24.7	1979
800 Meter Run	Victoria Vanriele, Governor Livingston	2:07.83	2020
One Mile Run	Mary Beth Hogan, Cranford High School	5:21.5	1979
1500 Meter Run	Joetta Clark, Columbia High School	4:36.8	1980
1600 Meter Run	Jillian Smith, Southern Regional High School	4:48.23	2009
Two Mile Run	Ann Gladue, Bayley-Ellard	11:17.5	1979
3000 Meter Run	Theresa Gschwind, Summit High School	10:11.5	1980
3200 Meter Run	Dana Giordano, Bernards	10:24.73	2012
4x440 Yard Relay	Plainfield High School	4:00.1	1980
4x400 Meter Relay	Union Catholic High School	3:47.27	2016
4x800 Meter Relay	Ridge High School	9:14.47	2018
High Jump	Tatiana Smolin, Randolph High School	5'10.5"	1984
Pole Vault	Caroline Dannenbaum, Pingry	12'06.50"	2020
(8 pounds) Shot Put	Beth Bittel, Toms River High School North	41'06.75"	1979
(4kg) Shot Put	Alyssa Wilson, Donovan Catholic High School	55'02.25"	2017

INDOOR TRACK AND FIELD STATE CHAMPIONSHIP MEET RECORDS

BOYS

60 Yard High Hurdles	Reggie Blackshear, Metuchen High School	0:06.9	1973
	Renaldo Nehemiah, Scotch Plains	0:06.9	1977
55 Meter High Hurdles 39"	Jermaine Collier, Trenton Central High School	0:07.19	2012
60 Yard Dash	John Chambers, Neptune High School	0:06.1	1974
55 Meter Dash	Mike Parker, Salem High School	0:06.3	1981
	Dennis Mitchell, Edgewood High School	0:06.3	1983
	Damier Johnson, Long Branch High School	0:06.38	2008
	James Brown, Glassboro High School	0:06.38	2009
	Marvin Morgan, Neptune High School	0:06.38	2017
	Louis Akpadago, Nottingham	0:06.38	2019
200 Meter Dash	Mario Heslop, Franklin Township High School	0:21.75	2018
440 Yard Dash	Dave Law, Snyder	0:49.0	1973
400 Meter Dash	Zyaire Clemes, Trenton Central High School	0:48.26	2013
880 Yard Run	Joe Savage, Roselle Catholic High School	1:55.5	1969
	Gary Trojanowski, Saint Joseph	1:55.5	1972
800 Meter Run	Isaac Clark, Pleasantville High School	1:51.72	2013
One Mile Run	Vince Cartier, Scotch Plains	4:06.6	1972
1500 Meter Run	Cliff Sheehan, Westfield High School	3:59.6	1981
1600 Meter Run	Ben Malone, Pascack Valley High School	4:11.66	2012
Two Mile Run	Chris Inman, Essex Catholic	9:07.8	1973
3000 Meter Run	J.J. Clark, Columbia High School	8:45.8	1981
3200 Meter Run	Liam Murphy, Allentown High School	8:54.22	2019
4x440 Yard Relay	Seton Hall Prep	3:22.1	1970
4x400 Meter Relay	East Orange	3:18.26	2017
4x800 Meter Relay	Hopewell Valley High School	7:57.34	2018
High Jump	Mike Morrison, Willingboro High School	7'01.00"	2002
Pole Vault	Craig Hunter, Robbinsville High School	16'00.00"	2013
Shot Put	Nicholas Vena, Morristown High School	69'05.50"	2010

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Boys 60-Yard Dash (55M)		
Year	Name-School	Time
1969	Bob Hauk, Saint Joseph's High School – Montvale	6.4
1970	Charles Wells, Lincoln High School	6.4
1971	Carl Stewart, Rahway High School	6.3
1972	Charles Wells, Lincoln High School	6.4
1973	John Chambers, Neptune High School	6.2
1974	John Chambers, Neptune High School (6.1 Trial)	6.2
1975	Manny Small, Williamstown High School	6.3
1976	Dana Shelton, Hightstown High School	6.3
1977	Frank Kelly, Westfield High School	6.3
1978	Carlos Roberts, Franklin High School	6.42
1979	Ron Singletary, Trenton High School	6.4
1980	Same Seale, Orange (55 meters)	6.4
1981	Mike Parker, Salem High School	6.3
1982	Clark Waddell, Franklin High School	6.5
1983	Dennis Mitchell, Edgewood High School	6.3
1984	Vernon June, Saint Benedict's	6.4
1985	Lee Jerkins, Edgewood High School	6.4
1986	Joe Henderson, Freehold Borough High School	6.39
1987	Barry Bacon, Neptune High School	6.45
1988	Derrick Horner, Don Bosco Prep	6.53
1989	Lamar Wright, Penns Grove High School	6.55
1990	Enayat Oliver, Clifford Scott	6.54
1991	Ty Adams, Monmouth High School	6.56
1992	Eugene Hardy, Neptune High School	6.55
1993	Rufus Wright, Bridgeton High School	6.55
1994	Mike Fields, Roselle Park High School	6.59
1995	Joe Dawkins, Hackensack High School	6.48
1996	Albert Newkirk, Camden High School	6.56
1997	Albert Newkirk, Camden High School	6.50
1998	Richard Hubbard, Eastern Regional High School	6.55
1999	Nick Brown, Bridgeton High School	6.57
2000	Anthony Davis, Plainfield High School	6.42
2001	Danny Johnson, Rahway High School	6.42
2002	James Townsend, Holy Cross High School	6.57
2003	Adian Sanderson, Ewing High School	6.54
2004	Darren Ford, Vineland High School	6.47
2005	Latif Brewer, Union High School	6.56
2006	Reginald Dixon-Venson, Plainfield High School	6.52
2007	Reginald Dixon-Venson, Plainfield High School	6.46
2008	Damier Johnson, Long Branch High School	6.38
2009	James Bown, Glassboro High School	6.38
2010	Miles Shuler-Foster, Long Branch High School	6.40

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Boys 60-Yard Dash (55M)		
Year	Name-School	Time
2011	Miles Shuler-Foster, Long Branch High School	6.39
2012	Darnell Charles, Oakcrest High School	6.46
2013	Dominique Irons, Haddon Heights High School	6.42
2014	Kashif Miller, Haddon Heights High School	6.46
2015	Caleb Williams, Saint Joseph's High School Hammonton	6.48
2016	Martees Jones, South Plainfield High School	6.48
2017	Marvin Morgan, Neptune High School	6.38
2018	Gabriel Nash, Elizabeth High School	6.42
2019	Louis Akpadago, Nottingham High School	6.38
2020	Louis Akpadago, Nottingham High School	6:34
Boys 200 Meter Dash		
Year	Name-School	Time
2005	Bryant McCombs, Old Bridge High School	22.17
2006	Doug Cloninger, Morristown High School	23.06
2015	Sterling Price, Rancocas Valley High School	22.20
2016	Thomas Kalieta, Matawan High School	22.41
2017	Martin Booker, Jr., Pennsauken High School	22.21
2018	Marlo Heslop, Franklin Township High School	21.75
2019	Marlo Heslop, Franklin Township High School	21.82
2020	Shamali Whittle, Nottingham High School	21.68
Boys 440-Yard Run (400M)		
Year	Name-School	Time
1969	Keith Davis, Lincoln High School	50.1
1970	Keith Davis, Lincoln High School	49.9
1971	Dave Law, Snyder	50.3
1972	Dave Law, Snyder	49.3
1973	Dave Law, Snyder	49.0
1974	Jerry Wyche, Hackensack High School	50.7
1975	Mike Peniston, Neptune High School	50.3
1976	Mike Peniston, Neptune High School	49.4
1977	Darrell Jeffress, Trenton High School	50.8
1978	Darrell Jeffress, Trenton High School	49.8
1979	John Bailey, Monmouth High School	49.5
1980	Jack Armour, Lincoln High School (400 meters)	49.9
1981	Kevin Overton, West Deptford Township High School	50.1
1982	Tony Valentine, Plainfield High School	49.4
1983	Tony Valentine, Plainfield High School (48.9ht)	49.7
1984	Dennis Mitchell, Edgewood High School	49.3
1985	Brian Bennett, Edgewood High School	49.5
1986	Tony Tiller, Westfield High School	50.73
1987	Andrew Cameron, Eastside-Paterson	50.54
1988	David Fields, Monmouth High School	49.86

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Boys 440-Yard Run (400M)		
Year	Name-School	Time
1989	David Fields, Monmouth High School	49.32
1990	William Mobley, Eastern Regional High School	49.80
1991	Lamont Smith, Willingboro High School	48.68
1992	Curt McIntire, Bridgeton High School	50.02
1993	Nakia Fenner, Newark Science	50.09
1994	Royce Reed, Bridgeton High School	50.06
1995	Royce Reed, Bridgeton High School	49.92
1996	Walter King, Hackensack High School	50.31
1997	Tyrone Ross, Metuchen High School	49.90
1998	Rob Gary, Lenape High School	49.53
1999	Nick Brown, Bridgeton High School	49.76
2000	Mohamed Kann, Lenape High School	50.18
2001	Marvin Lewis, Willingboro High School	50.13
2002	Lance Wigfall, East Orange High School	49.61
2003	Lance Wigfall, East Orange High School	48.50
2004	Andrew Anderson, Montclair High School	50.63
2005	Shaquan Brown, JFK Paterson	49.53
2006	Bryant McCombs, Old Bridge High School	49.18
2007	Charles Cox, Monmouth Regional High School	48.92
2008	Clayton Parros, Seton Hall Prep	49.35
2009	Andrew Burt, Lacey Township High School	49.33
2010	Clayton Gravesande, Franklin High School	49.31
2011	Najee Glass, Saint Peter's Prep	48.48
2012	Darrell Bush, Woodbury High School	49.11
2013	Zyair Cumes, Trenton High School	48.26
2014	Taylor McLaughlin, Union Catholic High School	49.36
2015	Taylor McLaughlin, Union Catholic High School	48.33
2016	Mike Zupko, Christian Brothers Academy	49.35
2017	Luke Colehower, Haddonfield Memorial High School	49.17
2018	Mario Heslop, Franklin High School	48.71
2019	Mario Heslop, Franklin High School	49.57
2020	Adam Gorka, South Brunswick High School	48.66

Boys 880-Yard Run (800M)		
Year	Name-School	Time
1969	Joe Savage, Roselle Catholic High School	1:55.5
1970	Joe Savage, Roselle Catholic High School	1:55.6
1971	Brian Gauschino, North Bergen High School	1:55.8
1972	Gary Trojanowski, Saint Joseph's High School, Metuchen	1:55.5
1973	Alex Long, Hudson Catholic High School/Don Grow, Toms River High School South	1:57.9
1974	Steve Mohyla, Seton Hall	1:57.0
1975	Andy Hubsch, Westfield High School	1:56.7
1976	Tony Uzdavines, Williamstown High School	1:56.0

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Boys 880-Yard Run (800M)		
Year	Name-School	Time
1977	Tony Uzdavines, Williamstown High School	1:56.6
1978	Aubrey McKithen, Trenton High School	1:57.4
1979	Rich Caton, Woodbury High School	1:57.4
1980	John Marshall, Plainfield High School (800m)	1:55.8
1981	John Marshall, Plainfield High School	1:54.4
1982	Dwayne Brake, Irvington High School	1:56.5
1983	John Carliotti, Bernards	1:57.0
1984	Mike Glenn, Trenton High School	1:55.6
1985	Fred Bronner, Morris Hills High School	1:55.4
1986	Ranjan Sinha, Bernards	1:56.87
1987	Rodney Smith, Hillside High School	1:58.50
1988	Rich Kenah, Immaculate Conception	1:56.27
1989	Ernesto Perez, West Side	1:56.26
1990	Ernesto Perez, West Side	1:54.36
1991	Jean Destine, Elizabeth High School	1:53.77
1992	Robert Motz, Rahway High School	1:56.78
1993	Robert Motz, Rahway High School	1:58.52
1994	Robert Motz, Rahway High School	1:57.06
1995	Matt Kalwinsky, Toms River High School North	1:56.68
1996	Matt Elmuccio, Westfield High School	1:55.27
1997	Matt Elmuccio, Westfield High School	1:55.16
1998	Joe Lewis, Pleasantville High School	1:56.13
1999	Eric Motzenbecker, Wall Township High School	1:56.67
2000	Josh Kauke, Ridgewood High School	1:57.42
2001	Nat Glackin, Christian Brothers Academy	1:57.78
2002	Ken Sinkovitz, Bergen Catholic High School	1:55.13
2003	Ken Sinkovitz, Bergen Catholic High School	1:55.16
2004	Greg Gomez, Franklin High School	1:55.93
2005	Rob Novak, Bordentown Regional High School	1:57.52
2006	Tom Friscia, Red Bank Regional High School	1:57.83
2007	John Gray, Southern Regional High School	1:56.92
2008	Robert Andrews, Manalapan High School	1:54.85
2009	Xavier Fraction, Washington Township High School	1:54.82
2010	Kevin Byrne, Red Bank Catholic High School	1:55.10
2011	Justin Hill, Seton Hall	1:55.87
2012	Allen Eke, Union Catholic High School	1:52.24
2013	Issac Clark, Pleasantville High School	1:51.72
2014	Joe White, DePaul Catholic High School	1:53.95
2015	Miawad Hazem, Old Bridge High School	1:55.10
2016	Rey Rivera, Old Bridge High School	1:54.09
2017	Rey Rivera, Old Bridge High School	1:52.18
2018	Luis Peralta, Passaic High School	1:54.54

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Boys 880-Yard Run (800M)		
Year	Name-School	Time
2019	Elijah Brown, Union Catholic High School	1:53.98
2020	Gabriel Moronta, Pleasantville High School	1:52.46

Boys One-Mile Run (1500/1600)		
Year	Name-School	Time
1969	Bruce Scott, Union High School	4:20.2
1970	Bill Sieben, Union Catholic High School	4:14.7
1971	Kevin Conheeney, Hackensack High School	4:18.7
1972	Vince Cartier, Scotch Plains	4:06.6
1973	Dave Wall, Dickinson	4:15.1
1974	Greg Stremmel, Gateway	4:18.2
1975	Kevin Byrne, Bergen Catholic High School	4:16.3
1976	Henry Menke, Toms River High School South	4:16.2
1977	Roger Jones, Ramsey High School	4:16.4
1978	John Wavro, Saint Joseph High School, Metuchen	4:21.9
1979	Dave Swatland, Columbia High School	4:19.9
1980	Mike Benson, Toms River High School South (1500M)	4:04.0
1981	Cliff Sheehan, Westfield High School	3:59.6
1982	Bill Lee, East Brunswick High School (1600M)	4:18.6
1983	John Carlotti, Bernards	4:16.4
1984	Mike Glenn, Trenton High School	4:20.2
1985	Lyle Smith, Bernards	4:22.0
1986	Lyle Smith, Bernards	4:17.79
1987	James Barnes, St. Benedict's	4:18.26
1988	Matt Mitchell, Christian Brothers Academy	4:18.93
1989	Bryan Spoonire, Asbury Park High School	4:19.88
1990	Bryan Spoonire, Asbury Park High School	4:16.86
1991	Bryan Spoonire, Asbury Park High School	4:19.00
1992	Chris Lear, Pingry School	4:16.27
1993	Rich Morris, Jackson High School	4:17.75
1994	Chris Greer, Toms River High School South	4:26.81
1995	Matt Elmuccio, Westfield High School	4:21.12
1996	Isidro Pimentel, Snyder	4:23.55
1997	Steve Slattery, Mount Olive High School	4:16.62
1998	Nathan Sisco, North Hunterdon High School	4:20.15
1999	Jon Fasulo, North Hunterdon High School	4:23.36
2000	Miguel Jones, Hillsborough High School	4:23.01
2001	Brian Boyett, Parsippany Hills High School	4:21.94
2002	Jeremy Zagorski, Parsippany Hills	4:21.90
2003	Chris Platt, Haddonfield Memorial High School	4:16.64
2004	Carmen Cavella, Washington Township High School	4:19.09
2005	Greg Leach, Christian Brothers Academy	4:18.35

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Boys One-Mile Run (1500/1600)		
Year	Name-School	Time
2006	Craig Forys, Colts Neck High School	4:17.11
2007	Dennie Wait, Red Bank Regional High School	4:21.63
2008	Jermaine Coore, Franklin High School	4:18.68
2009	Liam Tansey, Morris Hills	4:11.95
2010	DJ Thornton, Union Catholic High School	4:12.54
2011	Erik Johnson, Ocean City High School	4:16.02
2012	Ben Malone, Pascack Valley High School	4:11.66
2013	Rob Napolitano, Red Bank Catholic High School	4:17.84
2014	Mike McClemens, Christian Brothers Academy	4:14.20
2015	Luke Petela, Haddon Townshp High School	4:14.71
2016	Bill Daly, River Dell Regional High School	4:13.01
2017	Malual Mu, Trenton Central High School	4:19.88
2018	Drew Maher, Shore Regional High School	4:11.83
2019	Will Baginski, Ridgewood High School	4:12.90
2020	Tyler Jackson, Cherokee High School	4:18.83
Boys Two-Mile Run (3K/3200)		
Year	Name-School	Time
1969	Mike Keogh, Essex Catholic High School	9:21.9
1970	Ken Medlin, Haddon Township High School	9:13.6
1971	Vince Cartier, Scotch Plains	9:08.7
1972	Carlos Bazo, Essex Catholic High School	9:11.0
1973	Chris Inman, Essex Catholic High School	9:07.8
1974	Chris Hallinan, Bernards	9:09.3
1975	Brian Penn, Watchung Hills Regional High School	9:14.7
1976	Ed Taylor, Edison High School	9:13.2
1977	Ron Gale, Christian Brothers Academy	9:19.6
1978	Mike Mantini, Gateway Regional High School	9:15.0
1979	Dave Thomson, Dover High School	9:15.9
1980	Jim Smith, Haddonfield Memorial High School (3K)	8:48.1
1981	J.J. Clark, Columbia High School	8:45.8
1982	J.J. Clark, Columbia High School (3200)	9:11.9
1983	Chris Blanchet, Bernards	9:24.9
1984	Brad Hudson, North Hunterdon High School	9:19.7
1985	Bill Kolb, Christian Brothers Academy	9:19.3
1986	Kevin Pumphrey, Highland Regional High School	9:15.76
1987	John Coyle, Christian Brothers Academy	9:23.56
1988	John Coyle, Christian Brothers Academy	9:28.40
1989	Bill Nann, Bernards	9:25.30
1990	Albert Donawa, Camden High School	9:27.45
1991	Matt Doherty, Saint Joseph High School, Metuchen	9:25.57
1992	Steve Mazur, Highland Regional High School	9:32.71
1993	Per Chilstrom, Columbia High School	9:36.25

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Boys Two-Mile Run (3K/3200)		
Year	Name-School	Time
1994	Bob Keino, Ridgewood High School	9:18.11
1995	Scott Muoio, Brick	9:26.53
1996	Eric Savoth, Christian Brothers Academy	9:17.06
1997	Adam Daniels, Seton Hall	9:21.11
1998	Steve Slattery, Mount Olive High School	9:18.58
1999	Tim Styler, Cranford High School	9:22.70
2000	Brian Boyett, Parsippany Hills High School	9:22.99
2001	Brian Boyett, Parsippany Hills High School	9:14.72
2002	Dan Deichert, Eastern	9:25.86
2003	Mohamed Khadraoui, JFK Paterson	9:18.91
2004	Mohamed Khadraoui, JFK Paterson	9:06.58
2005	Joe McKenney, Cranford High School	9:20.77
2006	Craig Forys, Colts Neck High School	9:15.11
2007	Craig Forys, Colts Neck High School	9:03.58
2008	Brian Leung, West Windsor-Plainsboro High School South	8:59.77
2009	Sean Pohorence, Morris Hills High School	9:08.55
2010	Jon Vitez, Haddonfield Memorial High School	8:58.81
2011	Matthew McDonald, North Hunterdon High School	9:15.73
2012	Tim Ball, Piscataway High School	9:10.69
2013	Tom O'Neill, Middletown High School North	9:02.00
2014	Blaise Ferro, Christian Brothers Academy	9:12.70
2015	Blaise Ferro, Christian Brothers Academy	9:12.96
2016	Jordan Brannan, Colts Neck High School	9:14.94
2017	Jordan Brannan, Colts Neck High School	9:08.32
2018	Devin Hart, Point Pleasant Borough High School	9:06.11
2019	Liam Murphy, Allentown High School	8:54.22
2020	Liam Murphy, Allentown High School	8:58.16
Boys 60-Yard High Hurdles (55M)		
Year	Name-School	Time
1969	John Bykowsky, Saint Joseph High School, Montvale	7.4
1970	Jim Robinson, Camden High School	7.3
1971	Paul Ricciardi, Iselin	7.0
1972	Reggie Blackshear, Metuchen High School	7.0
1973	Reggie Blackshear, Metuchen High School	6.9
1974	Randy Johnson, Morristown High School	7.1
1975	Randy Johnson, Morristown High School	7.3
1976	Paul Snipes, Essex Catholic	7.2
1977	Renaldo Nehemiah, Scotch Plains (5H)	6.9
1978	Chris Person, Plainfield High School	7.49
1979	John Manley, Neptune High School	7.3
1980	Craig Morris, Monmouth High School (55 meters)	7.3

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Boys 60-Yard High Hurdles (55M)		
Year	Name-School	Time
1981	Barry McClain, Trenton High School	7.3
1982	Stephan Fletcher, Princeton High School	7.4
1983	Stephan Fletcher, Princeton High School	7.4
1984	George Barry, Camden High School	7.6
1985	Jon Dickey, Penns Grove High School	7.6
1986	Jerry Pemberton, Hackensack High School	7.50
1987	George Bland, Penns Grove High School	7.43
1988	Todd Walthall, Seton Hall	7.51
1989	Gerard Reynolds, Willingboro High School	7.58
1990	Mike Anderson, Edgewood High School	7.56
1991	John Charley, Morristown High School	7.58
1992	Ed Loges, Shawnee High School	7.54
1993	Dudley Dorival, Ewing High School	7.63
1994	Jason Ellis, Lakewood High School	7.64
1995	Anthony DiCosmo, Paramus	7.52
1996	Sultan Tucker, Delsea	7.36
1997	Sultan Tucker, Delsea	7.44
1998	Todd Matthews, Notre Dame High School	7.43
1999	Danyne Brown, Camden High School	7.44
2000	Chris Stephens, Plainfield High School	7.61
2001	Anthony Acklin, Triton	7.42
2002	Aaron Ross, Clearview	7.77
2003	Jeff Porter, Franklin High School	7.41
2004	Reuben McCoy, Winsow Township High School	7.48
2005	Chris Haley, Union	7.49
2006	William Brown, Palmyra High School	7.71
2007	Tykeen Fulton, Trenton High School	7.45
2008	Kamryn Austin, Ewing High School	7.48
2009	Joshua Evans, Irvington High School	7.40
2010	Devon Carter, Washington Township High School	7.49
2011	Christian Boateng, Old Bridge High School	7.36
2012	Jermaine Collier, Trenton High School	7.19
2013	Zach Ghizzone, Union Catholic High School	7.51
2014	Obafemi Animashaun, Union Catholic High School	7.44
2015	Alex Borzelin, Hamilton High School North	7.44
2016	Benjamin Aidoo, Sayreville	7.47
2017	Cory Poole, East Orange	7.21
2018	Sincere Rhea, Saint Augustine	7.35
2019	Sincere Rhea, Saint Augustine	7.22
2020	Anthony Vazquez, Egg Harbor Township High School	7.31

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Boys High Jump		
Year	Name-School	Distance
1969	Leroy Haves, Asbury Park High School	6-4
1970	Henry Englebrecht, Christian Brothers Academy	6-4
1971	Fred Zeiher, West Essex High School	6-2
1972	Kevin Allen, Madison Township High School	6-4
1973	Ron Liteplo, East Brunswick High School	6-4
1974	Ron Liteplo, East Brunswick High School	6-9
1975	Ed Kijewski, Plainfield High School	6-7
1976	Barry Anderson, Rancocas Valley High School	6-6
Boys High Jump		
Year	Name-School	Distance
1977	Bob Jones, East Brunswick High School	6-8
1978	Donis Marshall, Neptune High School	6-6
1979	Milt Goode, Monmouth High School	7-0
1980	Mike Pascuzzo, Lenape High School	6-10
1981	Kraig Sanders, Asbury Park High School	6-8
1982	John Howard, Elizabeth High School	6-6
1983	Kevin McGorty, Westfield High School	6-10
1984	Scott Harrison, Willingboro High School	6-8
1985	Kerry Vivett, Edgewood High School	6-8
1986	Craig Wiley, Mount Olive High School	6-8
1987	Terry Ferguson, Cherry Hill High School West	6-10
1988	Mark DeAngelis, Tenaflly High School	6-6
1989	Rich Robinson, Saint Joseph High School – Montvale	6-8
1990	Eric Taylor-Perry, Montclair High School	6-10
1991	Mike Loftin, North Hunterdon High School	6-10
1992	Ronald Thomas, Paterson Kennedy	6-6
1993	Ed Watts, South Brunswick High School	6-6
1994	Andrew Dambreville, West Orange High School	6-8
1995	Derrick Ponton, Montclair High School	7-0
1996	Kijana Corbin, Columbia High School	6-6
1997	Cory Hubert, Saint John Vianney High School	6-10
1998	Raffael Craig, Millville High School	6-6
1999	Raffael Craig, Millville High School	6-10
2000	Paul Klemic, Mainland Regional High School	6-10
2001	Lonnie Washington, Elizabeth High School	6-8
2002	Mike Morrison, Willingboro High School	7-1
2003	Adam Wendel, Westfield High School	6-6
2004	Jamal Ames, Vineland High School	6-6
2005	Chris Haley, Union High School	6-10
2006	Josh Butler, Delsea Regional High School	6-6
2007	Devon Bond, Trenton High School	6-8

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Boys High Jump		
Year	Name-School	Distance
2008	Adam Bergo, Westfield High School	6-8
2009	Alex Smith, Rumson-Fair Haven Regional High School	6-8
2010	Mark Jones, Summit High School	6-8
2011	Mark Jones, Summit High School	6-8
2012	Ryan North, Southern Regional High School	6-6
2013	Zach Davis, Sparta High School	6-8
2014	Ian Kirk, Howell High School	6-7
2015	Tyriq Adams, Pleasantville High School	6-8
2016	Perry Christie	6-6
2017	Semaj Willis, Trenton High School	6-10
2018	A’Nan Bridgett, West Windsor-Plainsboro High School South	6-8
2019	Mark Anselmi, Middletown High School South	6-8
2020	Jamier Wright-Collins, JFK Paterson High School	6-10

Boys POLE VAULT		
Year	Name-School	Height
2005	Anthony Abitante, Berkeley Heights High School	14-6
2006	John Oberg, Ocean City High School	14-6
2007	Mike Goldwasser, Manalapan High School	13-6
2008	Daniel Batdorf, West Deptford High School	15-6
2009	Greg Kelley, Toms River High School North	15-0
2010	Justin Amezcuita, Governor Livingston High School	15-0
2011	Dylan Spadaccini, Matawan High School	14-6
2012	Craig Hunter, Robbinsville High School	14-6
2013	Craig Hunter, Robbinsville High School	16-0
2014	Mike Benz, Delbarton School	15-0
2015	Joseph Egri, JFK Iselin	14-6
2016	Joe Ward, South Plainfield High School	14-6
2017	Seth Kricheff, Northern Valley Regional High School @ Old Tappan	14-6
2018	Tyler Hrbek, Northern Valley Regional High School @ Old Tappan	15-0
2019	Liam Landua, Pascack Hills High School	15-6
2020	Bradley Jelmert, Watchung Hills Regional High School	16-00.25

Boys SHOT PUT		
Year	Name-School	Distance
1969	Steve Adams, Saint Joseph’s High School – Montvale	62-8
1970	Steve Adams, Saint Joseph’s High School – Montvale	64-6.75
1971	Rudy Guevara, Essex Catholic High School	61-10
1972	Al Wujciak, Essex Catholic High School	58-3
1973	Ron Klotzer, Union High School	62-4
1974	Ron Klotzer, Union High School	60-8.5
1975	Bruce Heide, Springfield High School	62-9
1976	Manny Silverio, North Bergen High School	60-8
1977	Bob Vorhies, Our Lady o/t Valley	61-9

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Boys SHOT PUT		
Year	Name-School	Distance
1978	Brian Dalatri, Brick	56-10
1979	Bill Smith, Brick	55-11
1980	Mike Buncic, Fair Lawn High School	57-3
1981	Scott Vrabel, Elizabeth High School	58-0
1982	George Dippold, Christian Brothers Academy	58-4
1983	James Gilligan, Toms River High School East	59-3
1984	James Gilligan, Toms River High School East	63-0.5
1985	Rich Lewis, Willingboro High School	57-9.5
1986	Mike Theuerkauf, Demarest	57-7.5
1987	David Dixon, Mainland Regional High School	58-3.5
1988	Mike Theurkauf, Demarest	59-9.25
1989	Kevin Flynn, Cedar Ridge High School	56-3.5
1990	Chris Robinson, Penns Grove High School	59-8
1991	Aaron Echternacht, Hopewell Valley High School	60-11.5
1992	Tyrone Garland, Matawan High School	59-1.75
1993	Tyrone Garland, Matawan High School	58-10
1994	Ray Wilks, Bridgeton High School	58-0
1995	Ray Wilks, Bridgeton High School	62-7.5
1996	Shaun McGregor, Bergen Catholic High School	57-9.75
1997	Kevin DiGiorgio, Bayonne High School	63-10.25
1998	Kevin DiGiorgio, Bayonne High School	67-3
1999	Terrance Glover, Hamilton	57-4.25
2000	Glenn DiGiorgio, Bayonne High School	60-5.25
2001	Glenn DiGiorgio, Bayonne High School	61-10
2002	Glenn DiGiorgia, Bayonne High School	65-10
2003	John Langhauser, Ridge High School	56-3.75
2004	Dave Zaycek, Wall	58-7
2005	Steven DiGirogio, Bayonne High School	57-8.5
2006	Steve D’Arcy, Hanover Park High School	55-9.25
2007	Mike Alleman, Scotch Plains	59-3
2008	Nicholas Vena, Morristown High School	62-7.5
2009	Nicholas Vena, Morristown High School	67.7
2010	Nicholas Vena, Morristown High School	69-5.5
2011	Nicholas Vena, Morristown High School	67-2.5
2012	Braheme Days, Bridgeton High School	67-8.75
2013	Braheme Days, Bridgeton High School	66-10.5
2014	Nick Pulli, West Deptford High School	61-3
2015	Luke Grodeska, Saint Rose High School	61-3.5
2016	Jordan West, Rahway High School	62-4.25
2017	Jordan West, Rahway High School	64-0.50
2018	C.J. Licata, Gill St. Bernard’s	62-07.75
2019	Brendan Loftus, Red Bank Regional High School	56-07.00

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Boys SHOT PUT		
Year	Name-School	Distance
2020	Patrick Passalacqua, Northern Valley Regional @ Old Tappan	61-04.50
Boys ONE-MILE/1600-METER RELAY		
Year	Name-School	Time
1969	Lincoln High School	3:24.5
1970	Seton Hall	3:22.1
1971	Henry Snyder	3:22.3
1972-1984 No Race		
1985	Edgewood High School	3:26.0
1986	Eastside Paterson	3:27.1
1987	Eastside Paterson	3:29.1
1988	Willingboro High School	3:28.35
1989	West Side	3:24.90
1990	Willingboro High School	3:28.80
1991	Weequahic High School	3:25.83
Boys ONE-MILE/1600-METER RELAY		
Year	Name-School	Time
1992	Weequahic High School	3:24.96
1993	Franklin High School (4x400 meters)	3:25.90
1994	Woodrow Wilson	3:30.49
1995	Willingboro High School	3:27.96
1996	Woodrow Wilson	3:24.64
1997	Metuchen High School	3:26.41
1998	Lenape High School	3:24.53
1999	Camden High School	3:25.23
2000	Lenape High School	3:24.50
2001	Camden High School	3:22.44
2002	Eastern Regional High School	3:27.04
2003	Winslow Township High School	3:24.43
2004	Camden High School	3:27.53
2005	No Race	
2006	Old Bridge High School	3:28.35
2007	Monmouth Regional High School	3:22.42
2008	Winslow Township High School	3:24.32
2009	Rahway High School	3:23.02
2010	Bergen Catholic High School	3:25.78
2011	Teaneck High School	3:25.03
2012	Oakcrest High School	3:20.53
2013	Union Catholic High School	3:21.64
2014	Union Catholic High School	3:19.70
2015	Union Catholic High School	3:24.54
2016	Egg Harbor Township High School	3:22.75

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Boys 4x800-METER RELAY		
Year	Name-School	Time
2017	East Orange	3:18.26
2018	East Orange	3:24.02
2019	Westfield	3:24.29
2017	Hopewell Valley High School	8:02.72
2018	Hopewell Valley High School	7:57.34
2019	Ridge High School	7:56.49
2020	Kingsway High School	7:47.50
Girls 55-METER DASH		
Year	Name-School	Time
1979	Judy Davis, Lincoln High School	7.0Y
1980	Michele Glover, Willingboro High School	6.8M
1981	Michele Glover, Willingboro High School	6.8
1982	Denise Mitchell, Edgewood High School	7.15
1983	Denise Mitchell, Edgewood High School	6.9
1984	Wendy Vereen, Trenton High School	6.7
1985	Talisa Lawson, Roselle Catholic High School	7.1
1986	Artrelia Turner, Wilson	7.21
1987	Talisa Lawson, Roselle Catholic High School	7.24
1988	Michelle Samuels, Red Bank Regional High School	7.25
1989	Drexel Long, Monmouth High School	7.28
1990	Tiffany Weatherford, Science	7.12
1991	Regina Trotter, Weequahic High School	7.05
1992	Tiffany Weatherford, Science	7.27
1993	Inshallah Saunders, Plainfield High School	7.23
1994	Tvsha Crichlow, Neptune High School	7.25
1995	Vanessa Lewis, Morris Catholic High School	7.13
1996	Dana Burnett, Williamstown High School	7.12
1997	Aleah Williams, Montclair High School	7.12
1998	Aleah Williams, Montclair High School	6.97
1999	Amandi Rhett, Moorestown High School	7.13
2000	Takara Wilks, Lincoln	7.23
2001	Takara Wilks, Queen of Peace	7.26
2002	Takara Wilks, Queen of Peace	7.21
2003	Jenna Harris, Franklin High School	7.15
2004	Sophia Wallace, Montclair	7.30
2005	Shavon Greaves, Lakewood High School	7.20
2006	Ogechi Nwaneri, Chatham High School	7.17
2007	English Gardner, Eastern Regional High School	7.08
2008	Ogechi Nwaneri, Chatham	6.93
2009	Dominique Booker, Immaculate – Montclair	6.92
2010	English Gardner, Eastern Regional High School	7.03

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Girls 55-METER DASH		
Year	Name-School	Time
2011	Myasia Jacobs, Paramus Catholic High School	6.96
2012	Haisha Bisiolu, Union High School	7.12
2013	Haisha Bisiolu, Union High School	7.00
2014	Torie Robinson, Winslow Township High School	6.95
2015	Haisha Bisiolu, Union High School	7.16
2016	Aliyah Taylor, Pemberton High School	7.04
2017	Bria Mack, Williamstown High School	6.99
2018	Sydney Hawkins, Phillipsburg High School	7.02
2019	Jailya Ash, Eastern Regional High School	7.06
2020	Lauren Princz, Egg Harbor Township High School	6.98
Girls 200-METER DASH		
Year	Name-School	Time
2005	Symone O'Connor, Franklin High School	25.22
2006	Krystal Canteley, Winslow Township High School	25.07
2015	Kiera Lester, Deptford Township High School	25.18
2016	Kiera Lester, Deptford Township High School	24.96
2017	Aliyah Taylor, Rancocas Valley High School	24.94
2018	Shauntae Nelson, Piscataway High School	25.13
2019	Shauntae Nelson, Piscataway High School	25.03
2020	Mariah Fede, Paramus Catholic High School	24.34
Girls 400-METER RUN		
Year	Name-School	Time
1979	Robin Stephens, Lakewood High School	1:02.1Y
1980	Robin Stephens, Lakewood High School	57.7M
1981	Robin Stephens, Lakewood High School	56.6
1982	Tracey Carter, Plainfield High School	57.79
1983	Jackie Bobien, Scott	57.1
1984	Denise Mitchell, Edgewood High School	55.7
1985	Giselle Harris, Shabazz	56.31
1986	Giselle Harris, Shabazz	56.63
1987	Ginny Figlar, Ridgewood High School	58.42
1988	Shalonda Smith, Lincoln	58.45
1989	Crystal Williamson, East Orange	57.63
1990	Michelle Samuels, Red Bank Regional High School	56.38
1991	Drexel Long, Monmouth High School	57.09
1992	Kisha Blanton, Neptune High School	57.61
1993	Angela Lee, Franklin High School	58.15
1994	Angela Lee, Franklin High School	58.30
1995	Dana Burnett, Williamstown High School	58.14
1996	Dana Burnett, Williamstown High School	57.69
1997	Mikele Barber, Montclair High School	57.42
1998	Mikele Barber, Montclair High School	55.45

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Girls 400-METER RUN		
Year	Name-School	Time
1999	Nadia Davy, Bridgeton High School	56.90
2000	Tawana Watkins, Paterson Kennedy	57.16
2001	Tawana Watkins, Paterson Kennedy	57.60
2002	Tawana Watkins, Paterson Kennedy	56.96
2003	Okechi Ogbuokiri, Willingboro High School	57.54
2004	Janine Dal, Queen of Peace	57.66
2005	Krystl Cantey, Winslow Township High School	56.93
2006	Kristen Mahon, Notre Dame High School	56.08
2007	English Gardner, Eastern Regional High School	56.29
2008	Nijgia Snapp, Oakcrest High School	55.19
2009	Nijgia Snapp, Oakcrest High School	55.74
2010	Michelle Brown, Seneca High School	55.96
2011	Olivia Baker, Colmubia High School	56.41
2012	Olivia Baker, Columbia High School	56.31
2013	Olivia Baker, Columbia High School	54.72
2014	Olivia Baker, Columbia High School	54.09
2015	Sydney McLaughlin, Union Catholic High School	53.72
2016	Sydney McLaughlin, Union Catholic High School	53.34
2017	Sydney McLaughlin, Union Catholic High School	53.17
2018	Kaira Brown, Kent Place	57.00
2019	Kaira Brown, Kent Place	55.91
2020	Nylah Perry, Winslow Township High School	56.19
Girls 800-METER RUN		
Year	Name-School	Time
1979	Mary Ellen Damutz, Hightstown High School	2:24.7Y
1980	Judy Ruff, Highland Park High School	2:20.9M
1981	Gail Byrant, Columbia High School	2:16.2
1982	Kim Sannito, Caldwell High School	2:15.7
1983	Bobbie McGee, West Side	2:15.8
1984	Giselle Harris, Shabazz	2:17.5
1985	Giselle Harris, Shabazz	2:13.3
1986	Giselle Harris, Shabazz	2:15.8
1987	Jasmin Jones, Hackensack High School	2:11.50
1988	Lynne Collazo, Ridgewood High School	2:19.09
1989	Marcia Baker, West Side	2:15.84
1990	Monica Olkowski, Cherokee High School	2:12.45
1991	Jennifer Metz, Pascack Valley High School	2:17.66
1992	Jennifer Metz, Pascack Valley High School	2:15.55
1993	Velieta Graham, Asbury Park High School	2:18.99
1994	Hazel Clark, Columbia High School	2:18.38
1995	Hazel Clark, Columbia High School	2:15.55

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Girls 800-METER RUN		
Year	Name-School	Time
1996	Dara Crocker, Columbia High School	2:18.65
1997	Dara Crocker, Columbia High School	2:15.37
1998	Mia Campo, Saint Mary's Jersey City	2:14.79
1999	Mia Campo, Saint Mary's Jersey City	2:16.92
2000	Courtney McCrudden, Eastern Regional High School	2:17.15
2001	Kathleen Trotter, Red Bank Regional High School	2:17.34
2002	Kathleen Trotter, Red Bank Regional High School	2:16.50
2003	Kathleen Trotter, Red Bank Regional High School	2:12.92
2004	Janine Davis, Queen of Peace	2:14.60
2005	Janine Davis, Queen of Peace	2:13.72
2006	Lauren Gregory, Morris Knolls High School	2:15.91
2007	Lauren Bariexca, Pope John XXIII	2:15.24
2008	Emily Carrollo, Pope John XXIII	2:14.88
2009	Ajee Wilson, Neptune High School	2:10.45
2010	Megan Tieran, Washington Township High School	2:11.53
2011	Emmy Duffey, Lenape High School	2:11.53
2012	Emmy Duffey, Lenape High School	2:15.12
2013	Olivia Baker, Columbia High School	2:14.83
2014	Corine Myers, Westwood High School	2:10.52
2015	Catherine Pagano, Northern Highlands High School	2:11.89
2016	Amair Onque, Shabazz/Union City	2:14.08
2017	Victoria Vanriele, Governor Livingston	2:13.63
2018	Victoria Vanriele, Governor Livingston	2:08.81
2019	Victoria Vanriele, Governor Livingston	2:09.18
2020	Victoria Vanriele, Governor Livingston	2:09.73
Girls 1600-METER RUN		
Year	Name-School	Time
1979	Mary Beth Hogan, Cranford High School (Mile)	5:21.5
1980	Joetta Clark, Columbia High School (1500)	4:36.8
1981	Theresa Gschwind, Summit High School	4:40.6
1982	Michelle Rowen, Washington Township High School (1600)	4:55.7
1983	Michelle Rowen, Washington Township High School	4:49.5
1984	Toni Ann Angione, Bergenfield High School	5:03.2
1985	Ruth Lockbaum, Glassboro High School	4:56.0
1986	Karen Ahearn, Bernards	4:58.26
1987	Anne Letko, North Hunterdon High School	5:09.29
1988	Cathy Feeney, Wayne Valley High School	5:06.92
1989	Cathy Feeney, Wayne Valley High School	5:09.29
1990	Cathy Feeney, Wayne Valley High School	5:08.81
1991	Christine Engel, Mount Olive High School	5:08.19
1992	Christine Engel, Mount Olive High School	5:02.82
1993	Martina Brosnahan, Immaculate Heart Academy	5:12.95

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Girls 1600-METER RUN		
Year	Name-School	Time
1994	Liz Moore, Shawnee High School	5:09.46
1995	Autumn Fogg, Hunterdon Central High School	5:03.83
1996	Autumn Fogg, Hunterdon Central High School	5:05.21
1997	Lorena Adams, Manchester Regional High School	5:00.92
1998	Dara Crocker, Columbia High School	5:07.77
1999	Stephanie Snyder, Randolph High School	5:05.08
2000	Shannon Hawrylo, Hunterdon Central Regional High School	5:11.07
2001	Amanda Trotter, Red Bank Regional High School	5:00.75
2002	Casey Nelson, Hunterdon Central Regional High School	5:09.21
2003	Brittnee Bynoe, Willingboro High School	5:06.53
2004	Casey Nelson, Hunterdon Central Regional High School	5:00.21
2005	Danielle Tauro, Southern Regional High School	4:57.90
2006	Amanda Marino, Jackson Memorial High School	4:55.21
2007	Jillian Smith, Southern Regional High School	4:53.98
2008	Jillian Smith, Southern Regional High School	5:00.96
2009	Jillian Smith, Southern Regional High School	4:48.23
2010	Ajee Wilson, Neptune High School	4:58.23
2011	Molly McNamara, Red Bank Catholic High School	4:54.41
2012	Liana Marzano, Red Bank Catholic High School	4:58.38
2013	Emily Bushey, Vernon Township High School	5:00.25
2014	Kylene Cochrane, West Morris Central High School	4:53.17
2015	Christina Rancan, West Windsor-Plainsboro South	4:50.88
2016	Christina Rancan, West Windsor-Plainsboro South	4:50.85
2017	Briana Gess, Haddonfield Memorial High School	4:59.04
2018	Madison Brand, Middletown High School South	4:56.96
2019	Jerika Lufrano, Union Catholic	4:59.26
2020	Katie Hamilton, Westfield High School	4:57.15
Girls 3200-METER RUN		
Year	Name-School	Time
1979	Ann Gladue, Bayley-Ellard (2M)	11:17.5
1980	Theresa Gschwind, Summit High School (3K)	10:11.5
1981	Michelle Rowen, Washington Township High School (3K)	10:18.9
1982	Janet Smith, North Edison (3200)	10:59.3
1983	Megan Waldron, Bernards	11:03.6
1984	Jen Van Horn, Wayne Valley High School	10:55.7
1985	Jen Van Horn, Wayne Valley High School	10:47.1
1986	Anne Letko, North Hunterdon High School	10:39.6
1987	Anne Letko, North Hunterdon High School	10:51.3
1988	Sandra Tignor, Princeton High School	10:58.72
1989	Cathy Feeney, Wayne Valley High School	10:59.72
1990	Monal Chokshi, Bridgewater	10:47.92

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Girls 3200-METER RUN		
Year	Name-School	Time
1991	Monal Chokshi, Bridgewater	10:56.31
1992	Monal Chokshi, Bridgewater	11:03.12
1993	Cathy McGuigan, Bridgeton High School	11:21.96
1994	Jessica King, Glen Ridge High School	11:15.66
1995	Loretta Adams, Manchester Township High School	10:53.52
1996	Ann Klocke, Bishop Eustace	10:58.93
1997	Amy Beykirch, Pinelands Regional High School	10:57.81
1998	Cate Gainey, Middletown High School South	10:57.36
1999	Cate Gainey, Middletown High School South	10:43.25
2000	Kris Meyer, Hillsborough High School	11:08.50
2001	Erin Donohue, Haddonfield Memorial High School	10:38.90
2002	Amanda Trotter, Red Bank Regional High School	10:41.63
2003	Amanda Trotter, Red Bank Regional High School	10:38.37
2004	Jennifer Clausen, Jackson Memorial High School	10:54.67
2005	Ashley Higginson, Colts Neck High School	10:52.72
2006	Ashley Higginson, Colts Neck High School	10:36.74
2007	Ashley Higginson, Colts Neck High School	10:26.53
2008	Melanie Thompson, Voorhees High School	10:42.68
2009	Melanie Thompson, Voorhees High School	10:39.39
2010	Melanie Thompson, Voorhees High School	10:42.82
2011	Melanie Thompson, Voorhees High School	10:39.39
2012	Dana Giordano, Bernards School	10:24.73
2013	Mackenzie Barry, West Morris Mendham High School	10:38.54
2014	Dena Klein, Gill St. Bernard's	10:37.70
2015	Epiphany Grisbaum, Ocean City High School	10:45.20
2016	Julia Guerra, Indian Hills High School	10:35.70
2017	Niamh Hayes, Howell High School	10:31.98
2018	Nicole Vanasse, Pingry School	10:34.49
2019	Julia Trethaway, West Morris Central High School	10:32.55
2020	Angelina Perez, Lakeland Regional High School	10:36.48

Girls 55-Meter Hurdles		
Year	Name-School	Time
1979	Cheryl Morrison, Lincoln High School	8.0Y
1980	Carol Lewis, Willingboro High School	7.9M
1981	Carol Lewis, Willingboro High School	8.0
1982	Sharon Hughley, Monmouth Regional High School	8.35
1983	Zonya Cross, Edgewood High School	8.2
1984	Wendy Vereen, Trenton High School	7.8
1985	Leticia Beverly, Newark Science	8.4
1986	Hope Wright, Columbia High School	8.29
1987	Dawn Bowles, Neptune High School	8.19
1988	Dawn Bowles, Neptune High School	7.95

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Girls 55-Meter Hurdles		
Year	Name-School	Time
1989	Melissa Langlois, Madison Borough High School	8.48
1990	Alnisa Tucker, Newark Science	8.35
1991	Helen Wilks, Bridgeton High School	8.45
1992	Nichole Belcher, Wilson High School	8.13
1993	Helen Wilks, Bridgeton High School	8.36
1994	Jocelyn Harris, Franklin High School	8.36
1995	Melanie Gonzalez, Lakewood High School	8.37
1996	Charmaine Walker, Plainfield High School	8.04
1997	Charmaine Walker, Plainfield High School	7.86
1998	Carlene Cummings, Englewood High School	8.11
1999	Bridgette Ingram, Columbia High School	8.30
2000	Alethia Jenkins, Pennsauken High School	8.21
2001	Amber Williams, Roxbury High School	8.22
2002	Jennifer Whitlock, Montclair High School	8.36
2003	Porscha Dobson, Kent Place	8.07
2004	Sonya Sullivan, Manchester Township High School	8.28
2005	Trier Young, Neptune High School	8.04
2006	Nia Ali, Pleasantville High School	8.15
2007	Racquel Vassell, East Orange High School	8.11
2008	Samantha Sharper, Woodrow Wilson High School	8.09
2009	Briana Feldhaus, Randolph High School	8.12
2010	Stephanie Hicks, Hamilton High School North	8.21
2011	Fiona Paladino, Montgomery High School	8.20
2012	Stey'ce McNeil, Winslow Township High School	7.94
2013	Patrycja Dziekonska, West Windsor-Plainsboro North High School	8.07
2014	Patrycja Dziekonska, West Windsor-Plainsboro North High School	7.99
2015	Sydney McLaughlin, Union Catholic High School	7.82
2016	Tia Livingston, Union Catholic High School	8.07
2017	Lenaami Morton, Camden High School	7.94
2018	Grace O'Shea, Ramapo High School	8.08
2019	Claudine Smith, Atlantic City	8.03
2020	Jailya Ash, Eastern Regional High School	8.03
Girls HIGH JUMP		
Year	Name-School	Distance
1979	Connie Pollack, West Windsor	5-2
1980	Rita Christopher, Linden High School	5-6
1981	Carol Lewis, Willingboro High School	5-8
1982	Tish Edwards, Mater Dei Prep	5-8.5
1983	Tatiana Smolin, Randolph High School	5-8
1984	Tatiana Smolin, Randolph High School	5-10.5
1985	Tatiana Smolin, Randolph High School	5-8
1986	Karen Way, Southern Ocean	5-6

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Girls HIGH JUMP		
Year	Name-School	Distance
1987	Erin Halpin, Cherry Hill High School East	5-6
1988	Shelley Mitchell, Lakewood High School	5-6
1989	Dawn Ellery, West Windsor	5-2
1990	Sandrine Tokoto, Moorestown High School	5-6
1991	Sandrine Tokoto, Moorestown High School	5-4
1992	Elena Chomiszak, Linden High School	5-4
1993	Michelle Dudzinski, Passaic Valley High School	5-6
1994	Shatich Rivers, Moorestown High School	5-6
1995	Kathy Kilar, North Edison High School	5-4
1996	Kathy Kilar, North Edison High School	5-6
1997	Tamika Toppin, South Plainfield High School	5-8
1998	Cheryl Burdick, Ramsey High School	5-8
1999	Cheryl Burdick, Ramsey High School	5-8
2000	Patty Dudek, Bordentown Regional High School	5-6
2001	Alison Shepherd, Oakcrest High School	5-4
2002	Debra Vento, Freehold Borough High School	5-8
2003	Debra Vento, Freehold Borough High School	5-10
2004	Marcene Jack, Mainland Regional High School	5-6
2005	Alaina Alfano, Hanover Park High School	5-6
2006	Lashonda Carter, Rahway High School	5-6
2007	Lataya Dixon, J.P. Stevens High School	5-8
2008	Lindsey Walsh, Lenape High School	5-6
2009	Emily Kianka, Hopewell Valley Regional High School	5-6
2010	Emily Kianka, Hopewell Valley Regional High School	5-10
2011	Alexa Williams, Jonathan Dayton High School	5-10
2012	Kyaira Wright-Harm, Franklin High School	5-8
2013	Alicia Terrell, Timber Creek High School	5-7
2014	Nnenna Ibe, North Brunswick High School	5-6
2015	Gabrielle Bennett, Winslow Township High School	5-8
2016	Courtney Campbell, South Brunswick High School	5-6
2017	Courtney Campbell, South Brunswick High School	5-6
2018	Jenna Rogers, Rutherford High School	5-10
2019	Tierra Hooker, Timber Creek High School	5-08
2020	Bryanna Craig, Millville High School	5-06
Girls POLE VAULT		
Year	Name-School	Distance
2005	Kristen Hafford, Warren Hills Regional High School	12-0
2006	Natalie Gengel, Princeton High School	12-3
2007	Chrissy Finkel, Montville High School	11-6
2008	Jen Holly, Barnegat High School	12-6
2009	Chrissy Finkel, Montville High School	12-6
2010	Catherine Shih, Bernards School	12-0

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Girls POLE VAULT		
Year	Name-School	Distance
2011	Dana Schweiger, Toms River High School North	12-0
2012	Chelsea Vaughan, Southern Regional High School	12-6
2013	Marlena Sabatino, Hillsborough High School	11-6
2014	Nicole Macco, Matawan High School	11-6
2015	Kristina Langan, Wayne Hills High School	12-0
2016	Leah Saifi, Governor Livingston High School	12-0
2017	Julia Dannenbaum, Pingry School	12-0
2018	Hayley Horvath, Notre Dame High School	12-6
2019	Caroline Dannenbaum, Pingry	12-6
2020	Caroline Dannenbaum, Pingry	12-7
Girls SHOT PUT		
Year	Name-School	Distance
1979	Beth Bittel, Toms River High School North	41-06.75
1980	Rena Antanclis, Randolph High School	40-04.00
1981	Elaine Rose, Monmouth High School	42-08.50
1982	Pam Dukes, Freehold Township High School	42-09.50
1983	Regina Weinpahl, Westwood Regional High School	40-08.00
1984	Lillian Rivera, Pemberton High School	41-10.00
1985	Audra Corson, Monmouth High School	40-11.50
1986	Erica Jones, Plainfield High School	41-03.50
1987	Kirsten Christiansen, Rutherford High School	39-10.00
1988	Shawn Walsh, Toms River High School East	40-02.50
1989	Karen Harris, Hillside High School	38-01.50
1990	Nicole Sims, Plainfield High School	44-09.25
1991	Nicole Sims, Plainfield High School	49-09.75
1992	Nicole Sims, Plainfield High School	47-07.25
1993	Nicole Sims, Plainfield High School	47-06.00
1994	Robyn Lowe, Passaic High School	41-09.50
1995	Nicole Adams, Hillside High School	40-05.50
1996	Melinda Boykin, Bridgeton High School	42-11.00
1997	Melinda Boykin, Bridgeton High School	42-00.75
1998	Melinda Boykin, Bridgeton High School	42-04.00
1999	Sarah Herskee, West Morris Mendham High School	42-06.50
2000	Nacole Moore, Bridgeton High School	45-03.00
2001	Jackie Hudgins, Hightstown High School	44-10.50
2002	Jessica Fazekas, Northern Valley Regional at Demarest	44-06.50
2003	Kelly Fazekas, Northern Valley Regional at Demarest	44-06.50
2004	Sylvia Galarza, Millville High School	44-01.50
2005	Daria Zivanovic, St. Dominic	41-03.75
2006	Mercedes Hickes, Atlantic City High School	43-08.75
2007	Taryn O'Connor, Hillsborough High School	46-03.00
2008	DeAnn Hahn, Brick Township High School	46-01.50

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Girls SHOT PUT		
Year	Name-School	Distance
2009	Shannon Watt, Jackson Memorial High School	42-06.75
2010	Alana Pantale, Wayne Valley High School	42-00.75
2011	Theresa Picciallo, Immaculate Heart Academy	46-04.50
2012	Theresa Picciallo, Immaculate Heart Academy	47-08.00
2013	Carrie Wasdyke, Jefferson High School	41-03.50
2014	Cheyenne Bellerand, Emerson High School	43-08.00
2015	Nickolette Dunbar, Whippany Park High School	47-11.25
2016	Nickolette Dunbar, Whippany Park High School	53-02.00
2017	Alyssa Wilson, Donovan Catholic High School	55-02.25
2018	Shelby Bigsby, Montclair High School	47-00.00
2019	Cydney Thomas, Haddon Heights High School	42-04.75
2020	Elizabeth Makar, Pinelands Regional High School	44-02.50
Girls ONE-MILE /1600 METER RELAY		
Year	Name-School	Time
1979	Plainfield High School	4:17.5
1980	Plainfield High School	4:00.1
1985	Plainfield High School	4:02.4
1986	Shabazz High School	4:00.61
1987	Plainfield High School	4:02.4
1988	Monmouth High School	4:01.43
1989	Science	4:02.41
1990	Clifford Scott	4:06.47
1991	Monmouth / Columbia	4:09.6
1992	Willingboro High School	4:04.93
1993	Willingboro High School	4:04.20
1994	Camden High School	4:03.99
1995	Columbia High School	3:55.73
1996	Columbia High School	3:56.72
1997	Columbia High School	4:01.73
1998	Montclair High School	3:55.24
1999	Willingboro High School	4:10.15
2000	Trenton High School	4:01.08
2001	Willingboro High School	4:00.34
2002	Willingboro High School	4:01.33
2003	Eastern High School	3:57.94
2004	Willingboro High School	4:01.90
2005	No Race	
2006	East Orange High School	3:59.30
2007	East Orange High School	3:59.03
2008	Southern Regional High School	3:56.76
2009	Camden High School	3:55.08
2010	Columbia High School	3:53.50

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Girls ONE-MILE /1600 METER RELAY		
Year	Name-School	Time
2011	Washington Township High School	3:57.96
2012	Columbia High School	3:57.35
2013	Columbia High School	3:48.30
2014	Columbia High School	3:48.30
2015	Union Catholic High School	3:50.32
2016	Union Catholic High School	3:47.27
2017	Union Catholic High School	3:50.82
2018	Union Catholic High School	3:56.90
2019	Union Catholic High School	3:53.84
2020	Union Catholic High School	3:51.68
Girls 4x800 METER RELAY		
Year	Name-School	Time
2017	Ridge High School	9:14.47
2018	Ridge High School	9:17.78
2019	Ridge High School	9:18.64
2020	Ridge High School	9:14.49